

Monifieth Swim Club



Monifieth Summer Solstice Meet

Forfar Community Campus

Sunday 22nd June 2025

MEET INFORMATION

(UNDER WORLD AQUATICS RULES AND SASA SWIMMING REGULATIONS)

POOL	Forfar Community Campus, 25 Metres, 6 Lanes, Anti-turbulence ropes, Starting Blocks, Electronic Timing. Deck Level Pool; Shallow end 1.2m Deep end 2m.
SESSIONS	Session One Warm Up - 08:30 Start – 9:30 Session Two Warm Up – 13:15 Start – 14:15 (SUBJECT TO CHANGE IF NECESSARY)
EVENTS	All events are single sex events and heat declared winner. See page 6 for full programme of events.
INDIVIDUAL EVENTS	50m Backstroke, 50m Breaststroke, 50m Butterfly, 50m Freestyle 100m IM, 100m Free 200m Backstroke, 200m Breaststroke, 200m Butterfly, 200m Freestyle, 200m IM
AWARDS	Awards will be awarded to the 1 st , 2 nd and 3 rd placed swimmer in each event for each age group. There will be no medal presentations but medals should be collected from the medal table.
CONSIDERATION TIMES	There are no consideration times for this event. Entry times do not need to be accredited, training times will be accepted. NT Times will not be accepted.
AGE	Age on day of event (22 nd June 2025) Age Groups for individual events for Girls and Boys will be: 10-12Years, 13/14 Years, 15/16 Years and 17 and Over. Heats will be swum with all age groups combined and swimmers seeded by entry times.
ENTRY FEES	£6.50 per individual event

BACs Transfer:

Monifieth Swim Club

Royal Bank of Scotland

Account: 00288692

Sort Code: 83-17-01

ENTRIES

Entries to be sent to:

Lynda Petrie and Fiona Thompson at mscmeetentries@gmail.com

Please send the summary and entry files to the above address. Payment has to be received within 3 days of closing date.

CLOSING DATE FOR ENTRIES IS 5pm FRIDAY 30th MAY.

Entries may have to be limited dependent upon numbers received.

All entries must be on HY-tek Team Manager entry file. Which can be requested by emailing mscmeetentries@gmail.com

Entries must be submitted using the most up to date personal best times for all swimmers at time of entry. Swimmers entered with No Time (NT) will not be accepted.

Where possible the accepted entries for each age group will be equal, but if an age group is under-subscribed, the organising committee reserves the right to include additional entries in other age groups.

Lists of accepted entries and a draft programme will be emailed to each participating club.

No late entries will be considered.

WITHDRAWALS

Withdrawals prior to the competition should be emailed to:

mscmeetentries@gmail.com

To arrive no later than 5pm Friday 20th June 2025. All details must be included on email withdrawals including name, event number, stroke and SASA number.

Withdrawals on the day should be submitted at the recorders table and should be made at least 1 hour prior to the start of the session.

Please note that anyone withdrawing on medical grounds, refunds will only be granted on production of a letter from a suitably qualified professional confirming withdrawal is recommended. The letter must be received within 7 days following the meet and should be dated no earlier than the closing date or later than 3 days from the date of the competition.

MARSHALLING All swimmers including reserves must attend marshalling before their events and are advised to attend in good time. (The suggested minimum is five heats or one event in advance.) The start of a race will not be delayed for absent swimmers. If a swimmer is not present at first marshalling area, then the reserve will swim.

TECHNICAL OFFICIALS We would be very grateful for a list of Officials willing to help on the day. Can we please ask for technical officials to sign up using the form below. The form should be completed by **Saturday 14th June 2025**.

<https://forms.gle/cBURiaxGtm1UH6VL7>

Any issues or question about technical officials should be sent to mscgalaconvener@gmail.com

Judges and Timekeepers in training, who are requiring specific signatures, should make this clear in their request. Requests will be accommodated only if the referee considers it practical.

PROGRAMME Start sheets will be issued to clubs on the day of competition.

SPECTATORS There is limited spectating space which will be available on a first come first served basis.

TRANSGENDER COMPETITION POLICY As of the 1st January 2024 the Scottish Swimming Transgender & Non-Binary Competition Policy was implemented nationally across all aquatics sports. The policy and FAQs can be found [HERE](#). Any policy related matters that arise during the event should be reported to and will be recorded by the Meet Director and these matters will be communicated to and managed post event by the relevant Scottish Swimming Staff. At no point will members be challenged on the day of a competition with any matters being resolved post event. As a result of this policy being implemented, any competitor intending to compete within the Female category at this event will be required to provide confirmation that their birth sex is female when signing up to the meet conditions through entry. By entering the Female category, athletes are therefore confirming their birth sex is female and are eligible to compete in the Female category.

PHOTOS/VIDEOS Please note that anyone wishing to use photographic equipment, including video cameras must register with the Meet Director (QR Codes will be available at the venue and in the participant information.)

In line with Child Wellbeing & Protection guidelines, the use of mobile phones shall not be permitted either in the toilets, shower areas or in the

changing areas in order to prevent any misuse of mobiles with integrated digital camera/video equipment.

MEET REGULATIONS

In the event of postponement, cancellation or abandonment of the event, refunds if any, will be made at the absolute discretion of Monifieth Swim Club. Monifieth Swim Club will have no legal liability to make a refund or to pay any form of consequential or indirect damage such as loss of enjoyment, travel and accommodation costs.

The following are articles, which must not be brought within the venue (fireworks, smoke canisters, air horns, flares, glass bottles, weapons of any sort). Any person in possession of such items will be refused entry at the absolute discretion of any steward or officer of Monifieth Swim Club and/or police officer.

No object may be thrown by spectators within the venue.

No foul or abusive language or other offensive words such as racial or sexual abuse will be tolerated by our Club.

No alcohol may be consumed at the event.

Any person entering events must at all times comply with any and all instructions of any steward or Monifieth Swim Club and/or police officer. Failure to comply within a reasonable time with any such instruction will lead to the person being invited to leave.

All swimmers entered must have paid their SASA membership fee for the current year. Registration numbers must be shown on entry files. A licence has been granted for this competition and accreditation will be applied for to the SASA Midland District.

NOTES

Coaches will be issued a poolside pass at a price of £6 which includes lunch, and this should be submitted with the summary sheet and payment included with entries.

Poolside access will be limited to one Coach per 10 swimmers, with a maximum of 3 Coaches at any one time.

Participating clubs will receive one copy of start sheets and results will be posted at the pool during the events and after the event.

Monifieth Swim Club reserves the right to amend the programme at any time.

Free Parking is available at Forfar Community Campus.

MEET DIRECTOR

Lynda Petrie and Fiona Thompson

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SESSION ONE

WARM UP 08:30

START 09:30

101	Female	200m IM
102	Male and Open	200m IM
103	Female	100m Free
104	Male and Open	100m Free
105	Female	200m Butterfly
106	Male and Open	200m Butterfly
107	Female	50m Free
108	Male and Open	50m Free
109	Female	200m Back
110	Male and Open	200m Back
111	Female	50m Breaststroke
112	Male and Open	50m Breaststroke

SESSION TWO

WARM UP 13:15

START 14:15

201	Male and Open	100m IM
202	Female	100m IM
203	Male and Open	200m Free
204	Female	200m Free
205	Male and Open	50m Back
206	Female	50m Back
207	Male and Open	200m Breaststroke
208	Female	200m Breaststroke
209	Male and Open	50m Butterfly
210	Female	50m Butterfly

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Sunday 22nd June 2025 – SUMMARY SHEET

Contact Details

Club Name/Code

Entries Secretary

Address

Post Code

Tel. No.

Email Address

Individual Entries (Female)		@ £6.50	
Individual Entries (Male & Open)		@ £6.50	
Coaches Pass Includes Lunch (Max 3 per club)		@ £6.00	
TOTAL:			

CLOSING DATE FOR ENTRIES IS 5PM FRIDAY 30th MAY 2025.

PAYMENTS SHOULD BE SENT BY BACS TRANSFER TO:

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Royal Bank of Scotland

Account: 00288692

Sort Code: 83-17-01

Declaration (This requires to be complete by all competing clubs)

I confirm that swimmers entered in this competition have paid their current SASA membership fee.

Signed

Position in Club

Date