AQUANAUTS LIVINGSTON A.S.C.

Autumn Meet



Saturday September 9th 2017

Bathgate XCITE Swimming Pool

Sessions 1: warm up 09.00 hrs Start 09.45 hrs

Session 2 : warm up 13.15 hrs start 14.00 hrs

S.A.S.A. License number: **L3/ED/058/SEP17**

**AQUANAUTS LIVINGSTON A.S.C.**

**COMPETITION INFORMATION**

**Venue** Bathgate XCITE Swimming Pool

**Pool** 6 lane, 25 metre; full electronic timing, anti wave lane ropes; spectator area; swim shop

**Age** As at 9th September 2017.

**Age groups** Morning session**:** 8 and under, 9/10 years 11/12 years

Afternoon session 13/14 years 15 and over.

**Entry** £4.00 per individual event £6.00 per relay

**Events** All events will be heat declared winner

Session 1: 8&U 25m Freestyle, 25m Breaststroke, 25m Backstroke, 25m Butterfly. 9-12 years:-50m Freestyle, 50m Breaststroke, 50m Backstroke, 50m butterfly, 100m free 8 and under mixed relay, 200m free Squadron relay, (boy and girl from 10/11 and 12/13 age group)

Session 2: 13 - 15 and over years:- 50m Freestyle, 50m Breaststroke, 50m Backstroke, 50 butterfly, 200m free Squadron relay, ( boy and girl from 13/14 and 15 and over age group)

**Format 2** sessions

Session 1 09.00 warm- up 09.45 start

Session 2 13.15 warm- up 14.00 start

(note starts time may be subject to minor amendment)

All competitors will swim their heats as per their entry time.

**Awards** Presentations will be made to first 3 swimmers in each age group. First 3 places in relays will receive medals.

We have a SASA Level 3 License for this meet, no. **L3/ED/058/SEP17**

**Closing date for entries Noon Wednesday 9th August 2017**

|  |  |  |
| --- | --- | --- |
| **Return to:** |  | **Susan Liddle** |
| **E-mail** |  | susan.liddle@googlemail.com |
|  |  |  |

**AQUANAUTS LIVINGSTON A.S.C.**

**PROGRAMME of EVENTS**

|  |
| --- |
| **Saturday 10th September**  **Morning Session**  **101 Girls 8&U 25m Breaststroke**  **102 Boys 8&U 25m Breaststroke**  **103 Girls 9-12 yrs 50m Breaststroke**  **104 Boys 9-12 yrs 50m Breaststroke**  **105 Girls 8&U 25m Butterfly**  **106 Boys 8&U 25m Butterfly**  **107 Girls 9-12 yrs 50m Butterfly**  **108 Boys 9-12 yrs 50m Butterfly**  **109 Girls 8&U 25m Freestyle**  **110 Boys 8&U 25m Freestyle**  **111 Girls 9-12 yrs 50m Freestyle**  **112 Boys 9-12 yrs 50m Freestyle**  **113 Girls 8&U 25 Backstroke**  **114 Boys 8&U 25m Backstroke**  **115 Girls 9-12 yrs 50m Backstroke**  **116 Boys 9-12 yrs 50m Backstroke**  **117 Mixed 8&U 4 x 25m Freestyle Relay**  **118 Squadron Mixed 4 x 50m Freestyle Relay** |
| **Saturday 10th September**  **Afternoon Session**  **201 Girls 13-15&O yrs 50m Breaststroke**  **202 Boys 13-15&O yrs 50m Breaststroke**  **203 Girls 13-15&O yrs 50m Butterfly**  **204 Boys 13-15&O yrs 50m Butterfly**  **205 Girls 13-15&O yrs 50m Freestyle**  **206 Boys 13-15&O yrs 50m Freestyle**  **207 Girls 13-15&O yr 50m Backstroke**  **208 Boys 13-15&O yrs 50m Backstroke**  **209 Squadron Mixed 4 x 50m Freestyle Relay** |

**AQUANAUTS LIVINGSTON A.S.C.**

**SPECIFIC INFORMATION**

**MEET RULES**

The meet shall be held under S.A.S.A. Rules.

Age on 9th September 2017

**In the older age groups Priority will be given to swimmers who do not have an East District consideration time**

All competitors of Scottish clubs must have a current S.A.S.A. Registration No.

The pool is 25 metres long with 6 lanes separated by anti-wave lane ropes.

Swimmers, Coaches and Team Managers must ensure that all their swimmers can safely dive into deep or shallow water as prescribed by current/planned legislation.

There will be no diving at the shallow end of the pool.

No photographic or video equipment will be allowed in any area under the jurisdiction of the meet organizers without prior approval of the meet director.

Application must be made on the approved S.A.S.A. form.

It is the responsibility of each club to ensure that their swimmers are aware of the meet rules.

**ENTRIES**

Closing date for entries is: **Noon Wednesday 9th August 2017**

**All entries should be made in a Hytek team manager event file, a copy of which can beobtained from www.swimscotland.co.uk**

The organisers reserve the right to restrict entries in order to facilitate the smooth running of the meet.

Entries will be accepted on a time basis. Clubs should ensure entry details are accurate, as no amendments will be made on the day. A draft programme will be issued prior to the event. Rejected entries will be refunded in full.

Notification of withdrawals and reserve swimmers must be made to the recorders no later than 45 minutes prior to the start of each session.

**AQUANAUTS LIVINGSTON A.S.C.**

**EVENTS**

Over the top starts may be used at the discretion of the promoters to ensure the smooth running of the meet.

Swimmers must report to the designated marshalling area at least five heats in advance.

There will be a maximum of three reserves per event.

Relay Event - The relay event will be a Freestyle Relay. The relay event order will be;-

**Morning Session**

4 x 25m mixed relay 2 boys and 2 girls 8&U

4 x 50m Freestyle mixed squadron relay - 1 boy and 1 girl from each age group, swimming in age order youngest to oldest.

**Afternoon Session**

4 x 50m Freestyle mixed squadron relay - One boy and one girl from each age group, swimming in age order youngest to oldest.

**Swimmers may swim up one age group in the relay event.**

**MISCELLANEOUS**

Accreditation will be applied for.

The organisers reserve the right to exclude or refuse admission to any competitor, spectator or team official.

Neither Aquanauts nor Bathgate Xcite Swimming Pool can be held responsible for loss or damage to any property. Swimmers should use the lockers provided and not leave belongings lying around unattended.

No glassware may be taken into the showers or poolside. Anyone doing so is liable to expulsion from the meet. Swimmers outwith the poolside must wear dry clothing and footwear at all times.

Anything not covered above or in the event programme will be at the organiser’s discretion.

Aquanauts Livingston Swimming Club reserves the right to vary the above conditions as necessary.

**STO’s:** Clubs are requested to supply a minimum of two officials (one judge and one time-keeper) for each session you attend. Please complete details on the enclosed form and return to Aquanauts Livingston.

**AQUANAUTS LIVINGSTON A.S.C.**

**9th September 2017**

**Summary Entry Form**

*## This form must be completed and returned with any entries. ##*

|  |  |
| --- | --- |
| Club Name: |  |
| Contact Name: |  |
| Address: |  |
|  |  |
|  |  |
| Post Code: |  |
| Telephone: |  |
| e-mail-address: |  |

**Double click anywhere in this grid then add totals to column B**

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**Hit <Enter> & Click anywhere outside the grid to return to normal mode.**

Please make cheques payable to: **Aquanauts Livingston ASC**

Return this form with appropriate cheque no later than

12:00 (noon) Wednesday 9th September 2017

Susan Liddle

9 Rullion Road

Penicuik EH26 9HS

Email;[susan.liddle@googlemail.com](mailto:susan.liddle@googlemail.com)

**AQUANAUTS LIVINGSTON A.S.C.**

**MINI MEET – 9th September 2017**

**Named STO’s and TimeKeepers**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Name** | **Position** | **Sessions** | **Preferred Role** | **Contact Details** |
|  | **STO/TK** | **1** |  |  |
|  | **STO/TK** | **1** |  |  |
|  | **STO/TK** | **2** |  |  |
|  | **STO/TK** | **2** |  |  |

**Please Complete and electronically return to John Calder at ‘aquanauts.galaconvener16@gmail.com**

**Thank you for your assistance**