



# Highland Swim Team Autumn meet 2024

(UNDER WORLD AQUATICS AND SCOTTISH SWIMMING RULES)

**23 and 24 November 2024**

**Inverness Leisure, Bught Lane, Inverness, IV3 5SS**

**MEET INFORMATION**

**Licence No L2/ND/072/NOV24**

**Facilities**

25m pool, 8 lanes, 2m depth, anti-turbulence ropes, full electronic timing, Omega blocks with back plates and backstroke starting devices

**Session times**

Session One	Warm up 14:00 - 14:50	Start 15:00	Finish 18:00 approx.
Session Three	Warm up 08:00 - 08:50	Start 09:00	Finish 12:00 approx.
Session Four	Warm up 13:00 - 13:50	Start 14:00	Finish 17:00 approx.

**Events**

100m Butterfly, Backstroke, Breaststroke, Freestyle, IM  
200m Butterfly, Backstroke, Breaststroke, Freestyle, IM

All heats will be swum by time with ages combined  
All events are HDW

**Age**

All events will be swum as age at 24th November 2024  
Individual age groups: 10/12 years, 13/14 years, 15 years & over

**Eligibility to enter**

This meet is open to swimmers who are affiliated to SASA

**Entries**

All entries must on Hy-Tek Team Manager entry file  
Entry files may be obtained by:  
Downloading from North District website ([www.sasanorth.org.uk](http://www.sasanorth.org.uk))  
Downloading from Swim Scotland website ([www.swimscotland.co.uk](http://www.swimscotland.co.uk))  
Email Meet Secretary Lesley Gatton ([hstmeetsec@gmail.com](mailto:hstmeetsec@gmail.com))

Entries may have to be limited dependent upon numbers received. In the event the meet is over-subscribed, entries will be accepted on fastest first across age groups as evenly as is practical. In the event that an event or an age group is undersubscribed, any time made available will be allocated to other events or age groups in that session

A draft programme will be emailed to each club for checking in advance of the meet

Please email completed entry file and summary sheet to Lesley Gatton ([hstmeetsec@gmail.com](mailto:hstmeetsec@gmail.com))

**Closing date for electronic entries is Friday 01 November 2024 at 17:00**

Summary sheet and fees must be received 3 days after the closing date

**Entry Fees**

All individual events will be £8.00 per event  
Entry fees must be received by Tuesday 05 November 2024 and will be accepted by cheque or Direct Bank Transfer using the bank details below  
Reference must be HSTAM24 followed by your club code e.g. HSTAM24NISX  
**Account number:** 00901665     **Sort code:** 80-91-26



# Highland Swim Team

## Autumn meet 2024

### **Consideration Times**

There are no consideration times for this meet, non-accredited or real times can be used  
NT entries will not be accepted

### **Early Withdrawals**

Withdrawals prior to the event may be sent by email to Lesley Gatton (hstmeetsec@gmail.com) by 17:00 at the latest on Thursday 21 November 2024

All details must be included on email withdrawals i.e. Name, Event no, Stroke, Event no.  
Telephone withdrawals will not be accepted

### **Medical Withdrawals**

Entry fees will be refunded in the event of a swimmer being unable to take part due to illness or injury, only in the circumstance where the swimmer can provide medical evidence confirming they are unfit to swim, within 14 days following the Meet. Email evidence to Meet Convenor Clair Adams (hstchair@gmail.com). The evidence should be dated not more than 4 weeks before the Meet and not more than 10 days following the last day of the meet

### **Withdrawals at the Meet**

Withdrawals from heats at the meet should be notified on the withdrawal form issued.  
These should be handed into the recorders' table at least 1 hour prior to the start of the appropriate session

### **Marshalling**

All swimmers must report to marshalling before their events and are advised to attend in good time. The start of a race will not be delayed for absent competitors nor for swimmers who have not presented themselves to the marshals prior to their heat

Reserves must marshal for their event unless they have withdrawn

### **Awards**

Medals will be awarded for 1st, 2nd and 3rd places. There will be no medal presentations.  
Medals can be collected from the designated medal table

### **Technical Officials**

List of Technical Officials for all sessions must be emailed to Lesley Gatton (hstmeetsec@gmail.com) no later than Saturday 16 November 2024

Submission of Technical Officials can be sent by email using the form below. Please complete one sheet for each session of the meet. Queries or changes to Technical Officials after the closing date should be directed to the relevant Meet Officials coordinator as above

### **Photos/video**

The use of mobile phones or other devices capable of photography/filming is not permitted at any time in the changing village, toilets or shower areas, and they must be switched to silent in the pool hall.

Anyone wishing to use photographic equipment, including video cameras must register with the Information Desk in the upper gallery

### **Technical Swimsuits**

As of 1st September 2022, new regulations came into force regarding technical swimsuits. From this date all swimmers 13 years and younger cannot compete wearing technical suits in Scottish Swimming licensed or registered events. For further information and FAQ's please see link below [Swimsuits | Scottish Swimming](#)

### **Transgender and Non-Binary Competition Policy**

As of 1st January 2024, the Scottish Swimming Transgender and Non-Binary Competition Policy will be implemented nationally across all aquatic sports. The policy and FAQ's can be found [HERE](#). Any policy related matters that arise during the event should be reported to and will be recorded by the Meet Convenor/Lead Referee and these matters will be communicated to and managed post event by the relevant Scottish Swimming Staff. At no point will members be challenged on the day of a competition with any matters being resolved post event.



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As a result of this policy being implemented, any competitor intending to compete within the Female category at this event will be required to provide confirmation that their birth sex is female when signing up to the meet conditions through entry. By entering the Female category, athletes are therefore confirming their birth sex is female and are eligible to compete in the Female category

### **Data Protection**

In order to operate this meet, we have a legitimate interest to collect and process some basic personal data from all competitors, specifically name, gender, date of birth.

This data will be held securely and only used for the purposes of managing the meet and reporting results. Dates of birth will only be shared with -

- Scottish Swimming for the purpose of maintaining the National Database which is used for Squad Selection
- Swim England for inclusion on Rankings

Names, gender and age (but not date of birth) will be retained and will be shared with attending clubs and may be published for the purpose of reporting and keeping records

### **Additional Notes**

1. All swimmers entered must have paid their SASA membership fee for the current year. Registration numbers must be shown on entry files.
2. All participants should adhere to the Scottish Swimming Code of Ethics and relevant Code of Conduct
3. A Licence has been applied for this competition and accreditation will be applied for to SASA
4. The Meet Organisers are available throughout the meet should there be any concerns or queries during the meet
5. Facility capacity will be prioritised for athletes and team staff
6. Spectating will be available at this meet
7. Swimmers must follow the instructions given to them by the meet officials and behave in a reasonable manner at all times
8. To comply with Health & Safety and Wellbeing & Protection policies please ensure that swimmers wear clothing and pool shoes, particularly on the stairs
9. Clubs are responsible for clearing their seating area of belongings, litter, etc before leaving at the end of the competition day. Bin liners and bins will be distributed around the facility - please use them
10. Coaches and team managers can request lunch passes at a cost of £9.00 per head per day. Requests should be submitted with the summary sheet and payment must be made along with entry fees
11. Officials should take their own refillable water bottle (not glass), there will be facility to refill water bottles
12. Over the top starts may be used

### **Meet Convenor**

Our meet convenor is Clair Adams [hstchair@gmail.com](mailto:hstchair@gmail.com)



# Highland Swim Team

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**23 and 24 November 2024**

### **Programme of Events**

#### **Session One – Saturday afternoon**

101	Female	10 & over	200m Freestyle
102	Male/Open	10 & over	200m Breaststroke
103	Female	10 & over	100m Backstroke
104	Male/Open	10 & over	100m Butterfly
105	Female	10 & over	100m IM
106	Male/Open	10 & over	200m Butterfly
107	Female	10 & over	100m Breaststroke

#### **Session Two – Sunday morning**

201	Male/Open	10 & over	200m Freestyle
202	Female	10 & over	200m Backstroke
203	Male/Open	10 & over	100m IM
204	Female	10 & over	100m Butterfly
205	Male/Open	10 & over	100m Backstroke
206	Female	10 & over	200m Breaststroke

#### **Session Three – Sunday afternoon**

301	Male/Open	10 & over	200m IM
302	Female	10 & over	200m Butterfly
303	Male/Open	10 & over	100m Breaststroke
304	Female	10 & over	100m Freestyle
305	Male/Open	10 & over	200m Backstroke
306	Female	10 & over	200m IM
307	Male/Open	10 & over	100m Freestyle



# Highland Swim Team Autumn meet 2024

23 and 24 November 2024  
SUMMARY SHEET

Meet secretary:  
Club Name/Code:  
Email address:

Address:  
Telephone number:

..... Individual Male/Open Entries @£8.00 per event	£
..... Individual Female Entries @£8.00 per event	£
..... Coach Meal Passes(Per day)@ £9.00	£
TOTAL	£

CLOSING DATE FOR ELECTRONIC ENTRIES – 01 NOVEMBER 2024 AT 17:00

Paperwork and payment to be received by Highland Swim Team Meet Secretary within 3 postal days of closing date

Send to:

Lesley Gatton  
152 Shillinghill  
Alness  
IV17 0TD

BACS payment reference HSTAM24 followed by club code to:  
Sort code 80-91-26, account number 00901665

Ensure you submit:     Electronic payment or cheque  
                                 Hy-tek Team Manager Entry File  
                                 Declaration and summary sheet

Late payment will result in electronic entries being rejected

**Declaration**

I confirm that all swimmers entered in this competition have paid their current SASA membership fee  
I confirm that all coaches and/or team staff from our club who will be on poolside are members of Scottish Swimming  
and have current PVG membership

Signed: \_\_\_\_\_ Position in Club: \_\_\_\_\_  
(This declaration **must** be completed by all competing clubs)

Date: \_\_\_\_\_



# Highland Swim Team Autumn meet 2024

**OFFICIALS SHEET** - Please Use this sheet for officials and email to the Meet Secretary

**Club:**  
STO Contact Name:  
Tel No:  
E-mail address:

**Meet Secretary:** Lesley Gatton  
**Email:** hstmeetsec@gmail.com

**No of swimmers entered:**

	Judge Name	Level		Timekeeper name	Session Choice
1			1		
2			2		
3			3		
4			4		
5			5		
6			6		
7			7		
8			8		
9			9		
10			10		

Please highlight any mentoring requirements