



Scottish Amateur Swimming Association
East District Age Group Championships

FIPRE, Glenrothes – 6th November 2011

Session 3 – Results



Event 201 Boys 10-12 1500 Metre Freestyle

Name	Age	Club	Time	50	100	150	200	250	300	350	400
				450	500	550	600	650	700	750	800
				850	900	950	1000	1050	1100	1150	1200
				1250	1300	1350	1400	1450	1500		
1 James Collyer	12	Carnegie	18:54.03	33.61	1:11.24	1:49.04	2:26.55	3:04.22	3:42.52	4:20.86	4:58.95
				5:37.30	6:15.11	6:52.43	7:29.97	8:07.60	8:45.71	9:23.55	10:01.53
				10:40.10	11:18.32	11:56.93	12:35.85	13:14.66	13:52.73	14:31.16	15:09.65
				15:47.92	16:25.77	17:04.80	17:42.53	18:18.45	18:54.03		
2 Fraser Beeby	12	Carnegie	19:18.71	32.07	1:08.17	1:45.60	2:23.53	3:01.85	3:40.26	4:19.28	4:58.19
				5:37.30	6:16.11	6:54.80	7:34.17	8:13.32	8:52.46	9:31.77	10:10.39
				10:49.03	11:28.19	12:07.72	12:47.11	13:27.10	14:06.97	14:46.89	15:26.49
				16:06.19	16:45.21	17:24.97	18:03.83	18:42.11	19:18.71		
3 Brodie Savage	12	Warrender	19:19.27	34.14	1:11.97	1:51.10	2:30.07	3:09.24	3:48.53	4:28.06	5:07.82
				5:47.28	6:27.01	7:06.51	7:45.36	8:24.04	9:03.50	9:42.82	10:22.29
				11:01.64	11:41.30	12:20.38	12:57.30	13:36.96	14:16.74	14:54.43	15:32.64
				16:11.36	16:49.65	17:27.53	18:05.91	18:44.16	19:19.27		
4 Jack Harrison	12	InCAS	19:20.17	33.65	1:11.12	1:50.00	2:29.04	3:07.86	3:47.34	4:26.76	5:06.53
				5:45.85	6:25.71	7:05.45	7:44.77	8:23.65	9:02.90	9:41.98	10:21.75
				11:00.98	11:40.95	12:19.86	12:57.14	13:35.71	14:15.47	14:54.54	15:32.87
				16:11.42	16:50.15	17:28.77	18:07.30	18:46.22	19:20.17		

Event 201 Boys 13 Year Olds 1500 Metre Freestyle

Name	Age	Club	Time	50	100	150	200	250	300	350	400
				450	500	550	600	650	700	750	800
				850	900	950	1000	1050	1100	1150	1200
				1250	1300	1350	1400	1450	1500		
1 Craig McLean	13	Carnegie	17:44.31	31.04	1:05.20	1:39.87	2:14.43	2:49.56	3:25.36	4:00.75	4:36.31
				5:11.60	5:47.74	6:23.80	6:59.00	7:35.45	8:11.36	8:47.14	9:23.59
				10:00.24	10:36.79	11:12.88	11:48.78	12:24.99	13:01.26	13:37.24	14:13.67
				14:49.36	15:25.19	16:01.41	16:37.06	17:11.96	17:44.31		
2 Arran Stowe	13	Fins	18:09.21	32.28	1:08.52	1:45.50	2:22.21	2:58.51	3:35.24	4:12.24	4:49.41
				5:26.04	6:02.23	6:38.69	7:15.04	7:51.50	8:28.13	9:04.52	9:40.86
				10:17.25	10:53.69	11:29.94	12:06.61	12:42.78	13:19.69	13:56.35	14:32.91
				15:09.76	15:46.60	16:22.33	16:57.87	17:34.03	18:09.21		
3 Cameron Finlayson	13	Heart Of Mid	18:13.47	31.93	1:07.58	1:44.10	2:20.23	2:56.12	3:33.16	4:09.60	4:45.91
				5:22.67	5:58.88	6:35.20	7:12.20	7:47.85	8:24.33	9:01.27	9:38.68
				10:15.60	10:53.22	11:30.03	12:07.39	12:43.83	13:21.56	13:58.68	14:35.47
				15:12.87	15:49.61	16:26.42	17:03.38	17:39.97	18:13.47		
4 Toby Douglas	13	Eyemouth	18:59.71	32.83	1:09.32	1:47.13	2:25.11	3:03.62	3:41.39	4:19.53	4:58.36
				5:37.08	6:16.07	6:54.43	7:33.09	8:11.58	8:49.69	9:28.33	10:06.43
				10:45.11	11:23.48	12:01.90	12:40.06	13:18.41	13:56.68	14:35.35	15:13.75
				15:51.98	16:30.11	17:08.51	17:46.44	18:23.97	18:59.71		
5 Robbie Carmichael	13	Carnegie	19:09.78	34.08	1:11.26	1:48.54	2:26.32	3:04.33	3:42.76	4:21.40	4:59.72
				5:38.16	6:16.80	6:55.27	7:34.16	8:13.13	8:51.88	9:30.68	10:09.62
				10:47.97	11:26.65	12:05.89	12:44.63	13:23.52	14:02.11	14:41.15	15:19.45
				15:58.17	16:37.57	17:16.30	17:54.49	18:33.19	19:09.78		
6 Jeremy Scott	13	Warrender	19:15.12	33.31	1:10.33	1:48.80	2:27.82	3:06.73	3:45.99	4:26.05	5:05.42
				5:45.05	6:24.87	7:03.72	7:42.55	8:21.65	9:00.55	9:39.55	10:18.51
				10:57.51	11:36.68	12:16.05	12:54.71	13:33.97	14:11.93	14:50.71	15:29.32
				16:07.95	16:45.95	17:23.69	18:01.86	18:38.90	19:15.12		
7 Andrew England	13	Carnegie	19:20.05	33.18	1:10.65	1:48.28	2:26.14	3:03.87	3:42.02	4:20.01	4:58.06
				5:36.31	6:14.23	6:52.56	7:30.75	8:09.36	8:48.34	9:27.56	10:06.22
				10:44.86	11:23.95	12:03.41	12:42.20	13:21.83	14:01.20	14:39.69	15:19.69
				15:59.89	16:40.40	17:20.79	18:01.75	18:41.90	19:20.05		



Scottish Amateur Swimming Association
East District Age Group Championships

FIPRE, Glenrothes – 6th November 2011

Session 3 – Results



201 Boys 14 Year Olds 1500 Metre Freestyle

Name	Age	Club	Time	50	100	150	200	250	300	350	400	
				450	500	550	600	650	700	750	800	
				850	900	950	1000	1050	1100	1150	1200	
				1250	1300	1350	1400	1450	1500			
1 Daniel McGregor	14	Warrender	16:40.37	30.93	1:03.47	1:36.92	2:10.60	2:44.09	3:17.34	3:50.11	4:23.04	
				4:55.98	5:29.29	6:02.55	6:35.99	7:09.82	7:44.00	8:17.27	8:51.07	
				9:25.01	9:58.64	10:32.56	11:06.43	11:39.98	12:13.70	12:47.59	13:20.97	
				13:54.93	14:29.03	15:02.60	15:35.90	16:09.47	16:40.37			
2 Ryan Brown	14	Kelso	17:15.42	30.36	1:03.61	1:37.69	2:12.00	2:46.64	3:21.40	3:56.28	4:30.69	
				5:05.26	5:40.28	6:15.00	6:49.63	7:24.70	7:59.77	8:34.62	9:09.10	
				9:44.09	10:18.84	10:53.67	11:28.58	12:03.89	12:38.84	13:13.50	13:48.56	
				14:23.68	14:58.36	15:33.23	16:08.13	16:42.45	17:15.42			
3 Sean Cockburn	14	Heart Of Mid	17:35.80	30.54	1:04.46	1:39.06	2:14.09	2:49.12	3:24.22	3:59.55	4:35.24	
				5:10.46	5:46.00	6:21.58	6:57.29	7:32.69	8:07.71	8:42.89	9:18.10	
				9:53.21	10:28.71	11:04.14	11:39.34	12:14.31	12:50.17	13:26.07	14:01.89	
				14:38.17	15:14.09	15:49.97	16:26.27	17:01.18	17:35.80			
4 Jamie Waller	14	Heart Of Mid	17:55.49	31.25	1:06.13	1:42.40	2:19.07	2:55.21	3:31.07	4:07.00	4:42.73	
				5:18.54	5:54.51	6:30.33	7:06.63	7:42.66	8:18.44	8:54.17	9:30.33	
				10:06.79	10:43.10	11:19.46	11:55.62	12:32.10	13:08.34	13:44.71	14:21.41	
				14:57.65	15:34.03	16:09.95	16:45.90	17:21.48	17:55.49			
5 Jack Szaranek	14	Carnegie	18:00.55	30.95	1:06.17	1:42.06	2:18.33	2:54.07	3:30.18	4:06.37	4:42.57	
				5:19.02	5:56.00	6:32.75	7:09.23	7:45.33	8:21.47	8:58.24	9:34.94	
				10:11.55	10:48.00	11:24.74	12:01.88	12:38.42	13:14.94	13:50.78	14:26.84	
				15:02.67	15:38.94	16:14.69	16:51.07	17:26.24	18:00.55			
6 Alistair Crichton	14	Warrender	18:04.32	30.70	1:05.18	1:40.57	2:16.11	2:51.90	3:27.93	4:04.24	4:41.53	
				5:18.32	5:54.76	6:31.69	7:08.18	7:44.17	8:20.91	8:57.64	9:34.39	
				10:11.25	10:48.34	11:25.22	12:02.07	12:39.02	13:15.65	13:53.15	14:29.96	
				15:07.39	15:43.99	16:20.48	16:55.09	17:30.94	18:04.32			
7 Matthew Berlansky	14	Galashiels	18:10.76	31.46	1:06.89	1:43.12	2:19.18	2:55.49	3:31.88	4:08.24	4:44.81	
				5:21.52	5:57.74	6:34.01	7:10.14	7:46.22	8:22.60	8:59.22	9:35.83	
				10:12.65	10:49.84	11:26.59	12:03.44	12:40.43	13:17.59	13:54.44	14:32.05	
				15:08.48	15:45.41	16:22.11	16:59.19	17:35.98	18:10.76			
8 James Lowder	14	Heart Of Mid	18:13.20	32.85	1:09.06	1:45.32	2:22.03	2:58.44	3:35.33	4:12.02	4:48.35	
				5:25.65	6:02.45	6:39.61	7:16.57	7:53.54	8:30.74	9:07.40	9:43.72	
				10:20.95	10:56.94	11:33.82	12:10.96	12:47.79	13:24.92	14:01.68	14:37.44	
				15:13.72	15:51.41	16:28.01	17:05.05	17:41.57	18:13.20			
9 Fraser Reid	14	Carnegie	18:14.67	30.69	1:04.98	1:40.53	2:16.44	2:52.42	3:28.34	4:04.52	4:40.59	
				5:17.59	5:54.55	6:31.14	7:07.87	7:44.84	8:21.71	8:59.27	9:36.75	
				10:14.06	10:50.75	11:27.91	12:05.28	12:42.30	13:19.15	13:56.26	14:33.41	
				15:11.04	15:47.99	16:25.07	17:02.42	17:39.26	18:14.67			
10 Fraser Meadows	14	Warrender	18:49.99	31.05	1:08.07	1:45.71	2:22.33	2:59.57	3:37.34	4:14.94	4:53.46	
				5:31.75	6:09.44	6:47.43	7:25.75	8:03.54	8:41.86	9:19.59	9:58.64	
				10:36.50	11:14.44	11:52.49	12:30.09	13:08.18	13:46.18	14:24.43	15:02.69	
				15:41.44	16:20.11	16:59.10	17:37.78	18:14.59	18:49.99			
11 Andrew Hepburn	14	Warrender	18:58.44	32.84	1:09.67	1:47.60	2:25.91	3:03.46	3:41.82	4:20.76	4:59.21	
				5:38.20	6:16.86	6:55.36	7:33.64	8:12.32	8:50.97	9:29.90	10:08.27	
				10:46.23	11:24.49	12:02.77	12:40.62	13:18.86	13:56.98	14:34.92	15:13.13	
				15:51.62	16:30.17	17:07.68	17:45.86	18:23.15	18:58.44			
12 Callum MacGregor	14	Fins	18:59.17	32.91	1:09.98	1:48.06	2:26.21	3:01.75	3:39.24	4:17.49	4:55.39	
				5:33.95	6:11.62	6:49.45	7:28.38	8:07.78	8:44.12	9:24.61	10:03.90	
				10:43.84	11:22.56	12:01.51	12:37.16	13:16.87	13:57.33	14:35.38	15:13.54	
				15:52.35	16:30.77	17:08.49	17:46.83	18:25.23	18:59.17			
13 Alasdair Lambert	14	Warrender	19:00.69	30.77	1:06.10	1:42.33	2:18.88	2:56.70	3:34.10	4:12.15	4:50.12	
				5:29.54	6:08.03	6:47.30	7:25.01	8:03.32	8:43.30	9:20.77	10:00.06	
				10:38.85	11:18.02	11:57.46	12:35.29	13:13.09	13:53.36	14:33.42	15:13.52	
				15:52.55	16:32.21	17:08.57	17:47.16	18:25.81	19:00.69			



East District Age Group Championships

FIPRE, Glenrothes – 6th November 2011

Session 3 – Results



201 Boys 14 Year Olds 1500 Metre Freestyle (continued)

Name	Age	Club	Time	50	100	150	200	250	300	350	400	
				450	500	550	600	650	700	750	800	
				850	900	950	1000	1050	1100	1150	1200	
				1250	1300	1350	1400	1450	1500			
14	Conor Nally	14	InCAS	19:14.66	31.93	1:08.36	1:45.52	2:23.17	3:00.57	3:39.08	4:17.41	4:56.22
					5:34.98	6:14.25	6:53.66	7:32.54	8:12.14	8:51.25	9:31.07	10:09.94
					10:49.31	11:28.04	12:06.80	12:45.23	13:26.15	14:05.80	14:45.41	15:24.92
					16:05.15	16:44.20	17:23.13	18:00.83	18:38.24	19:14.66		
15	Robbie Czajka	14	Galashiels	19:58.97	32.03	1:08.16	1:46.14	2:24.83	3:04.31	3:43.71	4:23.45	5:03.71
					5:44.10	6:24.59	7:05.37	7:46.00	8:27.67	9:08.82	9:49.13	10:29.45
					11:10.50	11:51.31	12:32.52	13:13.50	13:54.73	14:36.32	15:17.95	15:59.02
					16:39.36	17:19.92	18:01.05	18:41.79	19:22.05	19:58.97		

Event 201 Boys 15 Year Olds 1500 Metre Freestyle

Name	Age	Club	Time	50	100	150	200	250	300	350	400	
				450	500	550	600	650	700	750	800	
				850	900	950	1000	1050	1100	1150	1200	
				1250	1300	1350	1400	1450	1500			
1	Matthew Anderson	15	Warrender	16:16.41	29.61	1:02.03	1:34.82	2:07.76	2:40.67	3:13.50	3:46.38	4:19.23
					4:51.72	5:24.28	5:56.95	6:29.67	7:02.30	7:34.84	8:07.69	8:40.33
					9:12.80	9:45.62	10:18.11	10:50.86	11:23.80	11:56.41	12:29.12	13:01.86
					13:34.82	14:07.75	14:40.29	15:12.94	15:45.53	16:16.41		
2	Daniel Lim	15	Warrender	16:32.86	29.46	1:01.88	1:34.58	2:08.15	2:41.09	3:14.14	3:47.03	4:20.12
					4:52.60	5:25.87	5:59.49	6:33.57	7:06.47	7:39.76	8:13.05	8:45.99
					9:19.01	9:51.87	10:24.62	10:57.93	11:32.24	12:05.72	12:38.99	13:12.85
					13:46.62	14:20.27	14:53.90	15:27.06	16:00.93	16:32.86		
3	James Black	15	Aquanauts	16:54.42	29.29	1:02.13	1:35.37	2:08.75	2:41.62	3:15.10	3:48.54	4:22.26
					4:56.03	5:29.78	6:03.90	6:38.14	7:12.19	7:46.81	8:21.43	8:56.12
					9:30.85	10:05.42	10:39.77	11:14.44	11:48.28	12:22.78	12:57.15	13:31.80
					14:06.11	14:40.64	15:14.04	15:47.99	16:21.79	16:54.42		
4	Finlay Williamson	15	Haddington	17:06.14	30.98	1:04.87	1:38.57	2:12.17	2:46.08	3:19.92	3:53.98	4:28.10
					5:02.58	5:37.40	6:11.79	6:46.24	7:20.54	7:55.37	8:29.53	9:04.04
					9:38.62	10:13.39	10:48.19	11:22.90	11:58.01	12:32.77	13:07.28	13:41.77
					14:16.42	14:50.56	15:24.99	15:59.33	16:33.38	17:06.14		
5	David Mulligan	15	Warrender	17:52.86	31.04	1:05.23	1:40.10	2:15.90	2:51.89	3:28.58	4:05.55	4:41.67
					5:17.26	5:53.72	6:29.77	7:06.67	7:42.90	8:18.98	8:55.22	9:31.29
					10:07.39	10:43.24	11:19.95	11:56.05	12:32.64	13:08.83	13:44.85	14:20.79
					14:57.07	15:32.87	16:07.72	16:43.10	17:18.24	17:52.86		
6	Ciaran McGeever	15	Portobello	17:53.14	30.00	1:04.07	1:39.03	2:14.16	2:49.37	3:24.49	3:59.85	4:35.35
					5:10.86	5:46.30	6:22.08	6:57.99	7:34.01	8:10.65	8:47.05	9:23.97
					10:00.43	10:37.48	11:13.82	11:50.53	12:27.12	13:03.39	13:40.11	14:16.72
					14:53.48	15:30.06	16:07.00	16:43.99	17:19.26	17:53.14		
7	Simon Theilen	15	Warrender	17:57.28	31.28	1:06.77	1:42.29	2:18.01	2:53.50	3:30.02	4:05.73	4:42.42
					5:18.80	5:55.86	6:32.45	7:08.83	7:45.29	8:20.68	8:57.84	9:34.33
					10:10.48	10:46.61	11:23.05	11:59.20	12:35.45	13:11.45	13:47.82	14:24.33
					15:00.21	15:36.57	16:11.94	16:47.74	17:23.47	17:57.28		
8	Iain Rose	15	Warrender	18:03.13	31.00	1:05.61	1:40.69	2:16.66	2:52.62	3:29.23	4:05.88	4:41.71
					5:17.89	5:53.85	6:29.94	7:06.18	7:42.35	8:18.59	8:55.20	9:31.92
					10:08.46	10:45.44	11:21.90	11:58.88	12:35.12	13:11.70	13:48.31	14:25.15
					15:01.55	15:38.25	16:15.44	16:52.21	17:28.40	18:03.13		
9	Struan Stuart	15	Haddington	18:07.19	30.65	1:04.29	1:39.08	2:14.10	2:49.44	3:24.76	4:00.31	4:37.00
					5:12.97	5:49.32	6:25.88	7:02.29	7:38.85	8:15.65	8:52.44	9:29.35
					10:06.18	10:43.18	11:20.45	11:57.85	12:34.98	13:11.95	13:50.25	14:27.54
					15:05.16	15:43.24	16:20.42	16:57.43	17:33.84	18:07.19		
10	Henry Mackenzie	15	Warrender	18:17.63	30.40	1:06.28	1:43.26	2:19.92	2:56.88	3:33.88	4:10.22	4:47.58
					5:24.26	6:00.92	6:38.09	7:15.17	7:52.63	8:30.09	9:07.00	9:44.18
					10:21.79	10:58.85	11:36.11	12:13.36	12:50.61	13:27.79	14:04.61	14:39.11
					15:17.25	15:54.91	16:32.52	17:09.34	17:44.75	18:17.63		



Scottish Amateur Swimming Association
East District Age Group Championships

FIPRE, Glenrothes – 6th November 2011

Session 3 – Results



Event 201 Boys 16 & Over 1500 Metre Freestyle

Name	Age	Club	Time	50	100	150	200	250	300	350	400
				450	500	550	600	650	700	750	800
				850	900	950	1000	1050	1100	1150	1200
				1250	1300	1350	1400	1450	1500		
1 Craig McNally	19	Warrender	16:00.58	28.72	1:00.67	1:32.76	2:05.49	2:37.38	3:09.52	3:41.60	4:13.55
				4:45.61	5:17.39	5:48.59	6:20.20	6:51.82	7:24.47	7:56.82	8:29.34
				9:01.44	9:34.12	10:07.08	10:39.36	11:12.00	11:44.67	12:17.41	12:50.45
				13:23.36	13:55.83	14:28.41	15:01.09	15:33.44	16:00.58		
2 Mark Szaraneck	16	Carnegie	16:02.11	27.97	58.83	1:30.02	2:01.22	2:32.72	3:04.14	3:35.58	4:07.34
				4:38.92	5:10.78	5:43.02	6:14.88	6:47.53	7:20.46	7:53.61	8:26.61
				8:59.64	9:32.77	10:05.34	10:38.25	11:10.74	11:43.64	12:16.42	12:49.69
				13:22.43	13:55.25	14:28.18	15:01.58	15:33.86	16:02.11		
3 Connor Wilson	18	Warrender	16:50.06	29.89	1:02.33	1:35.57	2:09.26	2:43.07	3:16.78	3:50.39	4:24.23
				4:57.76	5:31.80	6:05.97	6:39.39	7:12.90	7:46.96	8:21.13	8:55.25
				9:29.75	10:04.23	10:38.30	11:12.26	11:46.50	12:20.93	12:55.16	13:29.33
				14:03.67	14:38.19	15:12.23	15:45.27	16:16.72	16:50.06		
4 Andrew Harkins	16	Livingston	16:57.04	29.69	1:02.40	1:35.05	2:07.99	2:41.07	3:14.45	3:48.28	4:22.12
				4:56.24	5:30.24	6:04.45	6:38.65	7:12.80	7:47.47	8:21.77	8:55.99
				9:30.14	10:04.34	10:39.17	11:13.60	11:48.24	12:22.75	12:57.21	13:32.35
				14:06.81	14:41.60	15:17.10	15:51.37	16:24.83	16:57.04		
5 Cameron Craig	17	Musselburgh	17:01.76	29.12	1:02.15	1:36.01	2:10.20	2:44.57	3:19.30	3:53.34	4:27.46
				5:01.78	5:36.09	6:10.65	6:45.17	7:19.71	7:54.13	8:28.37	9:02.54
				9:36.90	10:11.17	10:45.23	11:19.64	11:54.22	12:29.10	13:03.65	13:37.76
				14:12.07	14:46.76	15:21.40	15:55.93	16:30.14	17:01.76		
6 Dale Welstead	16	Warrender	17:28.53	30.36	1:05.59	2:17.51	2:53.50	3:28.86	4:04.26	4:40.29	
				5:16.60	5:52.72	6:26.50	7:00.96	7:35.99	8:11.19	8:46.35	9:21.32
				9:56.90	10:32.09	11:07.58	11:42.88	12:16.55	12:51.55	13:26.33	14:01.79
				14:37.54	15:12.96	15:47.94	16:22.35	16:57.14	17:28.53		
7 Aaron Sievwright	17	Fauldhouse	17:28.86	28.95	1:01.81	1:35.53	2:09.34	2:42.82	3:16.22	3:50.41	4:25.00
				4:59.98	5:34.92	6:10.57	6:46.01	7:21.94	7:57.94	8:34.44	9:10.64
				9:46.87	10:23.52	10:59.56	11:35.45	12:12.13	12:47.80	13:23.25	13:59.06
				14:35.30	15:10.65	15:46.36	16:22.00	16:56.73	17:28.86		
8 Blair Hershaw	16	Carnegie	17:29.20	29.39	1:02.97	1:36.60	2:10.50	2:44.13	3:18.20	3:52.36	4:27.05
				5:02.00	5:37.33	6:13.03	6:48.65	7:24.66	8:00.54	8:36.42	9:12.43
				9:48.58	10:24.45	11:00.36	11:36.05	12:12.39	12:48.72	13:24.33	14:00.55
				14:36.76	15:12.43	15:47.91	16:22.92	16:57.03	17:29.20		
9 Ross McWhirter	17	Warrender	17:45.27	31.48	1:05.89	1:40.72	2:15.60	2:50.73	3:25.85	4:01.13	4:36.32
				5:11.75	5:47.16	6:22.72	6:58.49	7:34.28	8:10.16	8:46.31	9:22.54
				9:58.65	10:34.80	11:10.87	11:47.01	12:23.00	12:59.15	13:35.40	14:11.72
				14:47.73	15:24.11	16:00.21	16:35.97	17:12.16	17:45.27		