

# RUTHERGLEN AMATEUR SWIMMING CLUB

(Affiliated to SASA) present their 1<sup>st</sup> Annual

## AUTUMN GRADED MAGS MEET

### *"Shining Lights"*

(under FINA rules & SASA regulations)

**Sunday 7<sup>th</sup> October 2018**

<b>VENUE:</b>	Sir Matt Busby Sports Complex Main Street, Bellshill ML4 3DP 01698 747466
<b>POOL:</b>	6 lane x 25m
<b>ELECTRONIC TIMING:</b>	OMEGA
<b>MEET LICENCE:</b>	<b>WD/L2/039/1018</b>
<b>ENTRY FEE:</b>	£6.00 per event. Payments should be made by direct bank transfer (see details below).
<b>COACHES PASSES:</b>	£6.50 each, to include poolside pass, start sheets, results and meal. Poolside access will not be permitted without a pass.
<b>AWARDS:</b>	Medals will be awarded to 1 <sup>st</sup> , 2 <sup>nd</sup> & 3 <sup>rd</sup> place in each event.
<b>CLOSING DATE FOR ENTRY:</b>	Friday 14 <sup>th</sup> September 2018
<b>REFRESHMENTS:</b>	Teas, coffees & snacks will be available.
<b>MEET ENQUIRIES:</b>	Mike Perceval-Maxwell Tel: 07910 863353 Email: <a href="mailto:meets@rasc.org.uk">meets@rasc.org.uk</a>
<b>AGE GROUPS:</b>	<b>12, 13, 14, 15 &amp; 16 years</b> (Age on the day)
<b>EVENTS:</b>	100m all strokes 100m, 200m & 400m IM 4x50m Mixed Medley Relay Swimmers can only swim in their own age group.  No swimmer under the age of 8 is permitted to swim.  Number of heats will be limited to ensure the smooth running of the competition. Heats will be swum slowest to fastest. Entries will be accepted on time basis. All events will be heat declared winners.
<b>OFFICIALS</b>	All competing clubs are requested to provide a minimum of two STOs per session, one of whom should be Judge Level 1 or above.
<b>WARM UP &amp; START TIMES:</b>	9:00am for 10:00am start / 1:30pm for 2:30pm start.

# AUTUMN MAGS GRADED MEET

SUNDAY 7<sup>th</sup> OCTOBER 2018

## SIR MATT BUSBY SPORTS COMPLEX

1. The meet is to be held under FINA Rules and SASA Regulations and has the Licence number **WD/L2/039/1018**.
2. The pool is 25m long x 6 lanes, with anti-turbulence lane ropes and Omega electronic timing in operation. There is no swim down facility.
3. Withdrawals will be accepted up until 45 minutes before the beginning of each session. Start sheets will then be posted at various locations around the poolside. Swimmers will be called for in whole events, at least one event prior to their swim and marshalled into heats in the designated marshalling areas. Swimmers will then be sent down in heat order to the starting blocks.
4. Warm ups will be split to accommodate the numbers and age range of competitors. A warm up schedule will be provided and posted poolside.
5. Awards will be made to the top three swimmers in each event.
6. Over the top starts will be used during the meet at the discretion of the meet management and referee.
7. Poolside passes will be issued for coaches/team managers at £6.50 per day each. These will provide admission to both sessions, a set each of start & result sheets and meals. Only pass holders, swimmers and officials will be allowed poolside.
8. Entries to events will be restricted and will be accepted on the basis of entry times. No Time (NT) entries are not permitted. Any entry not accepted will be refunded. There will be reserve swims. However, where a reserve swimmer attends the meet but no swim is available on the day a full refund will be issued. It is the responsibility of the person receiving the entries to check the accuracy of the accepted swims and to inform all relevant swimmers of their accepted entries. Rutherglen ASC reserves the right to fill lanes with swimmers of their choice where an event is under-subscribed.
9. A list of accepted/rejected entries and draft programme will be sent to the contact stated on the meet entry form on or around 22<sup>nd</sup> September 2017 after which time no further refunds for withdrawals will be provided.
10. All entries should be submitted via Hy-Tek Event File which will be made available on request from: [meets@rasc.org.uk](mailto:meets@rasc.org.uk)
11. All swimmers of Scottish clubs must have a current SASA registration number. All swimmers of non-Scottish clubs must be registered with their governing body.

12. The current fee of £6.00 per event must accompany the completed paperwork and be sent to Mike Perceval-Maxwell by the closing date of **Friday 14th September 2018**.  
Preferred method of payment is by direct bank transfer to:  
Sort Code: 82-62-24, Account: 00033975, Ref: "Your Club Name: RASC Autumn MAGS"
13. Swimmers, Coaches and Team Managers must ensure that all of their swimmers can safely dive into deep or shallow water as prescribed by current/planned legislation. There will be no diving at the shallow end of the pool. There will be a one-way system operating around the pool.
14. No photographic or video equipment will be allowed in any area under the jurisdiction of the Meet Organisers without the prior approval of the Meet Manager. Application may be made on the day of the meet at the Meet Office. The application must be made on the approved SASA form, and evidence should be shown that they have a swimmer(s) competing in the Meet.
15. **Accreditation:** To ensure accreditation we ask that all clubs provide a minimum of two STOs per session, one of whom should be Judge Level 1 or above.
16. Prize Draw: As per previous meets, a prize draw ticket will be issued to officials for each session they attend. The draw will be held during the final session.
17. All mobile phones must be switched off on poolside.

It is the responsibility of each attending club to ensure that their members are aware of the meet regulations.

# AUTUMN MAGS GRADED MEET

7<sup>th</sup> OCTOBER 2018

## Programme of Events

<b>Session 1 - Start Time 10:00am</b>	
<b>Event #</b>	<b>Event</b>
101	Boys 12-16 400m Individual Medley
102	Girls 12-16 100m Butterfly
103	Boys 12-16 100m Backstroke
104	Girls 12-16 200m Individual Medley
105	Boys 12-16 100m Breaststroke
106	Girls 12-16 100m Freestyle
107	Boys 12-16 100m Individual Medley
108	Mixed 12 yrs 200m Medley Relay
109	Mixed 14 yrs 200m Medley Relay

  

<b>Session 2 - Start Time 2:30pm</b>	
<b>Event #</b>	<b>Event</b>
201	Girls 12-16 400m Individual Medley
202	Boys 12-16 100m Butterfly
203	Girls 12-16 100m Backstroke
204	Boys 12-16 200m Individual Medley
205	Girls 12-16 100m Breaststroke
206	Boys 12-16 100m Freestyle
207	Girls 12-16 100m Individual Medley
208	Mixed 13yrs 200m Medley Relay
209	Mixed 15-16 200m Medley Relay

*\*\* Relay squads must consist of 2 boys and 2 girls, swim in any order \*\**

### Event Entry Times (must be "slower than")

<b>Boys &amp; Girls</b>	<b>12yrs</b>	<b>13yrs</b>	<b>14yrs</b>	<b>15-16yrs</b>
100m Freestyle	1:17.00	1:13.00	1:10.00	1:07.00
100m Butterfly	1:25.00	1:23.00	1:20.00	1:17.00
100m Backstroke	1:23.00	1:19.00	1:16.00	1:13.00
100m Breaststroke	1:36.00	1:34.00	1:30.00	1:27.00
100m Individual Medley	1:27.00	1:25.00	1:22.00	1:19.00
200 Individual Medley	3:15.00	3:00.00	2:50.00	2:42.00
400 Individual Medley	6:40.00	6:10.00	5:48.00	5:39.00

**RUTHERGLEN AMATEUR SWIMMING CLUB**

**SUMMARY SHEET**

**AUTUMN MAGS GRADED MEET**

**7<sup>th</sup> OCTOBER 2018**

Closing date: **Friday 14<sup>th</sup> September 2018**, to be emailed to [meets@rasc.org.uk](mailto:meets@rasc.org.uk) or sent by post to:

Mike Perceval-Maxwell  
74 Cot Castle Grove,  
Stonehouse ML9 3RQ

**CLUB:** \_\_\_\_\_

<b>CONTACT NAME:</b>	
<b>CONTACT ADDRESS:</b>	
<b>CONTACT TELEPHONE NO:</b>	
<b>E-MAIL ADDRESS:</b>	

**Entries:**

___	Boys Entries	@ £6.00	=	_____
___	Girls Entries	@ £6.00	=	_____
___	Relay Entries	@ £10.00	=	_____
___	Coach Passes	@ £6.50	=	_____
	<b>TOTAL</b>		<b>=</b>	_____

**Bank Transfer Details**

**Sort Code: 82-62-24, Account: 00033975,  
Ref: "Your Club Name: RASC Autumn MAGS"**

**RUTHERGLEN AMATEUR SWIMMING CLUB**

**SUMMARY SHEET**

**AUTUMN MAGS GRADED MEET**

**7<sup>th</sup> OCTOBER 2018**

Please complete this form to comply with accreditation requirements

**On behalf of \_\_\_\_\_ (Name of Club)**

I confirm that all entered swimmers have paid the current S.A.S.A Membership Fee.

I confirm that the notice of photographic equipment has been brought to the attention of the swimmers, parents and coaches who will be attending the meet.

I confirm that all swimmers have trained and are competent to dive into the pool.

**Signed:** \_\_\_\_\_

**Position Held:** \_\_\_\_\_

**RUTHERGLEN AMATEUR SWIMMING CLUB**

**SUMMARY SHEET**

**AUTUMN MAGS GRADED MEET**

**7<sup>th</sup> OCTOBER 2018**

**Club** \_\_\_\_\_

**Club Contact** \_\_\_\_\_

**Tel No** \_\_\_\_\_

**E-Mail** \_\_\_\_\_

<b>Name</b>	<b>Duty</b>	<b>Session 1</b>	<b>Session 2</b>	<b>Session 3</b>	<b>Session 4</b>
	<b>Judge/TK</b>				
	<b>Judge/TK</b>				
	<b>Judge/TK</b>				
	<b>Judge/TK</b>				
	<b>Judge/TK</b>				
	<b>Judge/TK</b>				
	<b>Judge/TK</b>				
	<b>Judge/TK</b>				

*Due to licensing and accreditation conditions, we would ask any Technical Official travelling with clubs to make themselves available on the day. It would be appreciated if each club attending could provide a minimum of two STOs per session, one of whom should be Judge Level 1 or above.*

Please email your completed officials' form to [stocoordinator@rasc.org.uk](mailto:stocoordinator@rasc.org.uk) no later than Friday 28<sup>th</sup> September 2018.

Thank You