



Cults Otters ASC

Invite you to our Tenth Novice Gala on Sunday 26th February 2017
Cults Swimming Pool, Quarry Road, Cults, Aberdeen AB15 9TP

Under FINA and SASA rules - Licence Number ND/L2/012/FEB17

Pool: 25m, six lanes, anti turbulence lane ropes; deck level pool; space poolside for swimmers and coaches; spectator seating in accordance with Aberdeen City Council Health & Safety regulations.

Cults Academy dining facilities will be used as additional space for officials and competitors at lunchtime.

Age Groups: 8, 9, 10, 11 years. All events are age on the day – 26th February 2017

Events: 8 Years 25m all strokes
9 Years 25m Butterfly and 50m Freestyle, Breaststroke and Backstroke
10 Years 50m all strokes
11 years 50m all strokes
Open 100m Individual Medley
8 / 9 years mixed 4 x 25m Freestyle and Medley relays
10 / 11 years mixed 4 x 50m Freestyle and Medley relays

Heats will be combined to promote competitive swimming but medals will be awarded in age groups.

50m event entries will be accepted on a “slower than” basis - please see below for qualifying times. There are no qualifying times for 25m events, and there are no qualifying times for the Open 100m IM event but swimmers must qualify for and swim in an individual event to enter the Open 100m IM.

Boys and Girls “Slower Than” Times:

	25m Free	25m Back	25m Breast	25m Fly
8 years	Open	Open	Open	Open
	50m Free	50m Back	50m Breast	25m Fly
9 years	00:39.00	00:44.00	00:50.00	Open
	50m Free	50m Back	50m Breast	50m Fly
10 – 11 years	00:39.00	00:44.00	00:50.00	00:44.00



- Trophies:** Medals will be awarded in age groups for 1st, 2nd, 3rd, 4th, 5th and 6th in each event. There will be awards for best boy and girl in each age group, and a trophy will be awarded to the Best Club, worked on a points system. There will be a trophy for the best performance by a Cults Otters swimmer.
- Special Conditions:** Coaches and meet secretaries, please note that this gala is intended for novice swimmers only (i.e. **those swimmers not competing at North District level**).
- Entries will be accepted on a first come, first accepted basis. Clubs will be accepted as a whole or not at all.***
- Any swimmer with existing North District times or achieving North District times or entering a North District event after submission of the entry must be withdrawn from all swims and their entry fees will be refunded.***
- We would like to encourage clubs to enter as many relay teams as they wish to promote team spirit and fun at this junior event.
- Coaches should ensure that swimmers are capable of completing the stroke / distance before entering swimmers into an event.
- Entries:** Entries to be on the Hy-tek Team Manager events file. Events files may be obtained by download from the SwimScotland website (www.swimscotland.co.uk) North District website (www.sasanorth.org.uk) or by email from four.gibsons@gmail.com. All entry files must be returned by email and the fees and other paperwork to be sent on as soon as possible after this. Receipt of entry file will be confirmed by email.
- Deadline for entries:** Entries will be on a first come first accepted basis until the gala is full. The entry period will close once the gala is full. Absolute closing date will be **Sunday 29th January 2017** (four weeks before date of meet).
- Entry Fees:** £4.00 per individual swim, £7.00 per relay team. Cheques to be made payable to Cults Otters ASC.
- Coach's pass:** One coach's pass will be included for each Club, and will include programme, start sheets and lunch. Additional coaches' passes will be available at £5.00 each – please include this payment with the gala entry fee.
- Relay Teams:** Relay teams can be any combination of boys and girls (teams may be mixed boys and girls or all boys or all girls):
- Entries for the 8 / 9 year old relay team - combined ages must be no more than 35 years (i.e. no more than three nine year old swimmers).
- Entries for the 10 / 11 year old relay team - combined ages must be no more than 43 years old (i.e. no more than three 11 year old swimmers)



**Technical
Officials:**

We would be grateful for technical officials willing to help on the day. Please complete the attached form and return with your entry summary. We would appreciate extra officials from larger teams. Refreshments and lunch will be provided for technical officials.

Withdrawals:

Must be notified to four.gibsons@gmail.com by email before 5pm Friday 24th February 2017 and after this to the recorders table on the day – withdrawals should be notified at least 1 hour prior to the start of the appropriate session. Telephone withdrawals will not be accepted.

**Entries
Secretary:**

Mrs Jo Gibson
30 Abbotshall Road
Cults
Aberdeen
AB15 9JX

Tel: 01224 869433

email: four.gibsons@gmail.com

**PLEASE
NOTE:**

Cults Otters ASC reserves the right to vary the proposed warm up and session timings to best accommodate the number of entries received and to maximise the available pool time for swimmers.



Programme of Events

Session One

Warm up 1	9:00 am
Warm up 2	9.20 am
Warm up 3	9.40 am
Start	10.05 am
Finish	12.35 pm

101	Girls	Open	IM	100m
102	Boys	8 yrs	Back	25m
103	Girls	8 yrs	Back	25m
104	Boys	9 - 11 yrs	Back	50m
105	Girls	9 - 11 yrs	Back	50m
106	Boys	8 - 9 yrs	Fly	25m
107	Girls	8 - 9 yrs	Fly	25m
108	Boys	10 - 11 yrs	Fly	50m
109	Girls	10 - 11 yrs	Fly	50m
110	Mixed	8 - 9 yrs	Medley relay	4 x 25m
111	Mixed	10 - 11 yrs	Medley relay	4 x 50m

Medal Presentations for Session 1

Session Two

Warm up 1	1.25 pm
Warm up 2	1.45 pm
Warm up 3	2.05 pm
Start	2.30 pm
Finish	5.00 pm

201	Boys	Open	IM	100m
202	Girls	8 Yrs	Brs	25m
203	Boys	8 Yrs	Brs	25m
204	Girls	9 - 11 yrs	Brs	50m
205	Boys	9 - 11 yrs	Brs	50m
206	Girls	8 yrs	Free	25m
207	Boys	8 yrs	Free	25m
208	Girls	9 - 11 yrs	Free	50m
209	Boys	9 - 11 yrs	Free	50m
210	Mixed	8 - 9 yrs	Freestyle relay	4 x 25m
211	Mixed	10 - 11 yrs	Freestyle relay	4 x 50m

Medal Presentations for Session 2



General Information:

1. The meet will be held under FINA and SASA rules.
2. All events are Heat Declared Winner.
3. Over the top starts will be used when applicable.
4. The Gala Convenor reserves the right to alter the meet programme and warm up times if necessary.
5. Manual timing with three timekeepers per lane will be used.
6. All entries must be accompanied by a signed registration declaration form.
7. Swimmers must report to marshalling ahead of their event and to medal marshalling ahead of medal presentations.
8. Swimmers must follow instructions given to them by meet officials and must behave in a reasonable manner at all times.
9. Gala programmes will be available on the day at a cost of £2.00.
10. No photographic or video equipment will be allowed in any area without prior agreement of the Gala Convenor. Application forms will be available from the Gala Convenor and must be countersigned by a club official. Photographic permission will not be issued for mobile phones.
11. Unless it has been notified in writing to the Gala Convenor it will be assumed that all parents of children swimming give permission for their child to be photographed by approved parties.
12. No mobile phones will be allowed in the venue at any time to ensure that there is no misuse of camera phones.
13. Please use the lockers provided, do not leave items in the cubicles and ensure that any valuables are locked away.
14. To comply with our child protection policy, please ensure that swimmers wear t-shirts and shorts or track suits and pool shoes when leaving poolside.
15. Please note that there is limited spectator seating at Cults Pool: priority must be given to swimmers and coaches, and spectators may be required to remain in the foyer area.



Cults Otters ASC Novice Gala

Sunday 26th February 2017

DECLARATION

All competitors have paid their current SASA registration fee.

Swimmers, coaches and spectators / parents have been made aware of the photographic / video restrictions at this venue.

Signed on _____ Position _____
behalf of Club: _____ in Club: _____

ENTRY SUMMARY

Name of Club / Code: _____

Contact name and address: _____

Post code: _____

Contact telephone number: _____

Contact email address: _____

_____ Girls Individual Entries @ £4.00 = £ _____

_____ Boys Individual Entries @ £4.00 = £ _____

_____ Mixed Relay Entries @ £7.00 = £ _____

_____ Additional Coach's Pass @ £5.00 = £ _____

Total £ _____

Please return this form together with the entry fee cheque made payable to Cults Otters ASC to:
Mrs Jo Gibson, 30 Abbotshall Road, Cults, Aberdeen AB15 9JX.



CULTS OTTERS NOVICE GALA

SUNDAY 26TH FEBRUARY 2017 – CULTS POOL, CULTS, ABERDEEN

Club _____

Please return to: Dr Thomas Lam

STO Contact Name _____

Email: thomasbllam@gmail.com

Tel No _____

E-mail address _____

Name	Duty	Signature Required?	Session 1	Session 2

Mentoring Requests – please note that mentoring will be at the discretion of the Referee(s)

Name	J1/J2/J2S	Session 1 Duty Requested - <i>eg CIT</i>	Session 2 Duty Requested - <i>eg CIT</i>