

EAST KILBRIDE



SWIM TEAM

East Kilbride Long Course

Age Group Meet

MEET INFORMATION

Saturday 14th May 2022

Dollan Aqua Centre

Brouster Hill

East Kilbride, G74 1AF

Under SASA and FINA Rules

Licence Number: L1/677/SS/MAY22

EAST KILBRIDE AGE GROUP LONG COURSE MEET 2022 MEET INFORMATION

Date: Saturday 14th May 2022

Venue: Dollan Aqua Centre, East Kilbride, G74 1AF

Pool: 6 lanes x 50m with full electronic timing

Time: **Sessions 1** Warm-up: 8.15am Start: 9.00am
Sessions 2 Warm-up: 12.30pm Start: 1.15pm
Sessions 3 Warm-up: 4.45pm Start: 5.15pm

Categories: 10-13, 14/15 years, 16 and Over

Age as at Sunday 15th May

Events: The programme for each category will be as follows:

50m on each of the 4 strokes

100m and 200m on each of the 4 strokes

200m and 400m Individual Medley

400m Freestyle

All events will be H.D.W for each age group

**ALL 50's and 400's in SESSION 3 WILL BE SWUM AS
MIXED GENDER AND SPLIT FOR RESULTS
PURPOSES**

Entry Fee: £7.50 per event

Closing Date:

Wednesday 20th April 2022

[Meet Web Page](#)

[Entry Form Link](#)

[Entry File Link](#)

We would like to invite you to the East Kilbride Long Course Open Age Group Meet for 2022. We hope to provide you with a great opportunity for your swimmers to compete Long Course at a great time of year.

Entry Times: No consideration times for this meet. The organisers reserve the right to make cuts to ensure a balanced programme and the smooth running of the meet. Entry times will be long course times; however, short course times converted to long course are acceptable.

Entries: Entries to be submitted by the closing date using Hy-Tek Team Manager meet file. Please ensure that it is completed correctly to show the FULL NAME OF SWIMMER, FULL DATE OF BIRTH, REGISTRATION NUMBER, EVENT NUMBER and ENTRY TIME. Events file supplied to clubs on request, along with instructions if needed. Files can be downloaded from the [Meet Web Page](#) or can be requested by email to derek@ekasc.co.uk.

Entry Form: <https://forms.gle/6eJjVKncygKBKw328>

Entry fees should be forwarded within 3 days of the closing date by Bank Transfer: **BACS: 82-69-03 – 10117014**

Withdrawals: Any withdrawals (inc. reserves) prior to the first day of the event should be notified by email to derek@ekasc.co.uk by 8pm on Thursday 12th May. Latest reserves will be notified and Start Sheets produced. Further withdrawals will result in empty lanes, which EKASC hold the right to fill for their swimmers. Programmes/Start Sheets/Results will be posted in the pool area via our 'Live Results Service' and on Meet Mobile. Results will be posted in the pool area and also on Meet Mobile.

Refunds: No refunds will be given after the closing date. Fees for rejected entries will be returned as soon as possible after the event.

Prizes: Medals will be given for 1st, 2nd and 3rd in all Age Group events.

Presentations: Medals can be collected at the medal table as soon as the results are available for each event.

Officials: To help with accreditation, clubs are kindly asked to provide at least two Technical Officials per session, one of which should be qualified to a minimum level of Judge Level 1.

Meet Rules

- The meet will be held under S.A.S.A. rules.
- Age as on the final day of the competition.
- All swimmers of Scottish clubs must have a current S.A.S.A. registration number.
- All swimmers of non-Scottish clubs must be registered with their governing body.
- The pool is 50 metres long with 6 lanes separated by anti-wave lane ropes.
- Electronic timing will be in operation. In the event of electronic failure, back-up manual timing will be used.
- Coaches must ensure that all swimmers can comply with the technical requirements of each stroke. This is a level 1 meet.
- Swimmers, coaches and team managers must ensure that all their swimmers can safely dive into deep or shallow water as prescribed by current/planned legislation.
- No photographic or video equipment will be allowed in any area under the jurisdiction of the meet organisers without prior approval of the meet director. Application must be made on the approved S.A.S.A. form.
- It is the responsibility of each club to ensure that their swimmers are aware of the meet rules and guidelines.

Miscellaneous

- Accreditation will be applied for under licence number – **L1/677/SS/MAY22**
- There will be a raffle or other fundraising activities.
- The promoters reserve the right to exclude or refuse admission to any competitor, spectator or team official.
- Swimmers and coaches must not take glassware into the showers or on to poolside and are liable for expulsion from the meet if found to do so.
- Neither EKASC nor the Dollan Aqua Centre can be held responsible for loss or damage to swimmers, team staff or spectator's property. Swimmers are strongly advised to secure property in the changing rooms and not to leave belongings lying around unattended.
- Swimmers out with the poolside must wear dry clothing and footwear at all times.
- Outdoor footwear must not be worn on the poolside.
- Anything not covered above and not printed in the event programme will be at the promoter's discretion.
- EKASC reserves the right to vary the above conditions as necessary.
- Swimwear should comply with the FINA and SASA requirements in place

on the day of the competition.

- **COVID-19: Everyone is asked to follow current guidelines set out by the Scottish Government and Scottish Swimming in conjunction with South Lanarkshire Leisure and Culture Ltd.**

Order of Events

Session 1

Event

101 Girls 200 IM
102 Boys 100 Breast
103 Girls 100 Breast
104 Boys 200 Free
105 Girls 200 Free
106 Boys 100 Back
107 Girls 100 Back
108 Boys 200 Fly
109 Girls 200 Fly

Session 2

Event

201 Boys 200 IM
202 Girls 100 Fly
203 Boys 100 Fly
204 Girls 200 Back
205 Boys 200 Back
206 Girls 100 Free
207 Boys 100 Free
208 Girls 200 Breast
209 Boys 200 Breast

Session 3

Event

301 Mixed 400 Free
302 Mixed 50 Fly
303 Mixed 50 Back
304 Mixed 400 IM
305 Mixed 50 Breast
306 Mixed 50 Free

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[Entry Form Link](#)

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