

WARRENDER BATHS CLUB

District Graded Meet

**Saturday 4th December
2021**

At

**Michael Woods Sport and Leisure Centre
KY6 2RD**



WARRENDER BATHS CLUB

Would like to invite entry applications for their

DISTRICT GRADED MEET

(Under S.A.S.A. Laws and Licence Number L2/ED/006/DEC21)

Winter Graded Meet - General Information

- Date:** Saturday 4th December, 2021
- Venue:** Michael Woods Centre, Glenrothes KY6 2RD
- Pool:** 8 lane 25 metre; full electronic timing with 8 lane display scoreboard; anti-wave lane ropes; spectator area; cafeteria; swim shop.
- Time:**
- | Girls warm-up | Boys warm-up | Start | Finish |
|----------------------|---------------------|--------------|---------------|
| 09:00-09:25 | 09:25-09:50 | 10:00 | 12:45 |
| 13:35-13:55 | 13:15-13:35 | 14:00 | 17:00 |
- Age groups:** 12 years, 13 years, 14 years, 15 years and 16-17 years, as at 4th December 2021
- Events:** 100m Butterfly, 100m Backstroke, 100m Breaststroke, 200m Freestyle, 200m I.M (Top 8 in each age group based on accumulated scores will be invited to swim the 200 I.M, **please do not enter this event at the time of entry**)
- Entry Fees:** £7.50 per individual event
- Coaches Pass:** Free (please indicate the number of coaches you wish to have on poolside on the summary sheet. Names should be provided in advance.)
- Lunches:** Lunches will not be provided for coaches, team staff or STO's
- Spectators:** In line with centre restrictions and Covid-19 protocols, there will be no spectators allowed at this meet.
- Awards:** The focus of the meet is to give swimmers the opportunity to enjoy racing and update their times and so in keeping with best practice for Covid-19 no medals or other awards will be handed out.
- Officials:** We ask that visiting clubs inform us of qualified Judges that are able to support the event by emailing sto@swimwarrender.com no later than Friday 26th November. We will be following a reduced STO framework and unfortunately mentoring will not be possible.
- Closing date for entries:** **Noon Wednesday 17th November 2021**

All entries should be submitted by email on the appropriate file and returned to:

Susan Liddle
9 Rullion Road
Penicuik EH26
9HS

E-mail: susan.liddle@googlemail.com

District Graded Meet - Specific Information

Meet Rules

- The meet shall be held under FINA Rules.
- Ages as at 4th December 2021
- All entrants must have a current S.A.S.A. registration number.
- Only swimmers who are first claim swimmers of an East District Club and therefore eligible to swim in the EDAGs may enter this meet
- Swimmers who have one or more time equal to or faster than the youth or senior qualifying times for the Scottish Winter Meet are not eligible to enter this meet.
- The pool is 25 metres long with 8 lanes separated by anti-wave lane ropes.
- Electronic timing will be in operation. In the event of electronic timing failure, the back-up manual timing will be used.
- Swimmers, coaches and team managers must ensure that all their swimmers can safely dive into deep or shallow water as prescribed by current/planned legislation. There will be no diving at the shallow end of the pool.
- There will be no accreditation passes provided, swimmers will be checked in on the day
- All coach and poolside personnel will be expected to have a valid PVG and East District Pass.
- **Numbers of coaches and personnel attending with each club will be restricted due to COVID 19/facility policies. Coach names must be submitted to the event organiser beforehand for permission. Confirmation of named personnel will be emailed after the draft programme has been published.**
- No photographic or video equipment will be allowed in any area under the jurisdiction of the meet organisers without prior approval. Application must be made on the approved S.A.S.A. form.
- It is the responsibility of each club to ensure that their swimmers are aware of the meet rules and guidelines.

Entries

- Closing date for entries is Noon Wednesday 17th November 2021. Late entries will not be accepted.
- All entries must be made on the relevant electronic files and submitted by email. Entry files can be requested by returning the appropriate form enclosed in this information or via e-mail.
- Entries will be automatically rejected if submitted with times faster than those listed in the table on page 8. Entry times should be based on the coaches best estimate and should be as accurate as possible.
- This is a level 2 meet, coaches should ensure that all swimmers can comply with the technical requirements of the stroke when making the entry.
- Withdrawals must be made using the online form no later than 2pm on Thursday 2nd December 2021
- The promoters reserve the right to restrict entries to facilitate the smooth running of the Meet. Entries will be accepted on time basis. Rejected entries will be refunded in full.

Events

- All events will be swum on a Heat Declared Winner basis, apart from the 200 I.M which will be swum as a final.
- The Top 8 from each event will be scored (8,7,6,5,4,3,2,1) and the accumulated scores from each of the events contested will be added together to determine the 8 swimmers in each age group that will be invited to contest the 200m Individual Medley
- Heats will be seeded after the withdrawals close on 2nd December. Any withdrawals after this time will result in an empty lane. All heats will be spearheaded based on entry times, fastest to slowest, with the fastest swimmers in the final heat. Start sheets will then be issued to clubs and coaches by email, using the email address provided.
- Swimmers must report to the competitor stewards in the designated marshalling area no more than three heats in advance.

Costs

Entry fees: £7.50 per individual event
Coaches passes: Free

WARRENDER BATHS CLUB

District Graded Meet:

Warm-ups and Session Times

	Girls warm-up	Boys warm-up	Start	Finish
Session 1:	09:00-09:25	09:25-09:50	10:00	12:45
Session 2:	13:35-13:55	13:15-13:35	14:00	17:00

- The warm-ups may only commence when advised to do so by the warm-up marshals.
- There will be no diving allowed in warm-ups other than those in controlled sprint lanes.
- Swimmers must keep moving during warm-ups and avoid congestion in any part of the pool.
- Sprint lanes will be made available during the final ten minutes of each warm-up period. Stewards may control these as necessary to avoid congestion.
- Lanes 1, 3, 5 and 7 are to be swum in a clockwise direction and Lanes 2, 4, 6 and 8 swum in an anti-clockwise direction.

Miscellaneous

- A licence number has been received under Licence Number (L2/ED/006/DEC21)
- Amenities for the meet: The Michael Woods Centre has vending machines and a cafeteria serving refreshments which will be open most of the day.
- The centre also provides ample parking.
- In line with centre restrictions and Covid-19 protocols, there will be no spectators allowed at this meet. Parents are encouraged not to enter the Michael Woods Centre.
- The promoters reserve the right to exclude or refuse admission to any competitor or team official.
- Swimmers and coaches must not take glassware into the showers or on to poolside and are liable for expulsion from the meet if found to do so.
- Neither Warrender Baths Club nor the Michael Woods Centre can be held responsible for loss or damage to swimmers, team staff or spectator's property. Swimmers are strongly advised to secure property in the lockers provided in the changing rooms and not to leave belongings lying around unattended.
- Swimmers out with the poolside must wear dry clothing and footwear at all times.
- Outdoor footwear must not be worn on the poolside area.
- Anything not covered above and not printed in the event programme will be at the promoter's discretion.
- Warrender Baths Club reserve the right to vary the above conditions as necessary.

WARRENDER BATHS CLUB

District Graded Meet:

COVID-19

We want to ensure the return to competition, as far as is possible, for everyone attending, is a safe and healthy environment that will be an enjoyable and successful.

All competition in Scotland will be operated in line with the [Scottish Government](#) and [Public Health Scotland](#) guidance and with the [Scottish Swimming Competition Management Guidance Document](#), current at the time of the competition taking place.

There may be specific conditions of attendance at the meet. Full details will be issued nearer the date of the competition.

All competitors and other attendees are required to adhere to the conditions of the competition to ensure that we all stay compliant and safe. **Anyone failing to follow the conditions will be refused access or removed from the venue and no refund will be offered**

At present Scotland is at below Level 0. However, these levels of restriction may have changed by the competition dates. Warrender Baths Club will be guided by and will implement all relevant requirements requested by sportscotland, Scottish Swimming and the Scottish Government at that time.

Competition Disclaimer

While every reasonable effort will be made for the competition to happen, potential changes in COVID restrictions may restrict or prevent the competition from taking place. The conditions for the meet and whether the competition ultimately take place is dependent on the local restrictions in place on facilities, the sporting activity and the participants.

In the event of cancellation or abandonment of the event, refunds if any, will be made at the absolute discretion of Warrender Baths Club. Warrender Baths Club will have no legal liability to make a refund or to pay any form of consequential or indirect damage such as loss of enjoyment, travel, catering and accommodation.

WARRENDER BATHS CLUB

District Graded Meet:

4th December 2021

Health and Safety Announcement

Controlling the Use of Photographic Equipment

The meet will run under the following guidelines as set out by the Scottish Amateur Swimming Association:

No photographic equipment (e.g., camera, camcorder etc,) is to be allowed on poolside, in the spectator gallery or any other area under the jurisdiction of the meet organisers without prior approval of the meet director.

Application to use photographic equipment must be made on the approved S.A.S.A. form enclosed with this information.

Application can be made on the day to the meet director or to the meet directors appointed official. Applicants must provide proof of identity when applying and carry such proof when intending to use their photographic equipment.

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District Graded Meet: 4th December 2021

Programme of Events

SATURDAY 4th DECEMBER:

SESSION 1: Girls warm-up: 09:00 - 09:25 Start: 10:00
 Boys warm-up: 09:25 - 09:50 Finish: 12:45

EVENT NO.		AGE	EVENT		
101	Girls	12/over	200m	Freestyle	HDW
102	Boys	12/over	100m	Breaststroke	HDW
103	Girls	12/over	100m	Backstroke	HDW
104	Boys	12/over	100m	Butterfly	HDW

SESSION 2: Boys warm-up: 13:15 - 13:35 Start: 14:00
 Girls warm-up: 13:35 - 13:55 Finish: 17:00

201	Boys	12/over	200m	Freestyle	HDW
202	Girls	12/over	100m	Breaststroke	HDW
203	Boys	12/over	100m	Backstroke	HDW
204	Girls	12/over	100m	Butterfly	HDW
305	Boys	12/over	200m	I.M	FINAL
306	Girls	12/over	200m	I.M	FINAL

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Any swimmer with **one or more** of the times below (short course, or long course time converted to short course) will be ineligible to enter this meet:

CUT OFF TIMES	GIRLS	BOYS
200m Freestyle	2:10.98	2:00.15
100m Backstroke	1:08.03	1:02.22
100m Breaststroke	1:18.68	1:09.89
100m Butterfly	1:07.27	1:01.06

WARRENDER BATHS CLUB

District Graded Meet:

Summary Entry Form

*** This form must be completed and returned with any entries. ***

Club Name:

Contact Name:

Address:

..... Post Code

Telephone:

Email:

Female entries		@ £ 7.50 each:	£ -
Male entries		@ £7.50 each:	£ -
Coaches passes (free)		'@ £ 0.00 each:	£ -
Total Remittance		Total	£ -

Signed:

Position in club:

Please pay by BACS using the following details and reference:

Warrender Baths Club Meet Account

Reference: Warrender District Graded Meet

Sort Code: 830608

Account number: 21826807

Return this form along with entries no later than **Noon Wednesday 17th November 2021**

to:

Susan Liddle
9 Rullion Road
Penicuik
EH26 9HS
Susan.liddle@googlemail.com