



HADDINGTON AND DISTRICT ASC

HADDINGTON INTERNATIONAL MEET  
SATURDAY 20 JULY 2019  
MERCATGAIT POOL  
PRESTONPANS

Licence No L2/ED/084/JUL19

## Meet Information

For over 30 years Haddington and District Swimming Club have been exchanging visits with French Club AL Serres-Castet. This year is our turn to host 34 swimmers from France and we invite everyone to join us in our traditional International Swimming Competition. We hope to make it a fun competition so bring your pom poms, dancing shoes and make some noise with us.

Date	Saturday 20 July 2019
Venue	Mercat Gait Pool, Prestonpans, East Lothian, EH32 9EN
Pool	6 lane, 25m pool, electronic timing, anti-wave lane ropes, spectator facilities (please note we may not have use of the electronic timing)
Events	100m Backstroke, Breaststroke, Butterfly & Freestyle - Heats & Finals 200m Individual Medley – Heat Declared Winners If the meet is oversubscribed all events may be changed to heat declared winners. 4 x 50m mixed freestyle relay 4 x 50m mixed Medley Relay Mixed relay teams should be 2 x Male and 2 x Female
Age groups:	All individual events: 12 & under, 13 years, 14 years, 15 & over – Relays - 12 & under, 13-14 years, 15 & over

### Age as of 20<sup>th</sup> July 2019.

Events will be swum as mixed age groups, with results sorted as age groups.

Please note we will not accept entries from swimmers under the age of 8 on 20<sup>th</sup> July 2019

Sessions	There will be two sessions as follows: Morning warm-up 09.00 Start 10.00 Afternoon warm up 13.30 Start 14.30
Entry Fees:	£6.00 per event £6.00 per relay team Cheques should be made payable to <b>Haddington &amp; District ASC</b> Cheques should be received within 7 days of closing date
Entries:	Entries should be made on Hy-Tek entry files which can be obtained by e-mailing Neil Craigmile ( <a href="mailto:neil567cra@yahoo.co.uk">neil567cra@yahoo.co.uk</a> ) quoting your club name. Entries should be received by midnight <b>05 July 2018</b> . No time cards will be required. Withdrawals must be made to the recorders no later than 45 minutes prior to the start of each session on the event withdrawal form. A draft meet sheet will be made available to entry secretaries prior to meet date. <b>It is the responsibility of entry secretaries to ensure all entry times and dates of birth are correct.</b>

Entry file requests, entries and cheques to be returned to:

Neil Craigmile e-mail:- [neil567cra@yahoo.co.uk](mailto:neil567cra@yahoo.co.uk)

6 Winton Terrace

New Winton

EH33 2NQ

Closing date Midnight Friday 05 July 2019

- Awards Medals will be awarded to first three places in each age group
- Officials Clubs entering this meet should provide a minimum of two officials in order that we can apply for accreditation.  
Please provide these and return with entries.
- Lunch We will provide lunch for all officials and up to 2 coaches per Club entered.  
For catering purposes please use the lunches section on the returns form.
- Accreditation The meet has a SASA level 2 license and accreditation will be applied for
- MEET RULES** The meet shall be held under FINA and SASA Rules.  
No photographic or video equipment will be allowed in any area under the jurisdiction of the meet organisers without prior approval of the meet director.  
Application must be made on the approved SASA form.  
The organisers reserve the right to restrict entries to allow for the smooth running of the meet. Rejected entries on this basis will be refunded in full.  
All competitors must have current S.A.S.A. or equivalent international registration.  
Over the top starts may be used to help the smooth running of the meet
- Warm up Warm up may only commence when advised to do so  
No diving other than sprint lanes  
The meet stewards will determine sprint lanes  
No congregating allowed at either end of the lanes  
Swimmers must report to marshalling area **four** heats in advance
- Miscellaneous The organisers reserve the right to exclude or refuse admission to any competitor, spectator or team official.  
Neither Haddington & District ASC nor the Mercat Gait Leisure Centre can be held responsible for loss or damage to any property. Swimmers should use the lockers provided and not leave belongings lying around
- unattended. Bags should not be taken onto poolside they should remain in lockers.  
Swimmers must act on the instructions of the meet officials and behave in a responsible manner at all times.  
No glassware may be taken into the showers or poolside. Anyone doing so will be liable to expulsion from the meet.  
Outdoor footwear must not be worn on the poolside area.  
Swimmers MUST wear dry clothing and footwear at all times when not in poolside area.  
The use of mobile phones is prohibited by the Mercat Gait Leisure Centre anywhere within the building.  
The Haddington and District ASC committee retains the right to amend any of the above conditions as necessary.

Anything not covered in the above or in the event program will be at the organisers' discretion.

## Photographic Equipment

No photographic or video equipment will be allowed in any area under the jurisdiction of the meet organisers without prior approval of the meet director.

Application must be made on the approved SASA form.

Only persons with appropriate approval and in possession of a Mercaitgait Centre band may use photographic equipment.

The organisers would like to request that swimmers, coaches and officials bring their own refillable water bottles. Bottled water will not be provided on the day but there will be facilities available poolside to refill personal water bottles.

## Events

Morning Session 0900 warm up 1000 start

- 101 100m Back Female
- 102 100m Back Male
- 103 100m Breast Female
- 104 100m Breast Male
- 105 200m I.M. Female HDW

Finals of events 101-104

- |     |                            |             |
|-----|----------------------------|-------------|
| 130 | 4 x 50m Mixed Medley Relay | 12 & under, |
| 131 | 4 x 50m Mixed Medley Relay | 13-14       |
| 132 | 4 x 50m Mixed Medley Relay | 15+         |

Presentations

Afternoon Session 13.30 warm up 14.30 start

- 201 100m Fly Male
- 202 100m Fly Female
- 203 100m Free Male
- 204 100m Free Female
- 205 200m I.M. Male HDW

Finals of events 201-204

- |     |                         |            |
|-----|-------------------------|------------|
| 217 | 4 x 50m Freestyle relay | 12 & under |
| 218 | 4 x 50m Freestyle relay | 13-14      |
| 219 | 4 x 50m Freestyle relay | 15+        |

Presentations

## HEALTH & SAFETY DECLARATION

**\* This form must be completed and returned with your cheque \*\***

In order to comply with accreditation and Health & Safety legislation, please complete and return this form with your entry.

- I confirm that all swimmers are current members of the SASA and have paid the appropriate membership fee.
- I understand that any swimmer entered without a Registration number will be automatically rejected.
- I confirm that the notice about the use of photographic equipment has been brought to the attention of all swimmers, parents and coaches who will be attending the gala.
- I confirm that all swimmers have trained and are competent to dive into the pool, any swimmer unable to so, will start in the water and notify the referee that this will be the case.

signed \_\_\_\_\_ Print \_\_\_\_\_

Club Position \_\_\_\_\_

On behalf of \_\_\_\_\_ (club)

Date \_\_\_/\_\_\_/2019

SUMMARY SHEET

**\*\*This sheet must be completed and returned with cheque & filled in and returned with Entries via E-mail\*\***

Double click in the form area to fill in, once finished click once outside the form

CLUB		
Contact Name		
Address		
postcode		
telephone		
email		
Breakdown of fees	Total	COST £
Female entries @ £6		
Male entries @ £6		
Relay per team @£6		
TOTAL		
Coaches lunches		no cost
Officials lunches		no cost
Please make cheques payable to Haddington & District ASC		

## Named STO's and Timekeepers

CLUB				
Contact Name				
email				
		session		Mentoring required ?
Name	Position	1	2	
Please complete and return to Susan Craigmile galaconv.swimhaddington@gmail.com				

APPLICATION  
NUMBER \_\_\_\_\_

## REQUEST FOR PERMISSION TO USE CAMERA & VIDEO EQUIPMENT EXTERNAL USE

The form must be completed by individuals who would like permission to use camera or video equipment with \_\_\_\_\_ club.

### *SECTION A TO BE COMPLETED BY APPLICANT.*

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

COMPANY: \_\_\_\_\_

PURPOSE OF APPLICATION: \_\_\_\_\_

EQUIPMENT TO BE USED DURING (tick): COMPETITION TRAINING

VENUE: \_\_\_\_\_

DATE(S): \_\_\_\_\_

EQUIPMENT TYPE: \_\_\_\_\_

MODEL: \_\_\_\_\_

SERIAL NO: \_\_\_\_\_

DECLARATION: I declare that the pictures/film(s) produced by the equipment stated above will not be altered in any way, without prior approval in writing of the person(s) photographed. I understand that the swimmers modesty must be ensured at all times, and that I will only use pictures/films for the purpose stated above. I have read and agree to abide by the guidelines set out in the POLICY FOR USE OF PHOTOGRAPHIC & VIDEO EQUIPMENT.

SIGNATURE: \_\_\_\_\_

DATE: \_\_\_\_\_

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*SECTION B FOR OFFICIAL USE ONLY*  
APPROVED REFUSED

DATE: \_\_\_\_\_

SIGNED: \_\_\_\_\_

PRINT NAME: \_\_\_\_\_

DESIGNATION: \_\_\_\_\_

REASON FOR REFUSAL:



