

# **EDINBURGH INTERNATIONAL SWIM MEET (50m) 2022**



**Royal Commonwealth Pool, Edinburgh  
11 – 13 March 2022**

**Supported by**



**Scottish  
Swimming**

Under FINA, SASA and WPS rules  
SASA Licence number: L1/673/SS/MAR22

**CLOSING DATES:**

**INDIVIDUAL ENTRIES – 3 FEBRUARY 2022 AT 12:00 (GMT)**

**CLUB / TEAM ENTRIES – 8 FEBRUARY 2022 AT 12:00 (GMT)**

**Meet promoter: City of Edinburgh Swimming International Trust**

The Edinburgh International Swim Meet will take place at the Royal Commonwealth Pool, Edinburgh, EH16 5BB from 11-13 March 2022. The annual event attracts a top-class field including British Swimming's elite athletes and leading athletes from Europe.

Times achieved in EISM 2022 can be used for qualification to the FINA World and LEN European Championships.

The meet is also licensed with World Para Swimming; times achieved can be used to claim European and World records, for qualification to the WPS World Championships and to achieve consideration times for the Commonwealth Games.

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## MEET SPONSORS

The Edinburgh International Swim Meet is supported by the City of Edinburgh Council, British Swimming and Scottish Swimming.

## VENUE

Royal Commonwealth Pool, 21 Dalkeith Road, Edinburgh, EH16 5BB. 8 lane 50 metre pool with full electronic timing. 6 lane 25m warm up and swim-down pool available throughout the day.  
<http://www.edinburghleisure.co.uk/venues/royal-commonwealth-pool/facilities>

## SWIMMING GROUPS

- Women
  - Open
  - Junior – born in 2005, 2006, 2007 and 2008
- Men
  - Open
  - Junior – born in 2004, 2005, 2006 and 2007
- Age as at 31<sup>st</sup> December 2022

## EVENTS – SEE APPENDIX 1

- 50m events in all strokes with an open and junior final and skins for the open finalists. The first round of the skins will constitute an open final with 8 swimmers, reducing to 6, 4, 3, 2 and a winner. Men's and women's skins events will be run alternately during the finals sessions. Rules for the skins events are detailed on the event website.
- 100m and 200m events for all strokes and 200 IM, with Open, B and Junior finals.
- 400m Freestyle and IM with Open, B and Junior finals.
- 800m and 1500m Freestyle swum as Heat Declared Winner, with the fastest heat being swum in the finals session.

## MULTI CLASSIFICATION EVENTS

We will accept entries for certain events (see Appendices 1 and 3) from swimmers with a recognised classification (WPS, BS, BBS, UKSA, or INAS-FID) which must be held on the Scottish Swimming, British Swimming or WPS Database / Masterlist at time of entry.

The MC events will be integrated into the morning heats, seeded by absolute time. There will be no separate MC finals, but MC athletes can qualify for finals based on time achieved.

## COVID-19

The safety of athletes, coaches, officials, organising, and pool staff is our priority. The event will be operated in line with the Scottish Government, Public Health Scotland, and Scottish Swimming guidance, current at the time of the competition taking place. Accordingly, we have developed protocols which athletes and others will be required to comply with. These protocols, which are subject to change, will be circulated to all participating clubs in advance of the meet. Failure to comply may result in exclusion from the Meet, with no refund

Athletes travelling from outside the United Kingdom must comply with any Scottish Government requirements on entering the country.

A decision as to whether spectators will be able to attend will be made closer to the event and will be based on Scottish Government, Scottish Swimming and venue rules and guidance in place at the time.

## QUALIFICATION AND CONSIDERATION TIMES – SEE APPENDICES 2 & 3

Qualification and consideration times are detailed in Appendices 2 and 3. Please do not submit times that are slower than the consideration times as detailed. We will not offer refunds for any submitted entries that are slower than the consideration times.

The organisers reserve the right to make cuts to ensure a balanced programme and the smooth running of the meet. Swimmers with a qualifying time will not be cut and swimmers with faster consideration times will take priority.

## TRAINING AND SESSION TIMES

The pool will be available on 10 March 2022 for training. Details will be posted on <http://www.eism.org.uk>

Indicative session times (TBC when the final programme is ready) are as follows:

### Heats

- Warm up 07:30 – 8:20 in 50m pool. 7:30 onwards in 25m pool
- Session start - faster heats 08:30
- Session start – slower heats 11:15

### Finals

- Warm up 16:30 – 17:20 (Sunday 16:00 – 16:50)
- Session start 17:30 (Sunday 17:00)

Swimmers with qualifying times (Open and Junior) will swim in the faster heats. Swimmers with consideration times will swim in the slower heats.

## ENTRIES AND TIMELINES

All entry times must have been set at an accredited competition since 1<sup>st</sup> January 2021. These should be from meets recorded in the British Swimming, FINA or WPS rankings, or from a meet sanctioned by a National Governing Body. An exception exists for the Women's 1500m Freestyle, where entries (with submitted times within the consideration time) will be accepted from swimmers without an accredited time but who meet the consideration time for the 800m Freestyle.

Entries must be submitted as long course times. Conversions from short course, split times and lead off relay times are permitted. A proof of times report must be submitted

Entries from individuals ONLY can be submitted on the individual entry form available from our website.

**This is provided for clubs or teams that are sending only one swimmer to the event.** Reflecting the additional time needed to process individual entries, **the closing date for individual entries is a few days earlier, by 12:00 GMT on 3 February 2022.**

Clubs can get instructions on completing entry files from [Edininternationalentries@gmail.com](mailto:Edininternationalentries@gmail.com).

No refunds will be given after acceptances are published or for entries submitted outside the consideration times. Fees for rejected entries will be returned to clubs during the event or shortly afterwards.

**Closing date for individual entries 12.00 (GMT) Wednesday, 3 February 2022.**

**Closing date for club/team entries 12.00 (GMT) Monday, 8 February 2022.**

**Draft programme issued on Monday, 15 February 2022.**

**Final programme & other information to clubs by 20 February 2022.**

## ENTRY FEES AND PAYMENT:

£11.00 per event. To pay by bank transfer, make payment as follows:

Account name	SASA East District
Bank	Bank of Scotland
Branch	Musselburgh
Account No	06001834
Sort Code	80-17-68
IBAN	GB 16 BOFS 80176806001834.
Your reference – please quote	<b>e22/ent/then add club code or team name</b>

A completed copy of the summary form must be sent to [Edininternationalentries@gmail.com](mailto:Edininternationalentries@gmail.com) when entries are submitted. A copy of this form should be emailed to [sasaeastdistricttreasurer@eism.org.uk](mailto:sasaeastdistricttreasurer@eism.org.uk) when electronic bank payments are made.

## WITHDRAWALS, RESERVES AND REPORTING TIMES

Details on the withdrawal process for heats and finals are available at <http://www.eism.org.uk>

A maximum of four reserves will be selected for the heats of each event. Four reserves will be named for finals in the 100m and 200m events. There will be two reserves for 400m and Junior finals. Where a reserve is brought in at short notice, they will occupy a vacant lane. There will be no reseeding.

Coaches, team leaders and support staff will be provided with a timeline for each session. Swimmers must report to the call room/marshalling area in line with this timeline or any subsequent amendment issued.

## COACHES' AND TEAM LEADERS' INFORMATION AND PACKS

Athletes, coaches, and support staff will only be permitted poolside if they can show official accreditation. Swimmers should only enter the building for a session when they are swimming or are a reserve. Coaches with Scottish Swimming passes issued in 2021 may use these for the EISM. Coaches and team leaders requiring an event pass should follow the process outlined on the EISM website at <http://www.eism.org.uk>. There is no charge for accreditation passes. Accreditation passes will be available for all athletes participating at the Meet and can be collected from the venue from 2pm on Thursday 10<sup>th</sup> March 2022.

Note that clubs may be required to restrict the number of coaches present to minimise numbers on poolside.

A coaches and team leaders meeting will take place on Thursday 10 March – details will be circulated nearer to the event

## TEAM ACCOMMODATION AND TRAVEL

Teams will be responsible for arranging their own travel, accommodation, and catering. The following websites may assist teams:

<https://www.visitscotland.com/destinations-maps/edinburgh/accommodation/>

<https://edinburgh.org/hotels/>

There are regular trams and buses from the airport to the city centre. Uber and taxi services are also widely available. More details will be provided on <http://www.eism.org.uk>

## TECHNICAL OFFICIALS

Offers of help from officials from outside the district are welcome. Details will be provided on the website <http://www.eism.org.uk>

## PHOTOGRAPHY

Any person wishing to use video/other photography must register their device at the coaches' desk in the foyer area of the pool. Throughout this event there will be authorised personnel taking static photographs and video footage. These images are intended solely for the purpose of future promotion of the event and will include live streaming on the internet. Images may be made available to our media partners and uploaded to our website and our social network sites. Should any competitor wish not to be photographed please complete a form, available from the meet organiser. If at any time a competitor wishes an image to be removed from our website, 7 days' notice must be given to [info@eism.org.uk](mailto:info@eism.org.uk) after which the data will be removed.

## RESULTS / LIVE STREAMING

Live results will be available on meet mobile and will be posted on the EISM website <http://www.eism.org.uk> The event will be live streamed.

## PARKING

A limited number of parking spaces will be reserved in the pool car parks for team minibuses. Please apply for a pass by 8 February 2022. Blue badge holders will also be able to access a parking space at the RCP. Other car parking information is posted on our website. This provides information on other local parking options and use of park and ride facilities.

## MEET CONDITIONS/RULES

While every reasonable effort will be made for the competition to happen, the regular changes in COVID restrictions continues to provide some unpredictability when planning competitions. No guarantee can be given that the event will take place. The City of Edinburgh Swimming International Trust reserves the right to cancel the meet without notice and without liability for doing so if required. The competition will not be rescheduled if it is unable to take place on the scheduled date. In the event of cancellation or abandonment of the event, refunds if any, will be made at the absolute discretion of The City of Edinburgh Swimming International Trust. The City of Edinburgh Swimming International Trust will have no legal liability to make a refund or to pay any form of consequential or indirect damage such as loss of enjoyment, travel, catering, and accommodation.

A full list of meet conditions is available on our website and will be published in the programme. Please note:

- The meet organisers reserve full powers over the Edinburgh International Swim Meet.
- The competition will be held under FINA and WPS Rules, and the conditions printed in the meet information and on the EISM website. For areas not covered by FINA and WPS Rules, SASA regulations as set by Scottish Swimming, and Edinburgh Leisure facility guidelines, will apply.
- The meet is licensed by Scottish Swimming and World Para Swimming.
- Entries will only be accepted from competitors registered as members of countries affiliated to FINA and whose swimmers have the permission of the relevant Governing Body to attend.
- A competitor must be a registered member, or equivalent, of the club in whose name they are entered, at the date of entry.
- COVID19 protocols, as issued to teams, must be complied with at all times.
- Drug testing facilities may be available on site. Random drug tests may also be made, in line with British and Scottish Swimming standard procedure.
- Mobile phones / other photography devices must not be used in the changing rooms, showers, and toilet areas. Those found using mobile phones, breaching this rule, may be excluded from the meet.
- Swimmers should use the facilities provided in the changing village. They should not change in the seating area or toilets.
- Anything not covered above or included in ancillary information will be at the promoters' discretion.

# EDINBURGH INTERNATIONAL SWIM MEET

## 11-13 March 2022

### SUMMARY SHEET

<b>Club</b>			
<b>Contact</b>			
<b>Address</b>			
<b>Post code</b>		<b>Telephone number</b>	
<b>Email address:</b>			

Double click anywhere in grid below then add the number of entries, etc. in second column. Click anywhere outside the grid to return to normal mode.

<b>No. of Female Entries</b>		@ £ 11.00 each	£	-	
<b>No. of Male Entries</b>		@ £11.00 each	£	-	
<b>Total Remittance</b>			£	-	

Email a copy of this form with your entries to [Edininternationalentries@gmail.com](mailto:Edininternationalentries@gmail.com) by 8 February 2022.

**AND email a copy of this form when electronic payment is made to [sasaeastdistricttreasurer@gmail.com](mailto:sasaeastdistricttreasurer@gmail.com)**

**All payments to be received by 15 February 2022.**

## APPENDIX 1 - EVENT PROGRAMME

Friday 11 <sup>th</sup> March	Saturday 12 <sup>th</sup> March	Sunday 13 <sup>th</sup> March
<b>Session 1: Morning – Heats</b>	<b>Session 3: Morning – Heats</b>	<b>Session 5: Morning – Heats</b>
Men's 1500m Freestyle (HDW) <b>Women's 100m Backstroke</b> <b>Men's 100m Backstroke</b> Women's 200m Butterfly <b>Men's 200m Freestyle</b> <b>Women's 50m Freestyle</b> <b>Men's 50m Butterfly</b> <b>Women's 400m Freestyle</b> Men's 200m Breaststroke <b>Women's 100m Breaststroke</b> <b>Men's 150m IM</b> <b>Men's 200m IM</b>	Men's 400m IM Women's 800m Freestyle (HDW) <b>Men's 50m Backstroke</b> <b>Women's 50m Backstroke</b> <b>Men's 100m Breaststroke</b> <b>Women's 100m Butterfly</b> Men's 200m Butterfly Women's 400m IM <b>Men's 50m Freestyle</b> <b>Women's 50m Breaststroke</b> Men's 800m Freestyle (HDW) <b>Women's 200m Freestyle</b>	Women's 1500m Freestyle <b>Men's 50m Breaststroke</b> <b>Women's 50m Butterfly</b> Men's 200m Backstroke Women's 200m Backstroke <b>Men's 100m Freestyle</b> Women's 200m Breaststroke <b>Men's 400m Freestyle</b> <b>Women's 100m Freestyle</b> <b>Men's 100m Butterfly</b> <b>Women's 150m IM</b> <b>Women's 200m IM</b>
<b>Session 2: Evening - Finals</b>	<b>Session 4: Evening - Finals</b>	<b>Session 6: Evening - Finals</b>
Men's 1500m Freestyle (fastest heat) Women's 100m Backstroke Junior, B and Open final Men's 100m Backstroke Junior, B and Open final Women's 200m Butterfly Junior, B and Open Final Men's 200m Freestyle Junior, B and Open final Women's 50m Freestyle Junior Final Men's 50m Butterfly Junior Final Women's 50m Freestyle / Men's 50m Butterfly Skins Women's 400m Freestyle Junior, B and Open final Men's 200m Breaststroke Junior, B and Open final Women's 100m Breaststroke Junior, B and Open final Men's 200m IM Junior, B and Open final	Men's 400m IM Junior, B and Open final Women's 800m Freestyle (fastest heat) Men's 50m Backstroke Junior Final Women's 50m Backstroke Junior final Men's 50m Backstroke / Women's 50m Backstroke Skins Men's 100m Breaststroke Junior, B and Open final Women's 100m Butterfly Junior, B and Open final Men's 200m Butterfly Junior, B and Open Final Women's 400m IM Junior, B and Open final Men's 50m Freestyle Junior Final Women's 50m Breaststroke Junior final Men's 50m Freestyle / Women's 50m Breaststroke Skins Men's 800m Freestyle (fastest heat) Women's 200m Freestyle Junior, B and Open final	Women's 1500m Freestyle (fastest heat) Men's 50m Breaststroke Junior Final Women's 50m Butterfly Junior final Men's 50m Breaststroke / Women's 50m Butterfly Skins Men's 200m Backstroke Junior, B and Open final Women's 200m Backstroke Junior, B and Open final Men's 100m Freestyle Junior, B and Open final Women's 200m Breaststroke Junior, B and Open final Men's 400m Freestyle Junior, Bpen final Women's 100m Freestyle Junior, B and Open final Men's 100m Butterfly Junior, B and Open final Women's 200m IM Junior, B and Open final

Events in bold include MC athletes



## APPENDIX 2 - QUALIFICATION AND CONSIDERATION TIMES

OPEN				
Men			Women	
QT	CT		QT	CT
0:24.05	0:26.01	<b>50 Freestyle</b>	0:26.95	0:29.15
0:52.05	0:56.30	<b>100 Freestyle</b>	0:58.10	1:02.84
1:54.85	2:04.22	<b>200 Freestyle</b>	2:05.90	2:16.17
4:06.00	4:26.07	<b>400 Freestyle</b>	4:25.25	4:46.89
8:30.60	9:12.26	<b>800 Freestyle</b>	9:03.00	9:47.31
16:17.00	17:36.72	<b>1500 Freestyle</b>	17:28.00	18:53.52
0:30.00	0:32.45	<b>50 Breaststroke</b>	0:33.75	0:36.50
1:06.00	1:11.39	<b>100 Breaststroke</b>	1:14.00	1:20.04
2:25.25	2:37.10	<b>200 Breaststroke</b>	2:40.00	2:53.06
0:25.65	0:27.74	<b>50 Butterfly</b>	0:28.40	0:30.72
0:56.80	1:01.43	<b>100 Butterfly</b>	1:03.25	1:08.41
2:08.30	2:18.77	<b>200 Butterfly</b>	2:20.70	2:32.18
0:27.50	0:29.74	<b>50 Backstroke</b>	0:30.50	0:32.99
0:59.00	1:03.81	<b>100 Backstroke</b>	1:04.90	1:10.20
2:09.10	2:19.63	<b>200 Backstroke</b>	2:20.00	2:31.42
2:10.50	2:21.15	<b>200 IM</b>	2:23.15	2:34.83
4:38.00	5:00.68	<b>400 IM</b>	5:02.45	5:27.13

JUNIOR				
Men born in 2004 - 2007; Women born in 2005 - 2008				
Men			Women	
QT	CT		QT	CT
0:24.95	0:26.99	<b>50 Freestyle</b>	0:27.60	0:29.85
0:54.25	0:58.68	<b>100 Freestyle</b>	0:59.70	1:04.57
1:58.50	2:08.17	<b>200 Freestyle</b>	2:09.30	2:19.85
4:12.00	4:32.56	<b>400 Freestyle</b>	4:32.50	4:54.74
8:36.00	9:18.11	<b>800 Freestyle</b>	9:16.00	10:01.37
16:41.00	18:02.68	<b>1500 Freestyle</b>	17:50.00	19:17.31
0:31.30	0:33.85	<b>50 Breaststroke</b>	0:34.80	0:37.64
1:09.10	1:14.74	<b>100 Breaststroke</b>	1:15.60	1:21.77
2:31.00	2:43.32	<b>200 Breaststroke</b>	2:43.20	2:56.52
0:26.80	0:28.99	<b>50 Butterfly</b>	0:29.30	0:31.69
0:59.00	1:03.81	<b>100 Butterfly</b>	1:05.10	1:10.41
2:12.50	2:23.31	<b>200 Butterfly</b>	2:25.50	2:37.37
0:28.40	0:30.72	<b>50 Backstroke</b>	0:31.10	0:33.64
1:00.70	1:05.65	<b>100 Backstroke</b>	1:06.80	1:12.25
2:12.60	2:23.42	<b>200 Backstroke</b>	2:24.20	2:35.97
2:14.50	2:25.48	<b>200 IM</b>	2:25.70	2:37.59
4:46.00	5:09.34	<b>400 IM</b>	5:09.00	5:34.21

QT = Qualification Time. Any swimmer with a QT for a given stroke/event is **guaranteed** to swim in that event and for all distances up to 400m will swim in the morning session.  
 CT = Consideration Time. These allow swimmers to enter but do not guarantee a swim. If we cannot accommodate everyone within a reasonable session length, we will reject the slowest entries, based on time, across the different events that day. This will be done proportionately across events in the session in both the open and youth categories.

## APPENDIX 3 - QUALIFICATION AND CONSIDERATION TIMES: MC EVENTS

## 50m Freestyle

	Men		Women	
	QT	CT	QT	CT
<b>S1</b>	01:43.56	01:48.06	01:36.73	01:40.93
<b>S2</b>	01:14.46	01:17.70	01:24.74	01:28.43
<b>S3</b>	00:52.84	00:55.14	01:09.14	01:12.14
<b>S4</b>	00:43.22	00:45.10	00:46.98	00:49.02
<b>S5</b>	00:36.05	00:37.62	00:44.14	00:46.06
<b>S6</b>	00:34.97	00:36.49	00:38.41	00:40.08
<b>S7</b>	00:32.19	00:33.59	00:38.11	00:39.77
<b>S8</b>	00:31.12	00:32.47	00:35.83	00:37.39
<b>S9</b>	00:28.97	00:30.23	00:33.48	00:34.93
<b>S10</b>	00:27.03	00:28.20	00:31.90	00:33.29
<b>S11</b>	00:30.11	00:31.42	00:34.26	00:35.75
<b>S12</b>	00:27.43	00:28.62	00:31.72	00:33.10
<b>S13</b>	00:27.75	00:28.96	00:31.13	00:32.48

## 100m Freestyle

	Men		Women	
	QT	CT	QT	CT
<b>S1</b>	03:30.32	03:39.47	04:47.07	04:59.56
<b>S2</b>	02:32.29	02:38.92	03:13.15	03:21.55
<b>S3</b>	02:06.79	02:12.30	02:06.07	02:11.56
<b>S4</b>	01:35.37	01:39.52	01:48.97	01:53.71
<b>S5</b>	01:21.42	01:24.96	01:33.94	01:38.03
<b>S6</b>	01:15.27	01:18.54	01:25.88	01:29.62
<b>S7</b>	01:11.23	01:14.33	01:22.08	01:25.64
<b>S8</b>	01:07.30	01:10.22	01:17.77	01:21.16
<b>S9</b>	01:04.34	01:07.14	01:12.90	01:16.07
<b>S10</b>	00:59.17	01:01.74	01:09.78	01:12.82
<b>S11</b>	01:07.97	01:10.92	01:16.54	01:19.87
<b>S12</b>	01:00.80	01:03.44	01:09.29	01:12.30
<b>S13</b>	01:01.63	01:04.31	01:08.37	01:11.34
<b>S14</b>	01:00.31	01:02.93	01:10.25	01:13.31

## 200m Freestyle

	QT	CT	QT	CT
<b>S1</b>	05:54.09	06:09.48	07:37.04	07:56.92
<b>S2</b>	04:52.30	05:05.00	07:59.94	08:20.81
<b>S3</b>	03:54.52	04:04.72	05:53.57	06:08.94
<b>S4</b>	03:20.95	03:29.69	04:14.58	04:25.64
<b>S5</b>	03:02.40	03:10.33	03:11.65	03:19.98
<b>S14</b>	02:11.63	02:17.35	02:28.96	02:35.44

## 400m Freestyle

	QT	CT	QT	CT
<b>S6</b>	05:50.57	06:05.81	05:59.80	06:15.44
<b>S7</b>	05:20.79	05:34.74	05:58.67	06:14.27
<b>S8</b>	05:08.74	05:22.16	05:38.81	05:53.54
<b>S9</b>	04:51.57	05:04.25	05:21.22	05:35.18
<b>S10</b>	04:40.50	04:52.69	05:12.56	05:26.15
<b>S11</b>	05:16.12	05:29.87	05:53.69	06:09.07
<b>S12</b>	05:18.38	05:32.22	05:38.18	05:52.88
<b>S13</b>	04:38.62	04:50.74	05:17.25	05:31.04
<b>S14</b>	04:57.83	05:10.78	05:49.17	06:04.36

**50m Backstroke**

**S1**  
**S2**  
**S3**  
**S4**  
**S5**

QT	CT	QT	CT
01:24.85	01:28.54	02:36.30	02:43.09
01:05.91	01:08.77	01:20.72	01:24.23
00:52.41	00:54.68	01:03.38	01:06.13
00:48.96	00:51.08	00:55.61	00:58.03
00:38.39	00:40.06	00:49.77	00:51.94

**100m Backstroke**

**S1**  
**S2**  
**S6**  
**S7**  
**S8**  
**S9**  
**S10**  
**S11**  
**S12**  
**S13**  
**S14**

QT	CT	QT	CT
02:54.89	03:02.50	05:09.71	05:23.17
02:20.38	02:26.48	02:55.31	03:02.93
01:27.10	01:30.89	01:33.33	01:37.39
01:20.59	01:24.10	01:34.32	01:38.42
01:17.15	01:20.51	01:30.06	01:33.97
01:11.25	01:14.35	01:21.67	01:25.22
01:09.46	01:12.48	01:19.28	01:22.73
01:19.76	01:23.23	01:28.53	01:32.38
01:10.46	01:13.52	01:19.56	01:23.02
01:08.84	01:11.83	01:16.46	01:19.79
01:08.33	01:11.30	01:18.12	01:21.52

**50m Breaststroke**

**SB1**  
**SB2**  
**SB3**

QT	CT	QT	CT
02:20.79	02:26.92	02:36.19	02:42.98
01:11.38	01:14.48	02:04.68	02:10.10
00:56.72	00:59.18	01:07.88	01:10.84

**100m Breaststroke**

**SB4**  
**SB5**  
**SB6**  
**SB7**  
**SB8**  
**SB9**  
**SB11**  
**SB12**  
**SB13**  
**SB14**

QT	CT	QT	CT
01:55.23	02:00.24	02:06.91	02:12.43
01:42.36	01:46.81	01:59.15	02:04.33
01:33.26	01:37.32	01:49.82	01:54.60
01:28.52	01:32.36	01:47.32	01:51.98
01:20.40	01:23.89	01:36.71	01:40.92
01:18.27	01:21.67	01:29.23	01:33.11
01:23.51	01:27.14	01:38.95	01:43.25
01:15.62	01:18.91	01:29.99	01:33.90
01:14.72	01:17.96	01:26.42	01:30.18
01:15.80	01:19.09	01:27.32	01:31.12

**50m Butterfly**

**S1**  
**S2**  
**S3**  
**S4**  
**S5**  
**S6**  
**S7**

QT	CT	QT	CT
05:00.00	05:00.00	05:00.00	05:00.00
02:57.55	02:57.55	03:57.64	03:57.64
01:02.96	01:05.70	01:20.10	01:23.58
01:03.54	01:06.30	00:57.78	01:00.29
00:36.65	00:38.24	00:52.13	00:54.40
00:36.27	00:37.85	00:41.85	00:43.67
00:33.74	00:35.21	00:39.47	00:41.18

**100m Butterfly**

**S8**  
**S9**  
**S10**  
**S11**  
**S12**  
**S13**  
**S14**

QT	CT	QT	CT
01:12.68	01:15.84	01:31.92	01:35.92
01:09.62	01:12.65	01:18.69	01:22.12
01:06.31	01:09.19	01:17.83	01:21.22
01:14.49	01:17.72	02:01.57	02:06.85
01:06.48	01:09.37	01:16.31	01:19.63
01:05.55	01:08.40	01:16.43	01:19.75
01:04.03	01:06.82	01:16.48	01:19.80

**150m IM**

**SM1**  
**SM2**  
**SM3**  
**SM4**

QT	CT	QT	CT
06:00.00	06:00.00	07:00.00	07:00.00
05:35.90	05:50.51	06:03.18	06:18.97
03:26.90	03:35.89	03:59.53	04:09.95
03:02.57	03:10.51	03:12.52	03:20.89

**200m IM**

**SM5**  
**SM6**  
**SM7**  
**SM8**  
**SM9**  
**SM10**  
**SM11**  
**SM12**  
**SM13**  
**SM14**

QT	CT	QT	CT
03:55.18	04:05.40	04:08.33	04:19.13
03:05.48	03:13.55	03:24.03	03:32.90
02:54.32	03:01.90	03:28.87	03:37.96
02:42.76	02:49.84	03:13.04	03:21.43
02:36.45	02:43.25	02:58.99	03:06.77
02:31.10	02:37.67	02:49.08	02:56.44
02:50.17	02:57.56	03:10.45	03:18.73
02:38.39	02:45.28	02:52.75	03:00.26
02:30.41	02:36.95	02:50.11	02:57.50
02:29.41	02:35.90	02:51.59	02:59.05