

RUTHERGLEN

# Rutherglen Rascals

## Graded Meet

### Meet Information

Sir Matt Busby Sports Centre  
Bellshill

2nd & 3rd June 2018

Held under License from SASA West District  
License No: WD/L2/037/0618



# RUTHERGLEN AMATEUR SWIMMING CLUB

(Affiliated to SASA) present the 6<sup>th</sup> annual

## RASCALS GRADED MEET

(under FINA rules & SASA regulations)

**2<sup>nd</sup> & 3<sup>rd</sup> June 2018**

<b>VENUE:</b>	Sir Matt Busby Sports Complex Main Street, Bellshill ML4 3DP 01698 747466
<b>POOL:</b>	6 lane x 25m
<b>ELECTRONIC TIMING:</b>	OMEGA
<b>MEET LICENCE:</b>	<b>WD/L2/037/0618</b>
<b>ENTRY FEE:</b>	£6.00 per event. Payments should be made by direct bank transfer (see details below).
<b>COACHES PASSES:</b>	£6.50 each, to include poolside pass, start sheets, results and meal. Poolside access will not be permitted without a pass.
<b>AWARDS:</b>	Medals will be awarded to 1 <sup>st</sup> , 2 <sup>nd</sup> & 3 <sup>rd</sup> place in each event.
<b>CLOSING DATE FOR ENTRY:</b>	Friday 4 <sup>th</sup> May 2018
<b>REFRESHMENTS:</b>	Teas, coffees & snacks will be available.
<b>MEET ENQUIRIES:</b>	Mike Perceval-Maxwell Tel: 07910 863353 Email: <a href="mailto:meets@rasc.org.uk">meets@rasc.org.uk</a>
<b>AGE GROUPS:</b>	<b>10 &amp; under, 11, 12, 13, 14 &amp; 15 years</b>  (Age as at 31/12/2018)
<b>EVENTS:</b>	50m, 100m & 200m all strokes 400m Freestyle 200m & 400m IM  Swimmers can only swim in their own age group. No swimmer under the age of 8 is permitted to swim. Number of heats will be limited to ensure the smooth running of the competition. Heats will be swum slowest to fastest. Entries will be accepted on time basis. All events will be heat declared winners.
<b>OFFICIALS</b>	All competing clubs are requested to provide a minimum of two STOs per session, one of whom should be Judge Level 1 or above.
<b>WARM UP &amp; START TIMES:</b>	9:00am for 10:00am start / 1:30pm for 2:30pm start.

# RASCALS GRADED MEET

SATURDAY 2<sup>nd</sup> & SUNDAY 3<sup>rd</sup> JUNE 2018

## SIR MATT BUSBY SPORTS COMPLEX

1. The meet is to be held under FINA Rules and SASA Regulations and has the Licence number **WD/L2/037/0618**.
2. The pool is 25m long x 6 lanes, with anti-turbulence lane ropes and Omega electronic timing in operation. There is no swim down facility.
3. Withdrawals will be accepted up until 45 minutes before the beginning of each session. Start sheets will then be posted at various locations around the poolside. Swimmers will be called for in whole events, at least one event prior to their swim and marshalled into heats in the designated marshalling areas. Swimmers will then be sent down in heat order to the starting blocks.
4. Warm ups will be split to accommodate the numbers and age range of competitors. A warm up schedule will be provided and posted poolside.
5. Awards will be made to the top three swimmers in each event.
6. Over the top starts will be used during the meet at the discretion of the meet management and referee.
7. Poolside passes will be issued for coaches/team managers at £6.50 per day each. These will provide admission to both sessions, a set each of start & result sheets and meals. Only pass holders, swimmers and officials will be allowed poolside.
8. Entries to events will be restricted and will be accepted on the basis of entry times. Any entry not accepted will be refunded. There will be reserve swims. However, where a reserve swimmer attends the meet but no swim is available on the day a full refund will be issued. It is the responsibility of the person receiving the entries to check the accuracy of the accepted swims and to inform all relevant swimmers of their accepted entries. Rutherglen ASC reserves the right to fill lanes with swimmers of their choice where an event is under-subscribed.
9. A list of accepted/rejected entries and draft programme will be sent to the contact stated on the meet entry form on or around 13<sup>th</sup> May 2017 after which time no further refunds for withdrawals will be provided.
10. All entries should be submitted via Hy-Tek Event File which will be made available on request from: [meets@rasc.org.uk](mailto:meets@rasc.org.uk)
11. All swimmers of Scottish clubs must have a current SASA registration number. All swimmers of non-Scottish clubs must be registered with their governing body.

12. The current fee of £6.00 per event must accompany the completed paperwork and be sent to Mike Perceval-Maxwell by the closing date of **Friday 4th May 2018**.  
Preferred method of payment is by direct bank transfer to:  
Sort Code: 82-62-24, Account: 00033975, Ref: "*Your Club Name: RASC Graded*"
13. Swimmers, Coaches and Team Managers must ensure that all of their swimmers can safely dive into deep or shallow water as prescribed by current/planned legislation. There will be no diving at the shallow end of the pool. There will be a one-way system operating around the pool.
14. No photographic or video equipment will be allowed in any area under the jurisdiction of the Meet Organisers without the prior approval of the Meet Manager. Application may be made on the day of the meet at the Meet Office. The application must be made on the approved SASA form, and evidence should be shown that they have a swimmer(s) competing in the Meet.
15. **Accreditation:** To ensure accreditation we ask that all clubs provide a minimum of two STOs per session, one of whom should be Judge Level 1 or above.  
  
**This is the last chance for swimmers to obtain accredited times for DRP selection so STO support is essential.**
16. Prize Draw: As per previous meets, a prize draw ticket will be issued to officials for each session they attend. The draw will be held during the final session.
17. All mobile phones must be switched off on poolside.

It is the responsibility of each attending club to ensure that their members are aware of the meet regulations.

# RASCALS GRADED MEET 2018

## Programme of Events

<b>Session 1 - Start Time 10:00am</b>		<b>Session 3 - Start Time 10:00am</b>	
<b>Event #</b>	<b>Event</b>	<b>Event #</b>	<b>Event</b>
<b>101</b>	Boys 15 & Under 200m Butterfly	<b>301</b>	Boys 15 & Under 400m Individual Medley
<b>102</b>	Girls 15 & Under 200m Butterfly	<b>302</b>	Girls 15 & Under 400m Individual Medley
<b>103</b>	Boys 11 & Under 100m Breaststroke	<b>303</b>	Boys 12-13 100m Breaststroke
<b>104</b>	Girls 11 & Under 100m Breaststroke	<b>304</b>	Girls 12-13 100m Breaststroke
<b>105</b>	Boys 15 & Under 200m Individual Medley	<b>305</b>	Boys 15 & Under 200m Freestyle
<b>106</b>	Girls 15 & Under 200m Individual Medley	<b>306</b>	Girls 15 & Under 200m Freestyle
<b>107</b>	Boys 12-13 100m Freestyle	<b>307</b>	Boys 14-15 100m Freestyle
<b>108</b>	Girls 12-13 100m Freestyle	<b>308</b>	Girls 14-15 100m Freestyle
<b>109</b>	Boys 15 & Under 50m Backstroke	<b>309</b>	Boys 15 & Under 50m Breaststroke
<b>110</b>	Girls 15 & Under 50m Backstroke	<b>310</b>	Girls 15 & Under 50m Breaststroke
<b>Session 2 - Start Time 2:30pm</b>		<b>Session 4 - Start Time 2:30pm</b>	
<b>Event #</b>	<b>Event</b>	<b>Event #</b>	<b>Event</b>
<b>201</b>	Boys 15 & Under 400m Freestyle	<b>401</b>	Boys 15 & Under 100m Butterfly
<b>202</b>	Girls 15 & Under 400m Freestyle	<b>402</b>	Girls 15 & Under 100m Butterfly
<b>203</b>	Boys 11 & Under 100m Freestyle	<b>403</b>	Boys 15 & Under 200m Breaststroke
<b>204</b>	Girls 11 & Under 100m Freestyle	<b>404</b>	Girls 15 & Under 200m Breaststroke
<b>205</b>	Boys 15 & Under 200m Backstroke	<b>405</b>	Boys 15 & Under 100m Backstroke
<b>206</b>	Girls 15 & Under 200m Backstroke	<b>406</b>	Girls 15 & Under 100m Backstroke
<b>207</b>	Boys 14-15 100m Breaststroke	<b>407</b>	Boys 15 & Under 50m Freestyle
<b>208</b>	Girls 14-15 100m Breaststroke	<b>408</b>	Girls 15 & Under 50m Freestyle
<b>209</b>	Boys 15 & Under 50m Butterfly		
<b>210</b>	Girls 15 & Under 50m Butterfly		

# RASCALS GRADED MEET 2018

## ENTRY TIMES

TIMES NO FASTER THAN - TO BE SC TIMES, CAN BE CONVERTED FROM LC												
Boys						Events	Girls					
15	14	13	12	11	10 & Under		10 & Under	11	12	13	14	15
						<b>50m Freestyle</b>						
56.50	1:00.20	1:04.40	1:09.50	1:15.80	1:15.80	<b>100m Freestyle</b>	1:18.20	1:18.20	1:12.70	1:08.00	1:03.90	1:00.50
2:04.70	2:12.70	2:21.90	2:33.10	2:46.80	2:46.80	<b>200m Freestyle</b>	2:49.10	2:49.10	2:37.10	2:27.00	2:18.30	2:11.30
4:25.70	4:43.00	5:02.50	5:26.30	5:55.50	5:55.50	<b>400m Freestyle</b>	5:55.70	5:55.70	5:30.70	5:09.50	4:51.20	4:37.20
						<b>50m Backstroke</b>						
1:03.10	1:07.60	1:12.30	1:17.90	1:24.90	1:24.90	<b>100m Backstroke</b>	1:27.00	1:27.00	1:20.90	1:15.70	1:11.20	1:07.50
2:17.30	2:27.30	2:37.30	2:49.70	3:04.80	3:04.80	<b>200m Backstroke</b>	3:06.50	3:06.50	2:53.40	2:42.30	2:32.70	2:25.90
						<b>50m Breaststroke</b>						
1:10.00	1:15.20	1:20.40	1:26.70	1:34.60	1:34.60	<b>100m Breaststroke</b>	1:37.60	1:37.60	1:30.70	1:24.90	1:19.80	1:15.20
2:31.80	2:42.70	2:53.90	3:07.70	3:24.50	3:24.50	<b>200m Breaststroke</b>	3:29.80	3:29.80	3:15.00	3:02.50	2:51.60	2:42.20
						<b>50m Butterfly</b>						
1:00.90	1:05.10	1:09.50	1:15.00	1:21.70	1:21.70	<b>100m Butterfly</b>	1:24.20	1:24.20	1:18.30	1:13.30	1:08.90	1:05.30
2:15.90	2:24.90	2:34.80	2:46.90	3:01.80	3:01.80	<b>200m Butterfly</b>	3:04.10	3:04.10	2:51.20	2:40.20	2:30.80	2:24.70
2:19.40	2:28.80	2:39.10	2:51.60	3:07.00	3:07.00	<b>200m IM</b>	3:10.40	3:10.40	2:57.00	2:45.70	2:35.90	2:28.00
4:57.90	5:16.70	5:38.40	6:05.00	6:37.70	6:37.70	<b>400m IM</b>	6:40.70	6:40.70	6:12.50	5:48.60	5:28.00	5:13.00

\* All 50m Open events are for ages 10 yr & under – 15 yr. Event results will be separated into age groups.

**RUTHERGLEN AMATEUR SWIMMING CLUB**

**SUMMARY SHEET**

**RASCALS GRADED MEET**

**2<sup>nd</sup> & 3<sup>rd</sup> JUNE 2018**

Closing date: **Friday 4<sup>th</sup> May 2018**, to be emailed to [meets@rasc.org.uk](mailto:meets@rasc.org.uk) or sent by post to:

Mike Perceval-Maxwell  
1 Regent Park Square  
Glasgow G41 2AF

**CLUB:** \_\_\_\_\_

<b>CONTACT NAME:</b>	
<b>CONTACT ADDRESS:</b>	
<b>CONTACT TELEPHONE NO:</b>	
<b>E-MAIL ADDRESS:</b>	

**Entries:**

\_\_\_ Boys Entries @ £6.00 = \_\_\_\_\_  
\_\_\_ Girls Entries @ £6.00 = \_\_\_\_\_  
\_\_\_ Coach Passes (Saturday) @ £6.50 = \_\_\_\_\_  
\_\_\_ Coach Passes (Sunday) @ £6.50 = \_\_\_\_\_  
**TOTAL** = \_\_\_\_\_

**Bank Transfer Details**

**Sort Code: 82-62-24, Account: 00033975,  
Ref: "Your Club Name: RASC Graded"**

**RUTHERGLEN AMATEUR SWIMMING CLUB**

**SUMMARY SHEET**

**RASCALS GRADED MEET**

**2<sup>nd</sup> & 3<sup>rd</sup> JUNE 2018**

Please complete this form to comply with accreditation requirements

**On behalf of \_\_\_\_\_ (Name of Club)**

I confirm that all entered swimmers have paid the current S.A.S.A Membership Fee.  
I confirm that the notice of photographic equipment has been brought to the attention of the swimmers, parents and coaches who will be attending the meet.  
I confirm that all swimmers have trained and are competent to dive into the pool.

**Signed:** \_\_\_\_\_

**Position Held:** \_\_\_\_\_

**RUTHERGLEN AMATEUR SWIMMING CLUB**

**SUMMARY SHEET**

**RASCALS GRADED MEET**

**2<sup>nd</sup> & 3<sup>rd</sup> JUNE 2018**

Club \_\_\_\_\_

Club Contact \_\_\_\_\_

Tel No \_\_\_\_\_

E-Mail \_\_\_\_\_

Name	Duty	Session 1	Session 2	Session 3	Session 4
	Judge/TK				

*Due to licensing and accreditation conditions, we would ask any Technical Official travelling with clubs to make themselves available on the day. It would be appreciated if each club attending could provide a minimum of two STOs per session, one of whom should be Judge Level 1 or above.*

Please email your completed officials' form to [stocoordinator@rasc.org.uk](mailto:stocoordinator@rasc.org.uk) no later than Friday 25<sup>th</sup> May 2018.

**This is the last chance for swimmers to obtain accredited times for DRP selection so STO support is essential.**

Thank You