

**FALKIRK OTTER ASC**  
**40<sup>TH</sup> ANNUAL**  
**AGE GROUP SWIM MEET**  
**2014**



**Grangemouth Sports Complex**  
**Grangemouth, Falkirk**

**Saturday 29<sup>th</sup> & Sunday 30<sup>th</sup> March 2014**

SESSIONS 1 & 3: Warm-up 9.00hrs Start 10.00hrs  
SESSIONS 2 & 4: Warm-up 13.30hrs Start 14.30hrs

Licence Number: WD/L3/941/0314

# FALKIRK OTTER ASC

*Invite you to our*

## **40<sup>TH</sup> ANNUAL AGE GROUP SWIM MEET** **29<sup>th</sup> & 30<sup>th</sup> March 2014**

**Falkirk Otter ASC invites you to their 40<sup>th</sup> Annual Mini Age Group Swim Meet to be held at Grangemouth Sports Complex, Abbots Road, Grangemouth, FK3 8JB , Under SASA Licence no WD/L3/941/0314**

**This Year on the 40<sup>th</sup> Anniversary of this popular meet we have decided to trial an extended programme. The meet is now over 2 days with Saturday targeted at the 7-10 years age group for the usual 50m events but now includes some distance swims. Sunday is targeted at the 11-13 years age group but with the swims now being the 100m events with distance swims of 200m IM & 400m Free. We hope this will be of interest to the swimmers and coaches alike.**

### **MEET INFORMATION**

<b>VENUE</b>	Grangemouth Swimming Pool, Abbots Road, Grangemouth, FK3 8JB
<b>POOL</b>	25m x 6 lanes, anti-wave lane ropes
<b>EVENTS</b>	7-10 years 50m all strokes, 100m IM & 200m Free. 11-13 years 100m all strokes, 200m IM & 400m Free  6x50m mixed 7-10years freestyle relay – 3 girls & 3 boys (1 girl and 1 boy from each age group in that order). 4x50m mixed 11years freestyle relay – 2girls & 2 boys (1 girl, 1 boy, 1 girl, 1 boy) 4x50m mixed 12-13 years freestyle relay – 2girls & 2 boys (1 girl and 1 boy from each age group in that order)  Swimmers can swim up an age group, but can only be entered into one relay. All events are heat declared winners. It may be necessary to limit the number of heats in certain events.
<b>AGE GROUPS</b>	7-8 years, 9 years, 10 years, 11 years, 12 years, & 13 years – age on last day of meet.
<b>SESSIONS</b>	There will be 4 sessions as follows: Morning – warm ups      9.00am session starts 10.00am Afternoon – warm ups      1.30pm session starts 2.30pm

**ENTRY FEES**

£4 per 50m individual events and  
£5 per +100m individual events  
£10 per relay events  
Cheques should be made payable to Falkirk Otter ASC.

**ENTRIES**

Swimmers details and current times should be detailed on the relevant entry file.  
Hytek Team Manager Event File can be requested via e-mail from

–

**Garvie Murray**  
**64B Easton Drive,**  
**Shieldhill, Falkirk FK1 2TA**  
**Tel– 01324 717582 (07736057759)**  
**Email: [garvie@bluevonder.co.uk](mailto:garvie@bluevonder.co.uk)**

Or from Swim Scotland web site for downloading

Closing date for entries is **midnight on 28<sup>th</sup> February 2014**

**NO LATE ENTRIES WILL BE ACCEPTED.**

Rejected entries will be refunded in full.

**OFFICIALS**

Can each club supply at least 2 swimming technical official for each Session of which we request 1 is a Judge. Please advise names on gala entry form.

**AWARDS**

Medals will be presented to 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> places, including relay teams. There will be awards for the top boy and girl in each age Group.

The **‘Otter Trophy’** for the **TOP CLUB** will be presented to the club with the most points at the end of the day. Trophy to be returned after 1 year. Small trophy to be retained.

## **GENERAL INFORMATION**

1. Meet to be held under SASA rules. Enclosed is a health and safety form to be completed (mandatory).
2. All Swimmers must have a S.A.S.A. or A.S.A. registration number.
3. Start sheets will be available to clubs prior to the start of each session.
4. Electronic Timing will be in operation. In the event of electronic failure, back-up manual timing will be used.
5. Withdrawals must be notified to the recorders no later than 40 minutes prior to the start of each session.
6. Once start sheets have been prepared no alterations shall be made.
7. It is the swimmers responsibility to check with the marshalls in the allocated area. Swimmers should report to the marshalls **FIVE** heats in advance of their race.
8. Swimmers, coaches and team managers must ensure that all their swimmers can safely dive into the deep water as prescribed by current legislation.
9. There will be a maximum of 2 no reserve swimmers for each event and no time only swims on the day. Would clubs also note that under no circumstances should any swimmer other than the one named on the start sheet go to the marshalling area.
10. No photographic or video equipment will be allowed in any area under the jurisdiction of the meet organizers without prior approval of the meet convenor. Application must be made on the approved SASA form.
11. Swimmers must act on the instructions given by the meet officials and behave in a reasonable manner at all times.
12. It is the responsibility of each club to ensure that their swimmers are aware of meet rules.
13. The Meet Management reserves the right to alter the programme and warm-up times if necessary. Anything not covered above or printed in the event programme will be at the convenors discretion.
14. The convenor reserve the right to restrict entries in order to facilitate the smooth running of the meet. Entries will be accepted on time basis. Clubs should ensure entry times are accurate. Rejected entries will be refunded in full.

## **MISCELLANEOUS**

- There will be a Raffle & Tombola.
- Swimmers and Coaches must not take glassware into the showers or onto poolside otherwise they will be liable for expulsion from the meet.
- Falkirk Otter ASC nor Grangemouth Sports Complex can be held responsible for loss or damage to swimmer's, team staff or spectator's property. Swimmers are strongly advised to secure property in the lockers provided in changing rooms and not to leave belongings lying around unattended.
- Swimmers out with the pool side must wear dry clothing and footwear at all times.
- Outdoor footwear must not be worn at poolside.

# **FALKIRK OTTER ASC**

**ANNUAL MINI GALA – 29<sup>th</sup> & 30<sup>th</sup> March 2014**

## **HEALTH AND SAFETY ANNOUNCEMENT**

### **Controlling the Use of Photographic Equipment**

Due to a warning received on paedophile activity the Scottish Amateur Swimming Association has decided that control of photographic equipment is required at all meets.

In view of this, the meet will run under the following guidelines:

- No photographic equipment (eg, Camera, Camcorder, camera phones, I pads or similar etc) is to be allowed on poolside, spectator gallery or any other area under the jurisdiction of the meet organisers without prior approval of the meet director.
- Application to use photographic equipment must be made on the approved SASA form at the entrance desk.
- Application can be made on the day to the meet convenor or to the meet convenors appointed official. Applicant must provide proof of identity when applying and carry such proof when intending to use their photographic equipment.
- Also a reminder that photo's and video clips can only be uploaded to secure club websites.

**FALKIRK OTTER ASC**

**ANNUAL MINI GALA – 29<sup>th</sup> & 30<sup>th</sup> March 2014**

In order to comply with accreditation and health and safety requirements, this form must be completed and returned along with entry information.

I confirm that all the entered swimmers have paid their current SASA/ASA Annual Competitive Fee.

I understand that any swimmer entered without an SASA, ASA etc number will be automatically rejected.

I confirm that all entered swimmers have been trained and are competent to dive into deep or shallow water in a safe manner as prescribed by current/planned legislation.

I confirm that information regarding the use of photographic equipment has been passed on to swimmers and parents intending to travel to the meet.

Signed: .....

Position in Club: .....

On behalf of: .....(Name of Club)

Return this form with entry payment no later than midnight 28<sup>th</sup> February 2014

# Events

SESSION 1                    WARM UP                    09:00 AM                    START 10.00AM

EVENT 101	GIRLS	7-10 YRS 100M INDIVIDUAL MEDLEY
102	BOYS	7-10 YRS 100M INDIVIDUAL MEDLEY
103	GIRLS	7-10 YRS 50M BUTTERFLY
104	BOYS	7-10 YRS 50M BUTTERFLY
105	GIRLS	7-10YRS 50M BACKSTROKE
106	BOYS	7-10YRS 50M BACKSTROKE
107	MIXED	7-10 YRS 6 X 50M FREESTYLE RELAY

SESSION 2                    WARM UP                    1.30PM                    START 2.30PM

EVENT 201	GIRLS	7-9 YRS 200M FREESTYLE
202	BOYS	7-9 YRS 200M FREESTYLE
203	GIRLS	7-9 YRS 50M BREASTSTROKE
204	BOYS	7-9 YRS 50M BREASTSTROKE
205	GIRLS	7-9 YRS 50M FREESTYLE
206	BOYS	7-9 YRS 50M FREESTYLE

SESSION 3                    WARM UP                    09:00 AM                    START 10.00AM

EVENT 301	GIRLS	11-13 YRS 200M INDIVIDUAL MEDLEY
302	BOYS	11-13 YRS 200M INDIVIDUAL MEDLEY
303	GIRLS	11-13 YRS 100M BUTTERFLY
304	BOYS	11-13 YRS 100M BUTTERFLY
305	GIRLS	11-13 YRS 100M BACKSTROKE
306	BOYS	11-13 YRS 100M BACKSTROKE
307	MIXED	11 YRS 4 X 50M FREESTYLE RELAY
308	MIXED	12-13 YRS 4 X 50M FREESTYLE RELAY

SESSION 4                    WARM UP                    1.30PM                    START 2.30PM

EVENT 401	GIRLS	11-13 YRS 400M FREESTYLE
402	BOYS	11-13 YRS 400M FREESTYLE
403	GIRLS	11-13 YRS 100M BREASTSTROKE
404	BOYS	11-13 YRS 100M BREASTSTROKE
405	GIRLS	11-13 YRS 100M FREESTYLE
406	BOYS	11-13 YRS 100M FREESTYLE

**FALKIRK OTTER ASC**

**ANNUAL MINI GALA – SATURDAY 29<sup>th</sup> & SUNDAY 30<sup>th</sup> March 2014**

**Summary Entry Form**

**\*this form must be completed and returned with any entries\***

Club Name.....	Contact Name:	.....
Club Code.....	Address:	.....
		.....
		.....
	Telephone:	.....
	E Mail:	.....

Total Male Entries @£4.00 each		£.....
Total Male Entries @£5.00 each		£.....
Total Female Entries @ £4.00 each		£.....
Total Female Entries @ £5.00 each		£.....
Total Relay Entries @ £10.00 each		£.....
	Total	£.....

Total amount enclosed	£.....	Signed	.....
		Position in Club	.....

Please make cheques payable to : **Falkirk Otter ASC**

**Officials names** .....

.....

Return this form along with entries no later than **Midnight 28<sup>th</sup> February 2014**

**Garvie Murray**

**64B Easton Drive**

**Sheildhill**

**Falkirk**

**FK1 2TA**

**01324 717582 (07736057759)**