



InCAS Distance Gala 2011

FIPRE - Glenrothes



Session 4 - Sunday 12th June

Event 401 Girls 8-10 200 Metre Freestyle

Name	Age	Club	Time	50	100	150	200
1 Eilidh Collyer	10	Carnegie	2:35.07	35.27	1:15.39	1:56.74	2:35.07
2 Sophie Annan	10	Dunedin	2:47.96	36.79	1:20.25	2:05.21	2:47.96
3 Brigid Hay	10	East Lothian	2:49.04	37.43	1:20.83	2:06.08	2:49.04
4 Lucy Ross	10	Carnegie	3:02.70	41.30	1:27.90	2:17.97	3:02.70
5 Anna Fullarton	10	Carnegie	3:07.56	41.92	1:30.10	2:20.58	3:07.56
6 Orla McQuade	9	Carnegie	3:12.31	44.40	1:37.31	2:28.20	3:12.31
7 Leighona Harper	10	InCAS	3:13.81	43.56	1:35.77	2:27.72	3:13.81
8 Dana Brand	10	InCAS	3:14.66	45.38	1:37.14	2:29.59	3:14.66
9 Olivia Ballantine	10	InCAS	3:18.55	44.41	1:35.33	2:29.28	3:18.55
10 Erin Donaldson	10	InCAS	3:20.53	44.81	1:37.81	2:31.96	3:20.53
11 Millie Knox	10	InCAS	3:20.79	44.69	1:38.47	2:31.56	3:20.79
12 Joanna Rae	10	Carnegie	3:21.15	44.92	1:38.64	2:33.18	3:21.15
13 Cara Smyth	10	InCAS	3:27.85	47.48	1:44.31	2:34.99	3:27.85

Event 401 Girls 11-12 200 Metre Freestyle

Name	Age	Club	Time	50	100	150	200
1 Brooke Gillies	12	Carnegie	2:21.93	33.40	1:09.53	1:46.42	2:21.93
2 Lauren Pirouet	11	InCAS	2:21.95	32.59	1:09.02	1:46.00	2:21.95
3 Fiona Angus	12	Co Aberdeen	2:22.81	32.74	1:09.33	1:46.74	2:22.81
4 Elizabeth Lim	12	Warrender	2:22.99	33.49	1:10.08	1:47.09	2:22.99
5 Eilidh MacInnes	12	Co Aberdeen	2:30.50	35.06	1:13.60	1:53.44	2:30.50
6 Ellie Neil	11	Warrender	2:31.14	34.46	1:13.12	1:52.27	2:31.14
7 Morven Rae-Seaman	12	Fins	2:31.17	34.15	1:12.55	1:52.29	2:31.17
8 Charlie Cavens	11	Warrender	2:33.39	35.98	1:15.01	1:54.44	2:33.39
9 Meg Paterson	11	Co Aberdeen	2:36.31	36.14	1:16.24	1:56.77	2:36.31
10 Claire Lee	11	Carnegie	2:37.91	36.11	1:17.09	1:58.55	2:37.91
11 Niamh Johnston	12	Co Aberdeen	2:42.35	34.98	1:15.98	2:00.38	2:42.35
12 Lucy Hallam	11	Carnegie	2:51.17	39.28	1:23.50	2:08.42	2:51.17
13 Katie MacKenzie	12	Nairn	2:52.38	39.33	1:24.54	2:09.89	2:52.38
14 Emily Adams	12	InCAS	3:14.69	43.10	1:35.23	2:27.37	3:14.69
--- Rachael Graveling	12	Glenrothes	DQ				

Event 401 Girls 13-14 200 Metre Freestyle

Name	Age	Club	Time	50	100	150	200
1 Emily Grant	13	Co Aberdeen	2:12.05	31.23	1:04.49	1:38.47	2:12.05
2 Louise Feenie	14	Glenrothes	2:13.67	31.10	1:04.75	1:39.17	2:13.67
3 Eilidh Thomson	14	Co Aberdeen	2:16.88	31.40	1:06.11	1:41.82	2:16.88
4 Sophie Herbert	13	Buckie	2:18.30	32.05	1:06.96	1:43.17	2:18.30
5 Kirsty Niblock	14	Warrender	2:19.45	32.88	1:09.00	1:44.75	2:19.45
6 Emma Rae	14	Co Aberdeen	2:20.84	32.96	1:09.17	1:45.38	2:20.84
7 Rachel Smith	13	Fins	2:22.07	31.65	1:07.08	1:44.12	2:22.07
8 Sophie Ewen	14	Buckie	2:23.03	33.22	1:09.71	1:47.35	2:23.03
9 Kirsty Ness	13	Co Aberdeen	2:23.68	33.07	1:10.20	1:47.15	2:23.68
10 Alice Gray	14	Warrender	2:24.59	33.26	1:10.70	1:48.92	2:24.59
11 Emily Paterson	14	Fins	2:26.32	33.86	1:11.32	1:49.43	2:26.32
12 Lois Steuart	14	Warrender	2:27.31	34.35	1:13.93	1:51.77	2:27.31
13 Katie Macdonald	13	Warrender	2:27.36	34.31	1:12.54	1:51.41	2:27.36
14 Anne Cook	13	Co Aberdeen	2:28.09	34.08	1:11.46	1:50.73	2:28.09
15 Yvonne Lindie	14	Co Aberdeen	2:28.18	34.23	1:11.70	1:50.25	2:28.18
16 Lindsey MacInnes	13	Co Aberdeen	2:28.95	34.27	1:12.17	1:50.98	2:28.95
17 Kirsty Wilson	14	Fins	2:29.43	32.80	1:11.17	1:50.93	2:29.43
18 Harriet Gray	13	Fins	2:30.21	34.89	1:13.14	1:52.27	2:30.21
19 Corinne Beveridge	13	Co Aberdeen	2:35.76	35.30	1:15.33	1:56.54	2:35.76
20 Mhairi Gault	13	Buckie	2:38.15	36.89	1:17.25	1:58.47	2:38.15
21 Stephanie Campbell	14	Fins	2:40.03	36.88	1:18.74	2:00.58	2:40.03



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Event 401 Girls 13-14 200 Metre Freestyle (continued)

22	Lauren Mclsaac	14	Co Aberdeen	2:40.16	37.20	1:17.33	1:59.39	2:40.16
23	Gabby Gatherer	14	InCAS	2:41.65	37.09	1:18.96	2:01.30	2:41.65
24	Charis Bell	14	Fins	2:46.58	38.12	1:20.65	2:04.75	2:46.58

Event 402 Boys 8-10 200 Metre Backstroke

Name	Age	Club	Time	50	100	150	200	
1	JJ Moultrie-Waring	10	InCAS	2:51.13	41.49	1:25.64	2:09.08	2:51.13
2	Harris Bruce	9	InCAS	2:57.56	40.19	1:25.68	2:12.72	2:57.56
3	Calum Rae	8	Carnegie	3:40.00	51.86	1:48.76	2:45.91	3:40.00

Event 402 Boys 11-12 200 Metre Backstroke

Name	Age	Club	Time	50	100	150	200	
1	Craig McLean	12	Carnegie	2:22.02	33.24	1:09.55	1:46.29	2:22.02
2	Fraser Beeby	11	Carnegie	2:34.30	36.18	1:15.25	1:55.72	2:34.30
3	Jack Harrison	12	InCAS	2:37.04	36.36	1:16.14	1:56.94	2:37.04
4	Charlie Lochhead	12	Duns	2:37.27	37.91	1:17.57	1:57.65	2:37.27
5	Greig Reid	12	Carnegie	2:41.02	38.26	1:19.03	2:01.04	2:41.02
6	Jack Watson	12	Co Aberdeen	2:41.08	37.87	1:19.29	2:00.40	2:41.08
7	Charlie Smith	12	East Lothian	2:43.05	39.24	1:21.04	2:03.54	2:43.05
8	Cameron Macleod	12	Warrender	2:47.18	40.41	1:23.20	2:06.56	2:47.18
9	George Clough	11	Warrender	2:51.06	40.61	1:24.57	2:08.65	2:51.06
10	Andrew Campbell	11	Fins	2:51.09	40.95	1:25.01	2:08.57	2:51.09
11	Brodie Savage	11	Warrender	2:57.90	42.71	1:29.42	2:14.45	2:57.90
12	Hayden Moffat	12	InCAS	2:58.38	41.77	1:27.51	2:14.38	2:58.38
13	Joe Nally	11	InCAS	2:59.12	41.98	1:28.78	2:15.69	2:59.12
14	Stuart Niblock	12	Warrender	3:00.16	42.14	1:28.17	2:14.07	3:00.16
15	Hamish Neil	11	Carnegie	3:01.97	43.83	1:30.12	2:17.23	3:01.97
16	Kieran Wilson	11	InCAS	3:20.44	47.33	1:38.78	2:29.80	3:20.44
---	Kyle Pate	11	Fins	DQ				
---	Finlay Deans	11	Co Aberdeen	DQ				

Event 402 Boys 13-14 200 Metre Backstroke

Name	Age	Club	Time	50	100	150	200	
1	Jordan Lamb	14	Fins	2:10.67	29.39	1:01.71	1:36.02	2:10.67
2	Daniel McGregor	14	Warrender	2:22.11	33.45	1:10.16	1:47.22	2:22.11
3	Andy Webb	13	Co Aberdeen	2:25.55	34.00	1:10.65	1:48.09	2:25.55
4	Alasdair Lambert	13	Warrender	2:26.08	34.67	1:12.10	1:49.46	2:26.08
5	Kieran Pate	14	Fins	2:27.72	34.99	1:12.58	1:50.45	2:27.72
6	Eddie Watson	14	Co Aberdeen	2:28.55	34.67	1:12.35	1:50.51	2:28.55
7	Conor Nally	14	InCAS	2:29.03	35.78	1:14.11	1:51.81	2:29.03
8	Jack Szaranek	13	Carnegie	2:31.00	34.71	1:13.98	1:53.71	2:31.00
9	Fraser Reid	14	Carnegie	2:31.82	35.60	1:14.78	1:54.78	2:31.82
10	Andrew Hepburn	13	Warrender	2:32.84	35.30	1:14.09	1:54.08	2:32.84
11	Fraser Meadows	13	Warrender	2:33.90	37.22	1:16.96	1:56.73	2:33.90
12	Andrew England	13	Carnegie	2:34.77	36.77	1:16.14	1:55.82	2:34.77
13	Greg Turner	13	Burntisland	2:38.04	37.13	1:17.89	1:59.04	2:38.04
14	Robbie Carmichael	13	Carnegie	2:41.41	38.46	1:19.25	2:01.12	2:41.41
15	William Pitman	13	Co Aberdeen	2:45.10	39.18	1:21.27	2:04.14	2:45.10
16	Callum Smith	13	Fins	2:45.45	39.68	1:22.10	2:04.65	2:45.45

Event 403 Girls 11-12 400 Metre IM

Name	Age	Club	Time	50	100	150	200	250	300	350	400	
1	Tain Bruce	12	InCAS	5:08.24	33.24	1:10.24	1:49.72	2:27.80	3:12.22	3:56.69	4:33.45	5:08.24
2	Elizabeth Lim	12	Warrender	5:29.02	35.54	1:16.66	1:58.23	2:38.88	3:27.78	4:16.65	4:53.36	5:29.02
3	Morven Rae-Seaman	12	Fins	5:53.43	39.57	1:24.72	2:07.87	2:50.60	3:44.72	4:37.07	5:15.56	5:53.43
4	Ellie Downie	12	Co Aberdeen	5:59.00	38.66	1:23.74	2:09.32	2:54.07	3:46.69	4:39.06	5:20.05	5:59.00
5	Ellie Neil	11	Warrender	6:08.63	42.38	1:31.27	2:17.79	3:02.42	3:56.30	4:47.96	5:28.85	6:08.63



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Event 403 Girls 11-12 400 Metre IM (continued)

6	Eilidh MacInnes	12	Co Aberdeen	6:11.10	40.61	1:29.06	2:17.05	3:02.77	3:56.04	4:50.69	5:30.78	6:11.10
7	Charlie Cavens	11	Warrender	6:13.30	44.58	1:34.85	2:19.93	3:02.67	3:56.12	4:50.19	5:32.18	6:13.30
8	Katie MacKenzie	12	Nairn	6:41.21	45.24	1:38.63	2:28.85	3:19.33	4:14.84	5:11.70	5:57.48	6:41.21

Event 403 Girls 13-14 400 Metre IM

Name	Age	Club	Time	50	100	150	200	250	300	350	400	
1	Emily Grant	13	Co Aberdeen	5:12.47	34.39	1:14.22	1:53.30	2:30.99	3:16.72	4:02.01	4:38.61	5:12.47
2	Samantha Caulfield	13	Carnegie	5:13.99	34.88	1:14.42	1:54.10	2:33.24	3:17.55	4:02.46	4:38.74	5:13.99
3	Louise Feenie	14	Glenrothes	5:22.29	34.45	1:15.51	1:56.19	2:36.02	3:23.55	4:10.78	4:47.51	5:22.29
4	Rachel Smith	13	Fins	5:23.39	35.25	1:14.52	1:54.87	2:34.57	3:22.79	4:10.30	4:47.76	5:23.39
5	Kirsty Niblock	14	Warrender	5:34.70	35.60	1:16.32	1:59.19	2:41.56	3:30.67	4:20.34	4:58.34	5:34.70
6	Emma Rae	14	Co Aberdeen	5:35.88	35.66	1:17.38	1:59.83	2:42.00	3:30.95	4:21.56	4:59.53	5:35.88
7	Eilidh Thomson	14	Co Aberdeen	5:36.77	35.43	1:19.19	2:02.52	2:46.17	3:31.12	4:20.24	4:59.73	5:36.77
8	Sophie Herbert	13	Buckie	5:38.69	37.82	1:22.07	2:05.65	2:46.98	3:36.97	4:27.17	5:03.69	5:38.69
9	Kirsty Ness	13	Co Aberdeen	5:41.48	35.48	1:19.22	2:03.36	2:45.91	3:35.54	4:25.31	5:04.07	5:41.48
10	Kirsty Wilson	14	Fins	5:46.59	35.10	1:19.22	2:03.43	2:47.14	3:38.65	4:29.36	5:08.33	5:46.59
11	Lindsey MacInnes	13	Co Aberdeen	5:54.86	38.39	1:23.03	2:09.59	2:56.31	3:46.31	4:38.46	5:17.45	5:54.86
12	Anne Cook	13	Co Aberdeen	5:57.20	41.02	1:28.76	2:17.77	3:04.77	3:51.36	4:38.64	5:19.91	5:57.20
13	Lois Steuart	14	Warrender	5:58.96	40.60	1:33.77	2:19.32	3:04.46	3:53.72	4:41.61	5:22.11	5:58.96
14	Harriet Gray	13	Fins	5:59.75	42.38	1:33.38	2:18.79	3:02.89	3:53.31	4:42.36	5:21.76	5:59.75
15	Katie Macdonald	13	Warrender	6:01.21	41.52	1:31.07	2:13.80	2:54.71	3:47.94	4:40.08	5:21.85	6:01.21
16	Corinne Beveridge	13	Co Aberdeen	6:03.31	40.58	1:29.44	2:14.98	3:01.18	3:50.04	4:41.16	5:22.29	6:03.31
17	Emily Paterson	14	Fins	6:07.54	41.11	1:31.26	2:15.15	2:59.01	3:54.12	4:50.72	5:30.06	6:07.54
18	Mhairi Gault	13	Buckie	6:11.50	40.18	1:27.95	2:14.04	2:59.37	3:53.69	4:49.57	5:31.70	6:11.50
19	Gabby Gatherer	14	InCAS	6:28.22	45.39	1:34.14	2:31.03	3:20.07	4:10.66	5:01.94	5:46.33	6:28.22

Event 404 Boys 8-10 400 Metre Freestyle

Name	Age	Club	Time	50	100	150	200	250	300	350	400	
1	JJ Moultrie-Waring	10	InCAS	5:30.36	37.42	1:19.31	2:01.78	2:44.50	3:27.11	4:09.50	4:50.97	5:30.36
2	Harris Bruce	9	InCAS	5:48.03	36.85	1:18.74	2:01.62	2:44.94	3:27.93	4:10.99	4:52.59	5:48.03
3	James Gray	10	InCAS	6:04.46	40.30	1:25.21	2:10.88	2:58.41	3:43.44	4:30.02	6:04.38	6:04.46

Event 404 Boys 11-12 400 Metre Freestyle

Name	Age	Club	Time	50	100	150	200	250	300	350	400	
1	Arran Stowe	12	Fins	4:49.25	33.39	1:10.35	1:47.95	2:24.94	3:01.54	3:38.15	4:14.34	4:49.25
2	Fraser Beeby	11	Carnegie	4:51.62	31.95	1:07.86	1:44.99	2:22.71	3:00.11	3:37.81	4:15.39	4:51.62
3	James Collyer	11	Carnegie	4:56.62	32.18	1:09.06	1:47.15	2:25.59	3:03.87	3:42.15	4:19.88	4:56.62
4	Jack Watson	12	Co Aberdeen	4:59.94	33.28	1:10.78	1:49.30	2:28.13	3:06.68	3:45.71	4:23.56	4:59.94
5	Jack Harrison	12	InCAS	5:01.40	33.27	1:11.45	1:50.82	2:29.30	3:08.04	3:46.52	4:24.55	5:01.40
6	Charlie Lochhead	12	Duns	5:02.56	32.23	1:09.72	1:48.26	2:26.76	3:05.85	3:45.31	4:24.91	5:02.56
7	Cameron Macleod	12	Warrender	5:05.61	34.46	1:13.41	1:52.32	2:31.08	3:10.08	3:48.92	4:27.71	5:05.61
8	Brodie Savage	11	Warrender	5:17.37	35.45	1:15.58	1:56.46	2:37.55	3:18.65	3:59.17	4:39.21	5:17.37
9	George Clough	11	Warrender	5:24.01	36.02	1:16.13	1:57.07	2:38.39	3:20.56	4:03.33	4:43.59	5:24.01
10	Andrew Campbell	11	Fins	5:25.35	35.55	1:15.79	1:57.49	2:40.09	3:22.26	4:04.61	4:46.61	5:25.35
11	Finlay Deans	11	Co Aberdeen	5:26.53	36.98	1:18.27	1:58.53	2:40.02	3:21.63	4:04.56	4:45.19	5:26.53
12	Kyle Pate	11	Fins	5:28.67	37.66	1:19.19	2:01.88	2:43.98	3:25.89	4:07.62	4:48.42	5:28.67
13	Joe Nally	11	InCAS	5:29.64	35.85	1:18.01	2:01.67	2:44.39	3:27.84	4:10.25	4:51.92	5:29.64
14	Stuart Niblock	12	Warrender	5:34.15	37.45	1:19.78	2:02.35	2:44.94	3:27.05	4:10.58	4:52.51	5:34.15
15	Hayden Moffat	12	InCAS	5:34.82	37.04	1:18.65	2:01.58	2:45.08	3:28.41	4:12.30	4:55.35	5:34.82
16	Kieran Wilson	11	InCAS	5:51.67	39.58	1:24.41	2:10.35	2:56.63	3:42.66	4:28.28	5:10.97	5:51.67

Event 404 Boys 13-14 400 Metre Freestyle

Name	Age	Club	Time	50	100	150	200	250	300	350	400	
1	Daniel McGregor	14	Warrender	4:18.47	29.41	1:01.83	1:34.82	2:08.26	2:40.54	3:13.62	3:46.80	4:18.47
2	Murray Blair	14	Warrender	4:34.20	30.67	1:05.11	1:39.40	2:14.42	2:48.44	3:23.63	3:59.31	4:34.20
3	Eddie Watson	14	Co Aberdeen	4:37.80	30.78	1:05.33	1:40.55	2:16.16	2:51.95	3:27.07	4:03.17	4:37.80
4	Andy Webb	13	Co Aberdeen	4:38.67	31.24	1:05.98	1:41.15	2:16.99	2:52.38	3:28.69	4:04.39	4:38.67



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Event 404 Boys 13-14 400 Metre Freestyle (continued)

5	Fraser Reid	14	Carnegie	4:40.06	30.42	1:04.84	1:40.80	2:16.46	2:52.29	3:28.95	4:04.75	4:40.06
6	Conor Nally	14	InCAS	4:41.11	31.48	1:06.00	1:41.54	2:17.61	2:53.14	3:29.08	4:05.57	4:41.11
7	Alasdair Lambert	13	Warrender	4:43.34	32.11	1:07.55	1:44.43	2:20.65	2:55.73	3:31.59	4:07.95	4:43.34
8	Jack Szaranek	13	Carnegie	4:45.10	31.02	1:06.15	1:42.85	2:20.07	2:56.98	3:33.92	4:09.83	4:45.10
9	Greg Turner	13	Burntisland	4:48.26	32.20	1:08.29	1:45.42	2:22.49	2:59.43	3:36.65	4:13.14	4:48.26
10	Owen Green	13	Cupar	4:48.46	31.08	1:06.00	1:42.85	2:20.13	2:57.62	3:35.23	4:12.81	4:48.46
11	Kieran Pate	14	Fins	4:49.28	32.30	1:08.84	1:46.46	2:23.76	3:00.40	3:37.30	4:13.97	4:49.28
12	Jamie Whitefield	14	East Lothian	4:53.49	31.91	1:08.40	1:45.66	2:23.35	3:01.29	3:39.45	4:17.04	4:53.49
13	Fraser Meadows	13	Warrender	4:55.00	32.89	1:09.96	1:48.12	2:26.14	3:03.93	3:42.40	4:18.99	4:55.00
14	Andrew England	13	Carnegie	5:00.36	34.18	1:12.19	1:50.43	2:28.35	3:06.35	3:44.50	4:23.07	5:00.36
15	Andrew Hepburn	13	Warrender	5:01.39	33.71	1:12.12	1:51.18	2:30.50	3:08.86	3:46.43	4:24.54	5:01.39
16	Callum MacGregor	13	Fins	5:04.62	34.35	1:13.36	1:52.21	2:31.47	3:10.19	3:48.04	4:27.08	5:04.62
17	Lewis Grant	13	East Lothian	5:05.28	34.15	1:12.49	1:51.38	2:30.51	3:09.77	3:48.84	4:27.97	5:05.28
18	Matthew Thomson	13	East Lothian	5:09.76	33.60	1:12.16	1:51.42	2:31.49	3:10.95	3:50.79	4:31.26	5:09.76
19	William Pitman	13	Co Aberdeen	5:18.60	34.25	1:13.44	1:53.06	2:33.43	3:14.53	3:56.42	4:37.82	5:18.60
20	Christopher Fleming	13	Fins	5:52.59	38.23	1:21.73	2:07.88	2:53.38	3:39.66	4:26.24	5:10.87	5:52.59