



InCAS Distance Gala 2011

FIPRE - Glenrothes



Session 2 - Saturday 11th June

Event 201 Girls 11-12 200 Metre Butterfly

Name	Age	Club	Time	50	100	150	200
1 Tain Bruce	12	InCAS	2:29.77	33.44	1:10.91	1:51.10	2:29.77
2 Elizabeth Lim	12	Warrender	2:44.81	36.62	1:18.73	2:01.68	2:44.81
3 Lauren Pirouet	11	InCAS	2:50.52	36.07	1:18.80	2:05.56	2:50.52
4 Morven Rae-Seaman	12	Fins	3:00.28	38.97	1:25.16	2:12.76	3:00.28
5 Eilidh MacInnes	12	Co Aberdeen	3:00.64	38.43	1:23.79	2:12.44	3:00.64
6 Ciara Mussen	12	Carnegie	3:02.87	40.13	1:27.20	2:15.48	3:02.87
7 Ellie Neil	11	Warrender	3:06.54	40.65	1:26.96	2:17.27	3:06.54
8 Emily Cross	12	Warrender	3:15.85	40.02	1:29.48	2:22.26	3:15.85

Event 201 Girls 13-14 200 Metre Butterfly

Name	Age	Club	Time	50	100	150	200
1 Kirsty Niblock	14	Warrender	2:36.48	34.30	1:13.99	1:54.75	2:36.48
2 Rachel Smith	13	Fins	2:37.33	35.32	1:15.96	1:57.67	2:37.33
3 Emily Grant	13	Co Aberdeen	2:37.94	35.69	1:17.07	1:57.49	2:37.94
4 Eilidh Thomson	14	Co Aberdeen	2:40.60	35.15	1:16.73	1:59.05	2:40.60
5 Sophie Herbert	13	Buckie	2:41.11	36.48	1:17.79	1:59.79	2:41.11
6 Emma Rae	14	Co Aberdeen	2:42.79	35.02	1:16.67	1:59.89	2:42.79
7 Kirsty Wilson	14	Fins	2:45.86	35.19	1:17.99	2:02.24	2:45.86
8 Kirsty Ness	13	Co Aberdeen	2:50.27	37.28	1:20.51	2:04.69	2:50.27
9 Lindsey MacInnes	13	Co Aberdeen	2:52.05	37.40	1:21.31	2:06.68	2:52.05
10 Anne Cook	13	Co Aberdeen	3:04.16	40.55	2:16.42		3:04.16
11 Katie Macdonald	13	Warrender	3:04.90	40.33	1:28.28	2:17.73	3:04.90
12 Corinne Beveridge	13	Co Aberdeen	3:09.28	39.19	1:28.87	2:19.83	3:09.28
13 Mhairi Gault	13	Buckie	3:09.72	40.70	1:27.96	2:18.27	3:09.72
14 Emily Paterson	14	Fins	3:15.79	41.73	1:32.61	2:25.23	3:15.79

Event 202 Boys 8-10 1500 Metre Freestyle

Name	Age	Club	Time	50	100	150	200	250	300	350	400
				450	500	550	600	650	700	750	800
				850	900	950	1000	1050	1100	1150	1200
				1250	1300	1350	1400	1450	1500		
1 Harris Bruce	9	InCAS	21:37.15	36.15	1:17.16	1:59.54	2:42.59	3:24.99	4:08.00	4:51.31	5:34.66
				6:19.07	7:01.37	7:45.15	8:28.12	9:11.86	9:54.50	10:37.81	11:22.38
				12:06.70	12:49.08	13:33.16	14:17.76	15:01.16	15:45.59	16:29.06	17:14.15
				17:57.85	18:42.67	19:28.29	20:11.90	20:56.86	21:37.15		

Event 202 Boys 11-12 1500 Metre Freestyle

Name	Age	Club	Time	50	100	150	200	250	300	350	400
				450	500	550	600	650	700	750	800
				850	900	950	1000	1050	1100	1150	1200
				1250	1300	1350	1400	1450	1500		
1 Arran Stowe	12	Fins	18:47.25	33.20	1:10.43	1:48.13	2:25.71	3:02.75	3:39.92	4:17.25	4:54.05
				5:31.11	6:08.21	6:45.17	7:22.85	8:00.15	8:37.72	9:15.76	9:54.57
				10:33.38	11:10.79	11:49.20	12:27.13	13:05.05	13:43.34	14:21.33	14:59.52
				15:37.48	16:15.49	16:53.79	17:31.52	18:09.94	18:47.25		
2 Fraser Beeby	11	Carnegie	18:57.51	32.53	1:08.70	1:46.08	2:23.83	3:01.71	3:39.77	4:17.36	4:55.23
				5:33.26	6:11.21	6:49.27	7:27.52	8:05.71	8:43.89	9:22.32	10:00.28
				10:38.16	11:16.21	11:54.83	12:33.35	13:12.40	13:50.88	14:29.54	15:07.98
				15:46.91	16:25.46	17:04.49	17:43.53	18:22.30	18:57.51		
3 James Collyer	11	Carnegie	19:32.40	32.59	1:09.77	1:49.72	2:28.43	3:07.80	3:46.82	4:26.57	5:06.11
				5:46.07	6:25.83	7:05.85	7:45.53	8:24.71	9:03.91	9:44.00	10:23.09
				11:02.25	11:42.33	12:22.09	13:02.09	13:41.92	14:20.20	14:59.35	15:37.33
				16:17.37	16:58.24	17:39.01	18:19.20	18:56.92	19:32.40		



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Event 202 Boys 11-12 1500 Metre Freestyle (continued)

4	Jack Watson	12	Co Aberdeen	19:33.80	33.92	1:11.99	1:51.18	2:29.67	3:09.05	3:48.40	4:27.93	5:07.10
					5:46.14	6:25.59	7:05.04	7:43.56	8:23.31	9:02.74	9:42.12	10:21.77
					11:01.24	11:40.67	12:20.43	13:00.26	13:40.00	14:19.88	14:59.52	15:39.51
					16:19.46	16:59.07	17:38.16	18:18.33	18:57.52	19:33.80		
5	Cameron Macleod	12	Warrender	20:01.71	34.73	1:12.74	1:51.42	2:30.72	3:10.17	3:49.86	4:30.34	5:10.29
					5:50.60	6:31.29	7:11.90	7:51.69	8:32.26	9:12.83	9:52.84	10:33.27
					11:13.62	11:53.77	12:34.58	13:14.85	13:55.73	14:35.82	15:17.43	15:58.62
					16:38.71	17:20.55	18:01.60	18:42.04	19:23.25	20:01.71		
6	Jack Harrison	12	InCAS	20:07.83	35.78	1:16.19	1:57.36	2:39.25	3:20.78	4:02.74	4:43.64	5:24.28
					6:05.22	6:46.65	7:28.75	8:09.79	8:51.39	9:32.53	10:13.78	10:54.32
					11:34.91	12:14.91	12:54.63	13:34.54	14:14.67	14:54.51	15:33.75	16:12.61
					16:52.38	17:32.03	18:11.74	18:50.52	19:30.28	20:07.83		
7	Brodie Savage	11	Warrender	20:37.15	36.47	1:17.68	1:58.43	2:40.41	3:21.76	4:03.71	4:45.59	5:28.76
					6:10.39	6:52.67	7:34.72	8:15.24	8:55.54	9:37.86	10:19.81	11:03.33
					11:45.31	12:28.23	13:10.53	13:53.13	14:35.32	15:17.99	15:56.66	16:37.21
					17:18.06	17:58.64	18:40.02	19:20.89	20:00.58	20:37.15		
8	George Clough	11	Warrender	20:56.60	35.98	1:15.96	1:57.48	2:37.86	3:18.81	4:00.61	4:42.81	5:25.20
					6:07.59	6:50.39	7:31.75	8:13.39	8:55.29	9:37.73	10:20.48	11:03.99
					11:47.16	12:30.29	13:14.22	13:57.11	14:39.56	15:22.27	16:04.42	16:46.98
					17:29.82	18:12.15	18:54.39	19:36.74	20:17.70	20:56.60		
9	Joe Nally	11	InCAS	22:05.72	36.80	1:18.03	2:00.92	2:44.68	3:29.19	4:14.22	4:59.63	5:44.99
					6:30.52	7:16.03	8:01.73	8:47.65	9:32.86	10:16.64	11:02.24	11:47.50
					12:31.85	13:16.86	14:02.05	14:46.58	15:31.56	16:16.35	17:01.32	17:46.16
					18:31.00	19:16.08	19:59.93	20:43.56	21:26.45	22:05.72		
10	Kieran Wilson	11	InCAS	23:31.20	37.88	1:21.89	2:06.31	2:52.13	3:37.12	4:24.05	5:09.56	5:56.60
					6:43.41	7:31.20	8:20.24	9:08.21	9:56.95	10:45.52	11:33.89	12:21.83
					13:10.44	13:59.24	14:47.75	15:36.22	16:25.16	17:13.83	18:02.62	18:49.37
					19:37.89	20:24.99	21:13.16	22:00.46	22:46.74	23:31.20		

Event 202 Boys 13-14 1500 Metre Freestyle

Name	Age	Club	Time	50	100	150	200	250	300	350	400	
				450	500	550	600	650	700	750	800	
				850	900	950	1000	1050	1100	1150	1200	
				1250	1300	1350	1400	1450	1500			
1	Fraser Reid	14	Carnegie	17:53.16	30.26	1:04.00	1:38.77	2:14.09	2:49.76	3:25.40	4:01.53	4:37.23
					5:13.06	5:49.15	6:25.51	7:02.45	7:38.83	8:15.66	8:52.03	9:29.29
					10:05.92	10:42.96	11:19.44	11:55.88	12:32.25	13:08.87	13:45.02	14:20.61
					14:56.77	15:32.41	16:08.33	16:44.86	17:20.82	17:53.16		
2	Murray Blair	14	Warrender	17:53.38	32.10	1:07.58	1:44.05	2:20.76	2:57.54	3:34.36	4:11.21	4:47.86
					5:24.70	6:01.73	6:37.88	7:13.89	7:49.82	8:26.07	9:01.70	9:37.18
					10:12.99	10:48.30	11:23.87	11:59.60	12:34.80	13:10.85	13:46.33	14:21.81
					14:57.35	15:32.95	16:09.14	16:45.49	17:20.77	17:53.38		
3	Eddie Watson	14	Co Aberdeen	18:29.28	31.41	1:06.08	1:42.13	2:18.05	2:54.23	3:30.81	4:07.03	4:44.20
					5:20.61	5:58.08	6:35.55	7:12.48	7:50.01	8:27.55	9:04.90	9:41.81
					10:19.75	10:58.11	11:36.61	12:15.40	12:54.11	13:32.52	14:09.40	14:46.39
					15:24.10	16:02.35	16:39.48	17:17.42	17:52.87	18:29.28		
4	Alasdair Lambert	13	Warrender	18:42.58	31.33	1:07.93	1:45.05	2:22.50	2:59.84	3:37.89	4:14.87	4:51.91
					5:28.48	6:05.18	6:43.75	7:20.65	7:58.68	8:36.06	9:13.92	9:50.86
					10:29.10	11:07.05	11:45.12	12:21.45	12:59.45	13:38.25	14:17.59	14:54.58
					15:32.59	16:11.96	16:51.30	17:30.24	18:07.16	18:42.58		
5	Andy Webb	13	Co Aberdeen	18:42.66	31.27	1:06.18	1:41.98	2:18.30	2:54.55	3:31.35	4:07.94	4:45.40
					5:23.01	6:00.39	6:38.40	7:16.56	7:54.87	8:33.61	9:11.67	9:49.69
					10:28.34	11:07.13	11:45.81	12:24.23	13:02.59	13:40.99	14:18.47	14:56.74
					15:34.18	16:10.86	16:47.83	17:26.20	17:56.42	18:42.66		



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Event 202 Boys 13-14 1500 Metre Freestyle (continued)

6	Jack Szaranek	13	Carnegie	19:04.73	30.82	1:05.58	1:41.93	2:18.68	2:56.20	3:32.96	4:09.79	4:45.07
					5:27.24	6:07.89	6:46.97	7:26.56	8:06.01	8:44.00	9:23.29	10:02.54
					10:40.73	11:20.38	12:00.16	12:39.31	13:17.65	13:56.45	14:36.53	15:16.56
					15:56.11	16:34.69	17:12.21	17:49.76	18:27.13	19:04.73		
7	Andrew England	13	Carnegie	19:20.46	34.34	1:11.79	1:49.75	2:27.82	3:05.82	3:43.98	4:22.38	5:01.58
					5:39.36	6:17.66	6:56.51	7:35.15	8:14.10	8:53.02	9:32.01	10:11.18
					10:50.62	11:29.92	12:09.84	12:49.41	13:28.23	14:07.76	14:46.93	15:26.43
					16:06.12	16:45.51	17:24.85	18:04.29	18:43.32	19:20.46		
8	Robbie Carmichael	13	Carnegie	19:23.41	33.08	1:09.87	1:47.97	2:26.16	3:04.58	3:43.04	4:21.83	5:00.75
					5:39.93	6:19.31	6:58.98	7:38.28	8:17.49	8:57.59	9:36.97	10:15.92
					10:55.05	11:34.64	12:14.37	12:53.42	13:32.66	14:12.23	14:51.50	15:31.19
					16:09.89	16:49.83	17:29.23	18:08.36	18:46.72	19:23.41		
9	Callum MacGregor	13	Fins	19:39.17	32.60	1:09.71	1:49.69	2:29.42	3:09.30	3:48.81	4:28.71	5:07.91
					5:47.37	6:27.54	7:06.70	7:44.92	8:25.85	9:04.68	9:45.30	10:25.01
					11:04.98	11:44.07	12:24.84	13:04.98	13:45.82	14:24.11	15:04.12	15:45.00
					16:25.77	17:06.33	17:43.20	18:24.22	19:01.51	19:39.17		

Event 203 Girls 8-10 200 Metre Breaststroke

Name	Age	Club	Time	50	100	150	200
1 Eilidh Collyer	10	Carnegie	3:26.33	47.59	1:40.73	2:34.23	3:26.33
2 Joanna Rae	10	Carnegie	3:46.11				
3 Dana Brand	10	InCAS	4:53.39				

Event 203 Girls 11-12 200 Metre Breaststroke

Name	Age	Club	Time	50	100	150	200
1 Tain Bruce	12	InCAS	2:49.92	39.53	1:22.32	2:06.26	2:49.92
2 Elizabeth Lim	12	Warrender	3:08.15	44.34	1:32.79	2:21.06	3:08.15
3 Sarah Donnelly	12	Carnegie	3:08.99	43.34	1:31.80	2:20.60	3:08.99
4 Fiona Angus	12	Co Aberdeen	3:09.60	43.63	1:33.07	2:21.34	3:09.60
5 Ellie Neil	11	Warrender	3:13.31	45.05	1:34.36	2:24.24	3:13.31
6 Lauren Kerr	12	Fins	3:16.49	45.15	1:35.28	2:26.61	3:16.49
7 Meg Paterson	11	Co Aberdeen	3:17.06	44.50	1:35.36	2:26.18	3:17.06
8 Charlie Cavens	11	Warrender	3:20.36	46.45	1:37.66	2:29.54	3:20.36
9 Megan McGhee	11	Carnegie	3:20.91	46.35	1:37.67	2:29.39	3:20.91
10 Niamh Johnston	12	Co Aberdeen	3:22.16	45.94	1:36.04	2:29.07	3:22.16
11 Eilidh MacInnes	12	Co Aberdeen	3:24.75	47.29	1:41.08	2:33.32	3:24.75
12 Kelsey Robertson	12	Carnegie	3:27.53	46.86	1:40.48	2:34.68	3:27.53
13 Ciara Mussen	12	Carnegie	3:27.58	46.52	1:39.27	2:33.31	3:27.58
14 Emily Cross	12	Warrender	3:39.18	49.33	1:45.09	2:43.21	3:39.18
15 Molly Sinclair	12	Burntisland	3:39.53				
16 Rachael Graveling	12	Glenrothes	3:41.42				

Event 203 Girls 13-14 200 Metre Breaststroke

Name	Age	Club	Time	50	100	150	200
1 Samantha Caulfield	13	Carnegie	2:45.94	39.32	1:20.78	2:03.12	2:45.94
2 Emily Grant	13	Co Aberdeen	2:51.75	39.64	1:23.44	2:07.68	2:51.75
3 Anne Cook	13	Co Aberdeen	2:53.94	40.37	1:25.54	2:10.47	2:53.94
4 Sophie Ewen	14	Buckie	2:56.11	40.47	1:24.90	2:10.32	2:56.11
5 Lucy Walkup	14	Glenrothes	2:56.20	39.89	1:24.96	2:11.01	2:56.20
6 Louise Feenie	14	Glenrothes	2:58.07	40.77	1:26.23	2:13.00	2:58.07
7 Lois Steuart	14	Warrender	2:59.09	41.41	1:29.09	2:14.77	2:59.09
8 Eilidh Thomson	14	Co Aberdeen	2:59.13	39.63	1:24.91	2:12.09	2:59.13
9 Harriet Gray	13	Fins	3:04.69	42.65	1:29.22	2:17.52	3:04.69
10 Kirsty Ness	13	Co Aberdeen	3:05.01	42.51	1:30.35	2:17.96	3:05.01
11 Lindsey MacInnes	13	Co Aberdeen	3:05.87	42.04	1:28.78	2:17.08	3:05.87
12 Yvonne Lindie	14	Co Aberdeen	3:08.16	43.39	1:31.23	2:20.00	3:08.16
13 Sophie Herbert	13	Buckie	3:08.80	44.26	1:32.61	2:21.06	3:08.80
14 Emma Rae	14	Co Aberdeen	3:09.73	43.48	1:32.22	2:21.11	3:09.73



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Event 203 Girls 13-14 200 Metre Breaststroke (continued)

15	Corinne Beveridge	13	Co Aberdeen	3:10.31	42.83	1:32.16	2:21.55	3:10.31
16	Gabby Gatherer	14	InCAS	3:12.15	44.36	1:33.70	2:23.78	3:12.15
17	Carrie McLennan	13	Carnegie	3:16.99	44.70	1:35.07	2:27.26	3:16.99
18	Katie Macdonald	13	Warrender	3:18.34	45.75	1:36.88	2:27.45	3:18.34
19	Emma Scott	13	Fins	3:22.74	46.58	1:37.96	2:30.90	3:22.74
20	Mhairi Gault	13	Buckie	3:29.22	47.86	1:42.21	2:29.40	3:29.22
21	Alison Tate	13	Dunfermline	3:35.11	49.77	1:45.20	2:41.06	3:35.11
22	Charis Bell	14	Fins	3:39.66				

Event 204 Boys 8-10 200 Metre IM

Name	Age	Club	Time	50	100	150	200
1 Harris Bruce	9	InCAS	3:02.61	38.72	1:25.37	2:21.48	3:02.61
2 James Gray	10	InCAS	3:17.63	48.60	1:44.18	2:34.86	3:17.63
3 Greig Rowe	10	Dunfermline	3:23.77	52.57	1:43.52	2:41.69	3:23.77

Event 204 Boys 11-12 200 Metre IM

Name	Age	Club	Time	50	100	150	200
1 Craig McLean	12	Carnegie	2:30.09	31.27	1:08.46	1:56.33	2:30.09
2 Charlie Lochhead	12	Duns	2:42.94	35.37	1:13.99	2:06.94	2:42.94
3 Jack Watson	12	Co Aberdeen	2:44.36	35.87	1:18.00	2:07.66	2:44.36
4 Greig Reid	12	Carnegie	2:45.16	37.13	1:20.35	2:07.49	2:45.16
5 Arran Stowe	12	Fins	2:46.41	38.59	1:21.23	2:12.25	2:46.41
6 Kyle Pate	11	Fins	2:46.80	38.62	1:20.62	2:09.14	2:46.80
7 George Clough	11	Warrender	2:50.58	39.21	1:23.31	2:13.36	2:50.58
8 Cameron Macleod	12	Warrender	2:51.69	40.31	1:23.12	2:15.34	2:51.69
9 Finlay Deans	11	Co Aberdeen	2:53.35	42.54	1:24.42	2:17.62	2:53.35
10 Andrew Campbell	11	Fins	2:53.91	39.12	1:22.75	2:15.02	2:53.91
11 Hayden Moffat	12	InCAS	2:56.70	38.41	1:22.77	2:16.50	2:56.70
12 Joe Nally	11	InCAS	3:03.40	41.63	1:29.78	2:23.48	3:03.40
13 Stuart Niblock	12	Warrender	3:06.09	41.91	1:31.21	2:25.44	3:06.09
14 Hamish Neil	11	Carnegie	3:06.26	43.77	1:32.76	2:26.57	3:06.26
15 Ross Murray	11	Carnegie	3:19.45	44.17	1:36.03	2:31.35	3:19.45
16 Kieran Wilson	11	InCAS	3:23.33	47.60	1:37.85	2:39.53	3:23.33
--- Jack Harrison	12	InCAS	DQ				

Event 204 Boys 13-14 200 Metre IM

Name	Age	Club	Time	50	100	150	200
1 Alistair Crichton	14	Warrender	2:24.38	30.11	1:07.45	1:50.50	2:24.38
2 Murray Blair	14	Warrender	2:28.59	31.63	1:13.12	1:54.54	2:28.59
3 Kieran Pate	14	Fins	2:30.58	33.16	1:12.87	1:56.09	2:30.58
4 Conor Nally	14	InCAS	2:33.40	34.77	1:14.41	1:58.94	2:33.40
5 Greg Turner	13	Burntisland	2:33.94	35.51	1:15.58	1:59.57	2:33.94
6 Fraser Meadows	13	Warrender	2:34.71	33.81	1:14.01	2:00.49	2:34.71
7 Eddie Watson	14	Co Aberdeen	2:34.91	34.41	1:12.98	2:00.84	2:34.91
8 Jamie Whitefield	14	East Lothian	2:34.97	33.97	1:14.88	2:00.99	2:34.97
9 Alasdair Lambert	13	Warrender	2:36.10	34.88	1:12.12	2:01.13	2:36.10
10 Owen Green	13	Cupar	2:36.98	33.58	1:14.43	2:01.57	2:36.98
11 Andrew Hepburn	13	Warrender	2:39.91	35.89	1:15.07	2:02.57	2:39.91
12 Andy Webb	13	Co Aberdeen	2:41.10	37.70	1:16.27	2:05.12	2:41.10
13 William Pitman	13	Co Aberdeen	2:47.56	34.45	1:18.56	2:09.88	2:47.56
14 Callum Smith	13	Fins	2:49.91	35.22	1:18.21	2:13.13	2:49.91