



**Kelso  
Amateur Swimming Club**

**7th Annual Gala**

**KELSO SWIMMING POOL**

**SATURDAY 9th SEPTEMBER 2017**

Licence Number: L3/ED/060/SEP17

**KELSO SWIMMING CLUB**

You are warmly invited to enter a team of your young swimmers to their

7th Annual Gala

held at  
Kelso Swimming Pool

**Saturday 9<sup>th</sup> September 2017**

Due to Limited Space we are unable to accommodate any spectators and can only allow a maximum of 2 coaches/helpers per club on poolside.

There is however viewing space in the cafeteria but this is limited.

Clubs entering are respectfully requested to supply two technical officials to allow for the smooth running of this event.

Should you have any queries with regards to the Meet please do not hesitate to contact me.

Susan Liddle  
Entries Secretary  
9 Rullion Road  
PENICUIK  
EH26 9HS

[Susan.liddle@gmail.com](mailto:Susan.liddle@gmail.com)

Closing Date 17<sup>th</sup> August 2017

**Age groups** 8 years & under  
9 years, 10 years, 11 years.

Age groups determined as of 9<sup>th</sup> September . (Age on the Day)

**Events** List of events enclosed

<b>Swimmers must only swim in their own age group</b>
---

**Session** 1pm warm up for a 1:30pm start

**Entry Fees** £3.50 per 25metre event  
£4.00 per 50metre event  
£6.00 per relay event entered

Cheques should be made payable to:

**Kelso Asc**

**Awards** Medals will be presented to the top 3 in each event including Relay events.

**Relays** Swimmers must have been entered and accepted for any of the individual event to qualify to swim in the relays

A Trophy will be presented to the Top Overall Club.  
(to be returned annually)

**Entries should be made using Hytek files .**

These files can be obtained from the Meet Entries Secretary

**Closing date for entries: 17th August 2017**

**Meet Entries Secretary**

**Susan Liddle**

**9 Rullion Road**

**Penicuik**

**EH26 9HS**

e-mail: [susan.liddle@googlemail.com](mailto:susan.liddle@googlemail.com)

## Programme of Events

<b>Event</b>	<b>Gender</b>	<b>Age Group</b>	<b>Stroke/ Distance</b>
101	F	8years/ under	25metre Backstroke
102	M	8years/ under	25metre Backstroke
103	F	9 years	50metre Backstroke
104	M	9 years	50metre Backstroke
105	F	10 years	50metre Backstroke
106	M	10 years	50metre Backstroke
107	F	11 years	50metre Backstroke
108	M	11 years	50metre Backstroke
109	F	8years/ under	25metre Breaststroke
110	M	8years/ under	25metre Breaststroke
111	F	9 years	50metre Breaststroke
112	M	9 years	50metre Breaststroke
113	F	10 years	50metre Breaststroke
114	M	10 years	50metre Breaststroke
115	F	11 years	50metre Breaststroke
116	M	11 years	50metre Breaststroke
117	Mixed	8/9 years	4x25metre Medley Relay
118	Mixed	10/11 years	4x50metre Medley Relay

<b>Presentations for Events 101-108</b>
---

<b>Event</b>	<b>Gender</b>	<b>Age Group</b>	<b>Stroke/ Distance</b>
119	F	9 years	25metre Butterfly
120	M	9 years	25metre Butterfly
121	F	10 years	50metre Butterfly
122	M	10 years	50metre Butterfly
123	F	11 years	50metre Butterfly
124	M	11 years	50metre Butterfly
125	F	8years/ under	25metre Freestyle
126	M	8years/ under	25metre Freestyle
127	F	9 years	50metre Freestyle
128	M	9 years	50metre Freestyle
129	F	10 years	50metre Freestyle
130	M	10 years	50metre Freestyle
131	F	11 years	50metre Freestyle
132	M	11 years	50metre Freestyle
133	Mixed	8/9 years	4x25metre Freestyle Relay
134	Mixed	10/11 years	4x50metre Freestyle Relay

## ENTRY SUMMARY SHEET

Please forward this summary along with your fees within 3 days of the closing date  
to:

**Susan Liddle, 9 Rullion Road, Penicuik, EH26 9HS**  
e-mail address: [susan.liddle@googlemail.com](mailto:susan.liddle@googlemail.com)

Club:			
Contact:			
Address:			
Post Code:		Telephone No:	
e-mail address:			

<b>No. of 25m Entries</b>		@ £ 3.50 each:	£
<b>No. of 50m Entries</b>		@ £ 4.00 each:	£
<b>No. of Relay Entries</b>		@ £ 6.00 each:	£
		Total remittance	£

**Please make cheque payable to “Kelso Asc”**

I confirm that all swimmers entered have paid the correct level of SASA  
membership fee for 2017/18.

**Signed:**

**Position:**

**Date:**

---

## GENERAL INFORMATION

Please find below some general information with regards to the running of the Gala.

- **No** swimming bags will be allowed onto poolside due to the limited space available.
- There will be lockers available.
- No food must be consumed at poolside; there is a designated area just outside the pool area.
- Marshalling will be 4 heats in advance.
- Only swimmers and a maximum of 3 adults per Club will be allowed poolside.
- Swimmers out with the poolside area **MUST** wear dry clothing and footwear at all times.
- Outdoor footwear must not be worn on the poolside area.
- Swimmers must act on the instruction given by meet officials and behave in a Reasonable, respectful and courteous manner at all times.
- It is the responsibility of each club to ensure that their swimmers are aware of the meet rules and guidelines.

**No photographic or video equipment will be allowed in any area without prior approval from the meet organizers. Application forms can be obtained from the meet organizer.**

### • **Warm-up/Events**

- The warm-up may only commence when advised to do so.
- No diving allowed other than in controlled sprint lanes
- The meet stewards will designate sprint lanes
- No congregating will be allowed at either end of the pool lanes.
- The one start rule will be used.

### **Poolside and Poolside Access**

- Swimmers and Coaches only will be allowed poolside.
- Swimmers and Coaches must not take glassware into the showers or onto poolside and are liable for expulsion from the meet if found to do so.

### **Miscellaneous**

- Neither Kelso Swimming Club nor Kelso Swimming Pool can be held responsible for loss or damage to swimmers, team staff or spectator's property.
- Kelso Swimming Club retains the right to amend any of the above conditions as necessary.