

South Ayrshire Swim Team – Open Meet 2025

Saturday 14th and Sunday 15th June 2025

Venue	Citadel Leisure Centre, South Harbour Street, Ayr, KA7 1JB
Pool	6 Lane x 25m with separate swim-down pool
Electronic Timing	Swiss Timing
Licence No.	WD/L2/0625/06 Held under SASA Regulations and FINA Technical Rules for Swimming
Meet Licence Level	2
Graded Meet Level	N/A
Entry Fee	£7.00 per event. There will be no cost for relay entries.
Closing Date	Wednesday 21st May 2025 Entry files should be emailed to sast.bubble@gmail.com
Entry Form	https://forms.office.com/r/Kqkf7N91zh
Payment Information	Clubs are not required to send payment with entries. SAST will invoice clubs with the correct amount for all accepted entries once the swim lists have been finalised.
Withdrawals	Withdrawals will be processed up to 60 minutes before the start of each session. However, no refunds will be provided for any withdrawals that are submitted after the closing date on Wednesday 21 st May.
Request for Officials	We ask all clubs, when entering, to commit to supporting the requirement for technical officials across the meet. Officials can sign up in advance of the meet: https://www.signupgenius.com/go/9040C4DABAD22ABFD0-55616262-2025#/ Any questions please contact George McLeod sto@sast.me
Individual Age Groups and Events	12&under: 50m / 100m / 200m events all strokes, 200m IM 13/14 years: 50m / 100m / 200m events all strokes, 200m IM 15 & over: 50m / 100m / 200m events all strokes, 200m IM Open (all ages): 400m Free and 400m IM All events are Heat Declared Winners (HDW). Age as at 31st December 2025.
Relay Age Groups and Events	13 years & under: 4x50m Medley and 4x50m Freestyle Relays (HDW) 14 years & over: 4x50m Medley and 4x50m Freestyle Relays (HDW)
Prizes	1 st , 2 nd and 3 rd will be presented to each swimmer in each event. Medals can be collected from the Medals Table during the session.
Poolside Pass	Poolside Passes entitle the holder to entry to the poolside, early morning sausage or bacon roll, tea/coffee throughout the day, lunch and start sheet. They can be purchased at £10.00 each per coach/team manager/chaperone per weekend. Clubs can apply for these when submitting the online entry form. Any allergies / dietary requirements can be highlighted at this time.
Spectating	Spectating be available at the meet with a £3.00 per session charge for all spectators.
Car Parking	The Citadel Leisure Centre will be undergoing refurbishment from January 2025. This will not have any impact on the pool hall for our meet. However, parking will be limited in the car park next to the centre. We ask that this car park is used only by South Ayrshire Leisure staff, SAST volunteers and any officials supporting the meet. Please note there are other free parking options close by, including some on-street parking in South Harbour Street and a free car park on Cromwell Road, which is approximately a five-minute walk from the Citadel.

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Accommodation	A list of hotels can be obtained from Ayr Tourist Office on 01292 678100. Craig Tara Caravan Park is also a source of accommodation.
Local Amenities	The Citadel Leisure Centre is a short walk from Ayr Town Centre where all local amenities are available. The nearest local shop is Seafield Stores, 43-45 Blackburn Dr, Ayr KA7 2XW.
Next SAST Meet	The next SAST meet will be our SAST Graded Meet 2025 on Sunday 5th October 2025. More information to follow in due course.

ADDITIONAL INFORMATION

1	All swimmers of Scottish clubs must have a current SASA membership number. All swimmers of non-Scottish clubs must be registered with their governing body.
2	No photographic or video equipment shall be allowed in any area under the jurisdiction of the Meet Organisers without prior approval of the Meet Manager. Applications must be made on the form available at the Meet Office (or Spectators Desk in the gallery / Medal Table on poolside).
3	Swimmers, coaches, and team managers must ensure that all their swimmers can safely dive into deep or shallow water as prescribed by current/planned legislation. No diving is allowed at the shallow end of the pool.
4	Warm-ups will be split to accommodate the numbers and age range of competitors and as per schedule of events. It is the coaches' responsibility to supervise their swimmers during warm-ups.
5	Over the top starts will be used during the Meet at the discretion of Meet Manager/Referee.
6	Entries to events will be restricted and will be accepted based on entry times. Any entry that is not accepted will not be charged. A list of scratched entries will be sent to the Contact stated on the Meet Entry form. It is the responsibility of the person receiving confirmation of the entries to check the accuracy of the accepted swims and to inform all relevant swimmers of their accepted entries. Please note that there will be no reserve swimmers.
7	Withdrawal slips will be available in Coaches' packs. Withdrawals will be allowed <u>up to 60 mins before the start of each session</u> . Start sheets will be available for Coaches and Team Managers. Marshalling is compulsory. Swimmers will be called for in whole events at least one event prior to their swim and marshalled into heats in the designated marshalling area. Swimmers will then be sent in heat order to the starting blocks.
8	SAST reserves the right to fill lanes with their swimmers where an event is under subscribed. SAST reserves the right to scratch events when there are insufficient entries.
9	Only poolside pass holders, swimmers, technical officials and meet personnel shall be allowed on to the poolside.
10	It is the coaches' responsibility to supervise their swimmers using the swim down pool – if this facility is not used in the appropriate manner, it may have to be withdrawn.
11	Start Lists and Results will be available on the Meet Mobile app.

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Order of Events

Saturday 14th June 2025	
Session 1 Warm-up 0855-0955 Start 1000, Finish approx. 1300	Session 2 Warm-up 1325-1425 Start 1430, Finish approx. 1730
101 Male 200 Individual Medley 102 Female 50 Backstroke 103 Male/Open 50 Backstroke 104 Female 200 Breaststroke 105 Male/Open 200 Breaststroke 106 Female 100 Butterfly 107 Male/Open 100 Butterfly 108 Female 400 Freestyle	201 Male/Open 50 Breaststroke 202 Female 50 Breaststroke 203 Male/Open 200 Butterfly 204 Female 200 Butterfly 205 Male/Open 100 Freestyle 206 Female 100 Freestyle 207 Male/Open 400 Individual Medley 208 Mixed 4x50 Freestyle Relay (13&u) 209 Mixed 4x50 Freestyle Relay (14&o)
Sunday 15th June 2025	
Session 3 Warm-up 0855-0955 Start 1000, Finish approx. 1300	Session 4 Warm-up 1325-1425 Start 1430, Finish approx. 1730
301 Female 200 Individual Medley 302 Male/Open 50 Freestyle 303 Female 50 Freestyle 304 Male/Open 200 Backstroke 305 Female 200 Backstroke 306 Male/Open 100 Breaststroke 307 Female 100 Breaststroke 308 Male/Open 400 Freestyle	401 Female 50 Butterfly 402 Male/Open 50 Butterfly 403 Female 200 Freestyle 404 Male/Open 200 Freestyle 405 Female 100 Backstroke 406 Male/Open 100 Backstroke 407 Female 400 Individual Medley 408 Mixed 4x50 Medley Relay (13&u) 409 Mixed 4x50 Medley Relay (14&o)